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COMPLETE HOUSE-KEEPER,

Sc. Sc. Sc.



THE

COMPLETE

HOUSE-KEEPER,

AND

PROFESSED COOK;

CONTAINING UPWARDS OF

SEVEN HUNDRED PRACTICAL AND APPROVED RECEIPTS,

ARRANGED UNDER THE FOLLOWING HEADS:

- I. Rules for Marketing.
- II. Boiling, Roasting, and Broiling Flesh, Fish, and Fowls; and for making Soups and Sauces of all Kinds.
- Ill. Making Made Dishes of all Sorts, Puddings, Pies, Cakes, Fritters, &c.
- IV. Pickling, Preserving, and making Wines in the best Manner and Taste.
- V. Potting and Collaring; As pikes in Jellies; savoury Cakes, Blamonge, Ice Creams and other Creams, Whips, Jellies, &c
- V1. Bills of Fare for every Month in the Year; with a correct List of every Thing in Season for every Month; illustrated with two elegant Copperplates of a first and second Course.

A NEW EDITION,

WITH CONSIDERABLE ADDITIONS AND IMPROVEMENTS.

BY MARY SMITH,

Late Housekeeper to Sir Walter Blackett, Bart., and formerly in the Service of the Right Hon. Lord Anson, Sir Thomas Sebright, Bart., and other Families of Distinction, as Housekeeper and Cook.

NEWCASTLE:

PRINTED BY AND FOR S. HODGSON.

1811.



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COMPLETE HOUSEKEEPER,

RULES FOR MARKETING.

HOW TO CHUSE BEEF.

IF it be ox beef and of a proper age, it will be of a darkifh red, and marbled in the grain, which you may fee at the lean part of the thin end of the furloin; and the fat of a bloffom colour. The fat of cow beef is of a whiter colour, and the lean of a pale red. Bull beef is of a clofer grain, and a deep dufky red; the fat fkinny and hard, and has a rammifh or rank fmell.

MUTTON.

Mutton is in its perfection at five years old, which you may know by looking at the lean part, where the fore and hind quarters are parted, it will be marbled with fat, and the lean of a darkifh red: if young, the lean will be of a pale red, and not fo mixt in the grain. Obferve that the fat be of a good colour, and no way inclinable to yellow; if it is yellowifh, it is tainted in the feeding, and not good.

VEAL.

If the bloody veins in the fhoulder be of a bright red, it is new killed, but if blackifh or green, it is ftale: the loin firft taints under the kidney, and the flefh will be foft and flimfy; the breaft and neck taint! firft at the upper end, and the fweet-bread on the breaft will be flimfy; if otherwife, it will be frefh and good. Obferve that the fat of your veal be of a fine white colour, and fine in the grain; if otherwife, it will drefs coarfe.

HOUSE LAMB.

In a fore quarter of lamb, mind that the neck vein be of a light blue—if fo, it is good; if it be of a greenifh colour, it is tainted. The hind quarter fmell under the kidney; if you meet with a faint fmell, it is ftale killed, and near tainting. Obferve alfo that it be fine in the grain, and the fat of a clear white.

LAMB'S HEAD.

If the eyes are funk or wrinkled, it is ftale; if full and plump, it is fweet.

PORK FOR ROASTING.

You must buy finall pig pork; the lean must be fine in the grain, and the fat firm, and of a fine white; if the lean is reddifh, and the fat yellowish, it is tainted, or has not been properly fed. Pork for boiling should be fatter, and fine in the grain, and the fat hard and of a good colour.

BRAWN.

Brawn, if it is of a proper age, the rind will be

very thick, which is the beft part; but if thin, it is too young, and not half fo good.

HAMS AND BACON.

Put a fmall knife under the bone that flicks out in the ham; if it comes out clean and has a good flavour, it is fweet; but if fmeared, and has a bad fmell, it is tainted. Bacon,—run a fmall fkewer or knife into the fhoulder or the back of the bacon; if it comes out clean and has a good fmell, it will be good; if fmeared, it will be rufty, and not good.

VENISON.

The feafon for buck venifon begins in May, and continues till Michaelmas. Doe venifon begins at Michaelmas, and ends in December.—You muft wipe it quite dry with a cloth, and take care no flies get to it, or it will foon fpoil; it is generally kept eight days before ufed, to make it tender and give it a fine flavour. If the haunch fmell well at the izle bone, and the lean be of a dark colour, it is good; but if the lean be green, it is tainted. Obferve the neck, at the place where the fhoulder is taken out, if it is fweet there and not clammy, it is good.

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POULTRY.

A right capon, if he is young, his fpurs are fhort, and his legs fmooth,—a fat vein on the fide of his breaft, his comb very pale, a thick belly and rump. If frefh killed, he will have a clofe hard vent; if ftale, a loofe open vent.

COCK OR HEN.

If a cock be young, his fpurs will be fhort and B 2 dubbed; but if old, they will be long and fharp. If a hen is old, her legs and comb are rough; if young, they will be fmooth.

TURKEYS.

If the cock be young, his legs will be fmooth, and his fpurs fhort: look under the wing, and if the fkin is clean and of a good colour, it will drefs white. When you buy them ready killed, if they are frefh, their eyes will be lively, and their legs limber; but if ftale, their eyes will be funk, and their feet ftiff.—In the hen, obferve the fame directions.

TAME AND WILD DUCKS.

A tame duck, when fat, will be hard and thick on the breaft: if young, their bills will be tender; if hard, they are old. A right wild duck has reddifh legs and feet, the webs are of a dufkifh colour, and fomething fmaller than the tame one.

PHEASANTS.

The cock, when young, has dubbed fpurs; when old, fharp, finall ones: if new, a faft vent; if ftale, an open flabby one. The hen, if young, hath fimooth legs, and the flesh of a fine grain; if old, the contrary.

PARTRIDGES.

Cock or hen, if old, the bill is white, and the legs blueifh : if young, the bill is black, and the legs ycllow : if ftale, the belly and crop will be green, and the feet dry; if fresh, the contrary.

WOODCOCKS AND SNIPES.

The woodcock's fat is thick and hard, and has a

[5] fat vein under the wing, and the rump and thighs

very fat : if fresh, limber-footed ; if stale, their feet will be dry and hard. A fuipe, if fat, has a thick and fat vent, and a fat vein under the fide of the wing : if fresh, it is limber-footed : if stale, the contrary.

RABBITS.

Of a young rabbit, the flefh will be white and ftiff, if frefh; but if ftale, it will be limber and flimfy: if old, the claws will be long and rough, the wool motley and mixed with gray hairs, and the flefh will be red, and very fat and hard.

FISH.—PIKE, TROUT, CARP, TENCH, EEL, SMELT, WHITINGS, &c.

All thefe are known to be new or ftale by the colour of their gills: if they are fresh, the gills will be of a fine light red, the fish firm, and the fins ftand up stiff; but if stale, the gills will be of a duskish colour, the fish fost, and the fins fallen.

SALMON.

If your falmon be fresh, the gills will be of a light red, and by putting your finger on it, it will rebound; if stale, the gills will be of a duskish colour, and by laying your finger on it, it will fink in, and not rife.

TURBOT.

Turbot is chosen by its thickness and plumpness, and the gills being of a good colour. If it is thin, and the belly of a blueiss white, it will eat very loose, and waste greatly in boiling.

COD AND CODLINGS.

The gills must be of a good red, and thick about the shoulders, the flesh white, and the tail stiff; otherwise they are not good.

SOALS.

Soals are chosen by thickness and ftiffness : if their bellies be of a cream colour, they are firm and good.

FRESH HERRINGS AND MACKAREL.

If the gills are of a lively red, the eyes ftand full, and the flefh ftiff, then they are new; but if dufky and faded, or finking and wrinkled, and the tails limber, they are ftale.

LOBSTERS AND CRABS.

Chufe them by their weight; the heavieft is the beft. A cock lobfter is known by the narrownefs of his back: part of his tail and the two uppermoft fins within his tail are ftiff and hard; but the hen's are foft, and the back of her tail broader. The hen crabs are not fo good as the cock ones, as the meat in the claws is often wafted, and the infide full of fpawn and water.

CRAY-FISH, PRAWNS, AND SHRIMPS.

The cray-fifh, if stale, will be limber in their claws and joints, their red colour turn blackish and of a dusky colour, and will have an ill smell under their throats. The two latter, if stale, will have a bad smell, their colour faded, and they are stimy; otherwise they are good.

PICKLED SALMON.

If the flefh feel firm, and the fcales fliff and fhining, if it come in flakes and part without crumbling, then it is good; and not otherwife.

OBSERVATIONS UPON BOILING.

Let your pot be very clean, duft in a handful of flour to make the fcum rife: fkim it well before you put in your meat. All kinds of meat are beft to be boiled in a cloth. In cafe the cook fhould neglect to fkim the pot when it boils, the fcum will boil down and fettle upon your meat, and make it black. Salt meat is beft to be put in when the water is cold, and frcfh meat when the water is boiling. Let your pot boil gently; for it is a great fault to let it boil faft.

TO BOIL A ROUND OF BEEF.

Take a round of beef of fourteen pounds weight, and lay it in falt ten days; take it out and wafh it; fkewer it up tight, tie it round with a piece of packthread, duft fome flour on it, and tie it up in a elean cloth; put it into a clean pot, well tinn'd, and cover it with foft water. When it boils, fkim it; let it boil flowly for three hours; then take it up, and take off the cloth and pack-thread; lay it in a difh, and ferve it up with carrots, turnips, and greens.

If your beef weighs lefs, it is not to boil fo long; if larger, to boil in proportion.

TO BOIL A LEG OF PORK.

Take a leg of pork about eight pounds weight, lay it in falt for eight days; take it out, wash and flour it, tie it up in a clean cloth, put it into a clean pot with foft water, and let it boil flowly for two hours and a half; then take it up, and ferve it up with a pease-pudding and greens, and melted butter in a fauce-boat.

Make your Peafe-pudding as follows :---

Take one quart of blue or yellow fplit peafe, wafh and pick them clean, put them into a clean cloth, tie them up loofe that they may have room to fwell, put them into your pot when your water is cold, and boil them till they are tender; then take them up, and mafh them with a wooden fpoon, fprinkle in a little pepper and falt, and add a piece of butter to them; tie them up tight, and put them into the pot to boil for a quarter of an hour; then take them up and put them on a difh, pour fome melted butter over them, and fervethem up hot.

TO BOIL GREENS.

Put on a fauce-pan with a good deal of hard water and a little falt; wafh and pick your greens very clean; when your water boils, put them in, and let them boil twelve minutes, or longer if they are not tender, then drain them. You may garnifh your pork with part of them, and ferve up the reft on a plate.

TO BOIL A LEG OF VEAL.

Take a leg of veal of twelve pounds weight, crack the fliank, rub it over with a bit of butter, and duft it with flour; tie it up in a clean cloth; have ready a pot boiling with foft water, fkim it well, put in your veal, and let it boil flowly for three hours and a quarter; then take it carefully up, take off the cloth, lay it in your difh, garnifh it with boiled broccoli or cauliflower; then ferve it up hot, with a piece of ham or bacon boiled, and ferved in another difh, with a plate of greens, and plain melted butter in a boat.

TO BOIL A NECK OF VEAL.

Take a neck of veal of five, pounds weight, cut off the forag end, and pare off the chine bone, run fome fmall fkewers acrofs to make it lie flat, rub it over with a bit of butter, and duft it with flour; tie it up in a cloth, and boil it near an hour; take it up, and take out the fkewers, lay it in your difh, and ferve it up hot as above, or with onion fauce, the fame as rabbits.

TO MAKE A POLE OF VEAL.

Take a knuckle of veal, crack the fhank, and put it into a flew-pot that will juft hold it, with two quarts of water, two onions fluck with cloves, and a few pepper-corns; let it boil for half an hour; fkim it well, add half a pound of rice, let it boil for three quarters of an hour more, pretty faft, to reduce the liquor to a pint; flir it often, or it will burn to the bottom of the pot; take your veal carefully up, and lay it in your difh; flir in a lump of butter and flour into your rice and liquor, with a little falt; let it juft boil, pour it over your veal, and ferve it up hot.

TO BOIL A LEG OF MUTTON.

Take a leg of mutton of eight pounds weight,

break the fhank off, and pare the flefh neatly round, leaving out one inch of the fhank bone, nick it in the joint, and bend it a little, flour it, tie it in a cloth, and boil it two hours; take it up, lay it in a difh, ferve it up with carrots and turnips, and caper fauce in a boat.

TO BOIL A NECK OF MUTTON.

Take a neck of mutton of five pounds weight, cut off the forag end, and pare off the chine bone, put fome fmall fkewers in it to make it lie flat; flour it, tie it up in a cloth, and boil it near one hour; take it up, take off the cloth, and lay it in your difh; ferveit up with carrots, turnips, greens, or broccoli, or with caper fauce poured over it.

TO BOIL A LEG OF HOUSE-LAMB.

Take a leg of houfe-lamb of four pounds weight, break the fhank off, and pare it neatly round, leaving out a little of the fhank bone; nick it in the joint, rub it over with a little butter, and duft it with flour, wrap it in a cloth, and boil it one hour and a quarter; take it out, lay it in a difh, ferve it up hot with fpinnage and cauliflower.

TO BOIL A HAM.

Take a ham of fifteen pounds weight, fteep it two nights and one day in warm water; fet on a pot with hard water, tie up your ham in a cloth, put it into the pot when the water is cold, with a little new hay; boil it gently for three hours and a half, take it up and take off the rind, pare it neatly, and do it over with egg, crumbs of bread, and fured parfley, and brown it before the fire, or with a falamander; put it in your difh, garnifh it with greens, and ferve it up hot.

TO BOIL A PICKLED TONGUE.

Take a tongue that has lain fourteen days in falt, foak it four hours in cold water, and put it into a pot with fome hard water; if a large one, boil it three hours,—if a middling one, two hours and a half: take it out and pare off the fkin; ferve it up hot, and garnifh it with either turnips, carrots, or greens. If a dried tongue, foak it four-and-twenty hours, and boil it as above.

TO BOIL A TURKEY, WITH OYSTER SAUCE.

Take a turkey that has been killed two or three days, pick it clean, and draw it; be careful to take out the crop whole; cut off the neck pretty fhort, finge your turkey, and wafh it clean, cut off the legs at the first joint, and tuck them into the body; put a cloth upon the breast, and flat it down with a rollingpin; skewer the thighs down, taking hold of a bit of the pinion, and tie them with a piece of ftring.

Make a Stuffing for them as follows :---

Grate fome crumbs of bread, and as much fuet fhred fine as bread,—add fome parfley and thyme fhred fine, fome beaten mace, pepper, falt, and fome nutmeg grated, two eggs, with a little cream; mix it well together, put it into the crop, and fkewer it; rub the breaft of your turkey with a piece of butter, duft it over with flour, and tie it up in a clean cloth; one hour will boil a large turkey, and three quarters a middling one: take it up and lay it in a difh, pour fome oyfter fauce over it, and ferve it up hot.—For a change, you may ferve it up with onion or cellery fauce.

TO BOIL RABBITS AND ONION SAUCE.

Cafe your rabbits, tuck in the fore legs, and fkewer the head ftraight up, fkewer the hind legs clofe to the fides; rub them over with a bit of butter, duft them with a little flour, and tie them up in a clean cloth; if they are young, half an hour will boil them,—if they are full grown, they will take three quarters of an hour; take them up, lay them in a difh, pour your onion fauce over them, and ferve them up hot for a first courfe.

TO BOIL PIGEONS.

Let your pigeons be clean picked, draw and finge them, cut off their feet at the first joint, and tuck their legs into their bodies; do them over with a piece of butter, and dust them with a little flour; put them into a pan of cold fost water, let them boil fifteen minutes, then diss them up with some plain butter over them, and parsley and butter in a boat; also a piece of bacon in another diss, with some greens round it: or, to make a change, ferve them up with onion fauce.

TO BOIL FOWLS.,

Pick your fowls clean, and draw them at the rump, cut off their heads and neck; flat down the breaft bone, fkewer them with the end of their legs in their body, and tie them round with a ftring; finge them, and put them into fome milk and water for one hour; take them up and rub the breaft with a piece of butter, and duft them over with flour; put them into a pan with cold foft water, and boil them flowly for half an hour; if large, three quarters: lay them in a difh, and ferve them up with oyfter fauce, for a first courfe.—Chickens are done and ferved up in the fame manner, but not boiled fo long.

OBSERVATIONS ON ROASTING.

It is neceffary first for the cook to order her fire according to what she has to drefs. If any thing small or thin, a little brisk fire, that it may be done quick and nice; if a haunch of venifon, a piece of beef, or a large joint, be fure to make on a good fire, let it be clear at the bottom, and keep your meat at a diftance, that it may roaft gradually, and not fcorch. When it is almost enough, if it is not brown, put it near the fire, and take care that the ends are enough; dust it with flour, and bafte it often to keep up a froth. When you roaft a hare or a rabbit, take care that the ends are well done; when they are half roafted, cut the neck-fkin to let out the blood, or it will mix with the fauce when they are cut up, and be very difagreeable .- When you hash or mince any kind of meat or fowl, do not make the gravy too thick. It should be no thicker than thin cream, or melted butter.

TO ROAST A HAUNCH OF VENISON.

Pare off the fhank of your venifon, fpit it, rub it over with the yolk of an egg, butter a fheet of paper and lay over it, roll a thin fheet of common pafte and

lay on the paper, then lay another fheet of paper upon the pafte, tie it tight to keep the pafte from falling off; lay it down to roaft, and keep it a good diftance from the fire, and bafte it well. If it is a large one, it will take four hours to roaft it; if a fmall one, three hours will do. When it is done, take off the pafte and paper, duft on fome flour, and bafte it with butter: when it is of a nice light brown, difh it up with fome brown, gravy under it, and currant jelly fauce in a boat. Serve it up hot to remove fifh, or for the foot of the table.

' TO ROAST A NECK OF VENISON.

Take a neck, cut off the fcrag or coarfe end, take the fkin off neatly, run a lark fpit through it, and tie it tight on a large fpit; rub it over with the yolk of an egg, butter a fheet of paper, and lay it on double, tie it with a piece of pack-thread, lay it down to roaft, and bafte it well with beef dripping or butter. If it is large, one hour will roaft it; if fmall, three quarters of an hour. When done, take off the paper, duft it with a little flour, and bafte it with butter; and when it is of a light brown, difh it up with fome brown gravy under it, and currant jelly in a fauceboat.

TO ROAST BEEF.

Take five ribs of beef, fprinkle on it a little falt, and let it lie all night; then fpit it, butter a fheet of paper and lay over it, and tie it on with pack-thread; lay it down to a good fire, at a diffance, that it may roaft gradually: if you put it too near, the fire will fcorch it, melt away the fat, and give it a difagreeable tafte. If it is large, three hours and a half will roaft

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it; if it is fmall, roaft it in proportion. When it is enough, take off the paper, duft it with flour and bafte it with butter; difh it up, and garnifh it with horfe radifh fcraped, and ferve it up hot for the foot of a table, or on a fide table. A firloin and rump are done the fame way.

TO ROAST A RUMP OF BEEF BASTED WITH RED WINE.

Take a rump of beef, and cut the coarfe part off, lay it in a deep difh, pour on it a pint of red wine, and let it lie all night; then fpit it, roaft it for two hours, and bafte it with the wine that it lay in; when it is within a quarter of an hour of being enough, duft it with a little flour, bafte it with butter, and ferve it up hot.

TO ROAST A SADDLE OF MUTTON.

Cut off the thin laps, take off the fkin, and pare it neatly, run a lark fpit through it, and tie it on a large fpit, with a fheet of paper on it. If it is a large one, roaft it for one hour and a half; if a fmall one, one hour. Difh it up with fome brown gravy under it, or fome ftewed cucumbers (if you like them), and ferve it up hot for the foot of the table.

TO ROAST A NECK OF MUTTON, LARDED WITH PARSLEY.

Take a neck of mutton, cut off the forag end and chine bone, and pare it neatly; take four fprigs of parfley, put it into a larding pin, and draw it in rows all over the mutton, then fpit it, and lay it down to roaft; bafte it with butter, and roaft it three quarters of an hour; difh it up with a little brown gravy under it, and ferve it up hot for a fide difh.

ANOTHER WAY.

Pare it neatly as above, and fpit it; lay it down to roaft, bafte it with butter, and roaft it three quarters of an hour. 'Ten minutes before it is enough, ftrew it with crumbs of bread and parfley fhred, and bafte it with butter: when done, difh it up with fome brown gravy under it, and ferve it up hot for a firft courfe, or a difh for fupper.—You may roaft it, and ferve it up without any crumbs of bread, or parfley.

TO ROAST A LEG OF MUTTON.

Take a leg of mutton of eight pounds weight, pare it neatly, and fpit it; put a fheet of paper over it, lay it down to roaft for two hours, and bafte it with fome good dripping : when it is done take off the paper, duft it with flour, bafte it with butter, and fprinkle on a little falt; then difh it up with a little gravy under it, for a firft courfe.

TO ROAST A FORE QUARTER OF HOUSE LAMB.

Take a quarter of lamb of feven pounds weight, let it be neatly couched, fpit it, and lay it down to roaft; bafte it well with butter, duft it with flour, fprinkle on a little falt, and let it roaft for one hour; when done, difh it up, and ferve it up hot with fome fpear-mint fhred fine, and put it in a boat with fome vinegar and fugar, and a fallad in a difh.—This is a proper difh for a firft courfe.

TO ROAST A LEG OF LAMB. '

Take a leg of lamb of four pounds and a half, cut

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off the fhank, nick it in the joint, and fpit it; lay it down to roaft for one hour, dredge it with a little flour, bafte it with butter, fprinkle a little falt on it, and let it be of a nice light brown; when done, difh it up, and ferve it up as above, or with cauliflower.

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TO ROAST RIBS OF LAMB.

Take a breaft and neck of lamb, run fome fkewers through it, put the fpit through the fkewers, lay it down to roaft at a brifk fire, balte it well with butter, fprinkle on it fome crumbs of bread and fhred parfley, and let it roaft for half an hour; when done, put it in a difh, and ferve it up hot for fupper, with green peafe in another difh.

TO ROAST A HAM.

Take a ham of fourteen pounds weight, pare it neatly, lay it in water to foak for two days and nights, then half boil it, take off the fkin and put a large fpit through it, and tie it tight on a large fpit; put a fheet of paper over it, a fheet of common pafte, and another fheet of paper; tie it tight on, lay it down to the fire, and roaft it for one hour and a half; then take off the pafte and paper, flour it and bafte it, ftrew it with crumbs of bread and parfley, let it be of a nice brown colour, and ferve it up hot for a firft courfe.

TO ROAST A FILLET OF VEAL.

Take a nice fillet of veal, make a ftuffing for it of fome crumbs of bread, fuet, a little parfley and thyme fhred fine, mace, nutmeg, pepper, and falt; mix all well together with the yolks of two eggs and a little cream, ftuff it well under the udder or fat part of your veal, and fkewer it neatly round; then fpit it, rub it over with butter, put a piece of paper over it, and lay it down to roaft. If large, it will take two hours and a half; if middle-fized, two hours will roaft it. When done, take off the paper, bafte it with butter, duft on fome flour, fprinkle on a little falt, and let it be of a nice brown; difh it up with fome brown gravy, melted butter, and a little juice of lemon or orange, and ferve it up hot for a first courfe difh.

TO ROAST A LOIN OF VEAL.

Take a fine fat loin of veal, fpit it, paper it well to keep in the fat, and lay it down to roaft for two hours; keep it at a proper diftance from the fire, to roaft gradually,—if you put it too near, it will fcorch before it is warm through. When it is done, take off the paper, dredge it with flour, and bafte it with butter. If it is not of a nice brown, put your fpit nearer to the fire, to make it of a good colour; then difh it up with fome gravy and butter, or fome flewed cucumbers, and ferve it up hot for a firft courfe.

TO ROAST A CHINE OF PORK.

Take a chine of pork, fprinkle it with a little falt, and hang it up for two days; then fpit it; fcore it juft through the fkin, leaving half an inch between every fcore, and lay it-down to roaft for two hours,—or more, if it is a large one. Let the fkin be of a nice brown and crifp, taking care you do not fcorch it; ferve it up hot with fome gravy under it, and apple fauce in a boat.

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TO ROAST A LEG OF PORK STUFFED.

Take a leg of pork, make a hole at the fhank, fluff it well with fome fage and onion fhred fine, and a little pepper and falt; fpit your pork, fcore it as above, and lay it down to roaft; when done, difh it up with fome gravy under it, and apple fauce in a boat.—You may leave out the fluffing, and roaft it plain.

TO ROAST A PIG.

Stick your pig just above the breast bone, and run the knife to the heart ; when it is dead, put it in cold water for a few minutes, take it out, and rub it with fome refin beat very fine; put your pig into a pail of fcalding water for half a minute, take it out, lay it on a clean table, and pluck off the hair as quick as poffible; if it does not come clean off, dip it into the water till it does : when you have got all clean off, wash it well in water to take away the fmell of the refin. Take off the four feet at the first joint, make a slit down the belly, take out the entrails and back-gut, wash it well, and dry it, and lay it on its belly in a difh. When you roaft it, put into it a little fhred fage and parfley, a few crumbs of bread, pepper, and falt; few up the belly, rub it over with fweet oil, and lay it down to roaft before a good brifk fire, with a pig plate in the middle of the fire; when it is almost done, take a cloth and wipe it clean, rub it over with cold butter to crifp it, and take care you do not let it When done, cut off the head; lay the pig in. blifter. a difh, fplit it through the back before you draw the fpit, and lay it back to back in your difh; cut off the ears, lay one on each fhoulder, and the jaw-bones on each fide, then ferve it up hot, with your fauce under it.

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TO MAKE SAUCE FOR A PIG.

Take the brains of the pig, chop them a little, put them into a fauce-pan with a little gravy, add five ounces of butter, a little flour, pepper, and falt, ftir it over the fire till it boils, then pour it unto your difh under your pig, and give your difh a fhake to mix the fauce with the fage and parfley that were in the pig.

TO CARBONADE A PIG.

Take a pig of four weeks old, clean it as for roafting, fplit it down the belly, take out the tongue and lay it quite flat, wipe it dry with a cloth, and carbonade it; feafon it well with Cayenne pepper, falt, fage, parfley, bafil, and tarragon, all flired fine; lay your pig into a finall dripping pan, or a difh that will hold it, with the fkin fide uppermost, break fome pieces of butter and lay over it, pour under it a bottle of white Port or Madeira, put it into a fharp oven, or before a quick fire, bafting it often with the wine; when it is done enough, and of a nice brown, take it up and lay it in a difh, take the wine that was under it, with a little gravy, add to it fix ounces of butter, and as much flour as will make it as thick as melted butter; let it boil, pour it over your pig, and ferve it up hot.

TO ROAST A STUBBLE GOOSE.

Take a ftubble goofe, let it be ćlean picked and drawn; fhred two onions and a little fage, put them into your goofe with a little pepper and falt, fkewer it, fpit it, and lay it down to the fire to roaft; finge it, flour it, and bafte it. If a large one, it will require one hour and a quarter before a good fire.

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When enough, difh it up, and pour in a little gravy; ferve it up hot, with apple fauce in a boat.

TO ROAST A GREEN GOOSE.

Take a green goofe, fcald it, take the feathers clean off, draw it, fhred a bit of fage and roll it up with a piece of butter and put it in the belly; fkewer and fpit it, and lay it down to roaft; dredge it with flour, and bafte it with butter. If a large one, it will take three quarters of an hour to roaft before a brifk fire; if a fmall one, half an hour. Let the fkin be crifp, and of a light brown, put it into your difh with fome brown gravy under it, and fome green fauce and goofeberries in a fauce-boat.

TO ROAST DUCKS.

Kill, pick, and draw your ducks, feald the feet, take off the fkin, turn their feet back; feafon the infide of them with pepper, falt, fage, and onion fhred fine, fkewer and fpit them, finge them, and lay them down to a quick fire; duft them with flour, and bafte them with butter. A middle-fized duck will take twenty minutes; a large one, half an hour. Let them be of a nice light brown, and ferve them up hot, with fome brown gravy under them, for a fecond courfe.

TO ROAST DUCKLINGS.

Let them be fcalded, and clean picked and drawn, put a lump of butter with a little fhred fage into the infide, fpit them, and lay them down to roaft for fifteen minutes at a clear brick fire, bafte them with butter, let them be plump, the fkin crifp, and of a light brown; put them in your difh with fome brown gravy under them, and ferve them up hot with fome green fauce and fealded goofeberries in a boat.

TO ROAST A TURKEY.

Let your turkey be clean picked and drawn, cut off the neck; you may ftuff the crop with force-meat, or with crumbs of bread and fuet, made the fame as for a boiled turkey; fkewer it, fpit and finge it, and lay it down (at a diftance) to a clear, brifk fire. A large turkey will take one hour and a quarter; a middlefized one, three quarters, to roaft it. Serve it up hot, with fome brown gravy under it, and fome bread fauce in a boat.

TO ROAST TURKEY POUTS.

Take young turkeys, rather larger than a halfgrown fowl, fcald and draw them clean, fkewer them with their heads down to their fides, fpit them, and lay them down to a clear fire for twenty minutes; bafte them well with butter, and duft them with flour; let them be plump, and of a nice brown; lay them in a difh, with fome brown gravy under them, and ferve them up hot for a fecond courfe, with fome bread faucc in a boat.

TO ROAST YOUNG CHICKENS.

When you kill your chickens, pick them very carefully, draw them, cut off the claws, trufs them, and put them down to a good fire; finge them, duft them, and bafte them with butter, roaft them for fifteen minutes, froth them up, lay them on your difh with fome parfley and butter under them, and fome afparagus in another difh.—Thefe are both fecond courfe difhes.

TO ROAST A SPRING FOWL.

Take a large fpring fowl, let it be clean picked and drawn, cut off the claws, and fkewer it; half an hour will roaft it before a good fire. Serve it up hot, with fome brown gravy under it, and fome egg fauce in a boat, for a fecond courfe difh.

TO ROAST A HARE.

Cafe your hare, leave on the ears, wipe it clean in the infide, then make a pudding for it as follows :----Boil the liver ten minutes, fhred it fine, add to it fome crumbs of bread, beef fuet, parfley, thyme, and fweet marjoram fhred fine, with pepper, falt, mace, and nutmeg; mix all well together, with the yolks of two eggs and a little cream; put it into the belly and few it up; double the hind legs and fkewer them, lay the fore close to the fide, and skewer them; turn the head to look back, and skewer it; put a skewer into each ear to keep them up, then fpit it, and lay a thin flice of bacon over the back, and a piece of paper on it, and tie it on, or the back will be done too much before the legs be warm through; lay it down to a brifk fire, and bafte it well with butter. If a large one, it will require one hour; a middle-fized one will take three quarters of an hour to roaft it. When it is done, take off the bacon and paper, duft it with flour, and bafte it with butter to raife a froth; difh it up with fome thickened gravy in a difh, half an anchovy, and a little juice of lemon; ferve it up hot with fome currant jelly in a faucer, and fome crumbs of bread boiled in red wine, in a boat, for a fecond course difh.

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TO ROAST RABBITS.

Cafe your rabbits, and wipe them clean in the infide, fkewer the legs the fame as a hare, or tuck the fore legs into the body; fkewer your rabbits together, put the fpit between them; let their heads be ftraight out, and nick them in the neck, that the blood may run when roafting; lay them down before a brifk fire: if large, they will require half an hour; if fmall, twenty minutes will roaft them. Duft them with flour, and bafte them with butter; when done, cut off the heads, and fplit them; lay your rabbits in a difh, and the heads on each fide; let the liver be boiled – and fhred fine, put it into a boat with fome parfley and butter, or put it into your difh under your rabbits, and ferve them up hot for a fecond courfe difh.

TO ROAST PIGEONS.

Let your pigeons be clean picked and drawn, finge them, cut off their claws, and fkewer them with their legs on their breaft; put their livers into their infide, with a piece of butter and fome fhred parfley; fpit, dredge, and bafte them; lay them down to a brifk fire for fifteen minutes, and ferve them up hot, with fome parfley and butter under them, for a fecond courfe difh.

TO ROAST A CAPON.

Let it be clean picked and drawn, cut off the feet, and fkewer the legs ftraight; fpit it, finge, duft, and bafte it: if it is large, it will take near an hour to roaft. When done, lay it in your difh with fome thickened gravy, and a little juice of lemon under it; ferve it up hot for a fecond courfe difh, with fome cgg fauce in a boat.

TO ROAST WILD DUCKS OR TEAL.

Let your wild ducks or teals be clean picked and drawn; put a little pepper and falt in the infide; turn their feet back and fkewer them; fpit them, finge them, and bafte them with butter: twenty minutes will roaft them before a quick fire. Serve them up hot with fome brown gravy under them, and a little fhalot fhred fine, for a fecond courfe.

TO ROAST PARTRIDGES OR QUAILS.

Let them be picked, drawn, and fkewered with their legs on; fpit, finge, and bafte them: twenty minutes will roaft them at a quick fire. Duft on a little flour, bafte them with butter, let them be of a nice brown, difh them up with fome brown gravy. under them, and fome bread fauce in a boat, for a fecond courfe, or fupper difh.

TO ROAST WOODCOCKS OR SNIPES.

Let them be clean picked, but do not draw them; their own bills ferve for a fkewer, which you muft put through the pinions and thighs, and one leg through the other; fpit them, finge them, and bafte them with butter, and duft on a little flour; toaft a flice of bread, and butter it, lay it on a clean plate, and put it under them, that the trail may drop upon it: they will require fifteen minutes to roaft them. When they are done, lay the toaft in a difh, and the woodcocks upon it; pour under them fome melted butter and gravy; ferve them up hot for a fecond courfe, or fupper. Let your pheafants or moor game be clean picked and drawn, cut off their heads and claws and the pinions at the first joint; skewer them, spit, dust, and baste them : half an hour will roast them at a quick fire. Diss them up with some brown gravy under them, some bread fauce in a boat, some gravy warmed, with three shalots shred fine, and a little pepper, salt, and vinegar, in another boat.

TO ROAST LARKS THE DUNSTABLE FASHION.

Take a dozen of larks, let them be clean picked, cut off their heads, turn their feet back, put them on a long fkewer, tie them on a fpit, duft and bafte them; have ready a good many crumbs of bread in a difh, hold the difh with the crumbs under your larks, and ftrew the larks with them, then bafte them with butter, and continue fo doing till your larks are quite covered with crumbs, and of a nice brown. Take care when you difh them up that you do not fhake the crumbs of bread off; if you do, it will fpoil the look of them. The crumbs that remain muft be fried with butter of a nice brown, and put round them. Serve them up hot for a fecond courfe, or for fupper, with plain melted butter in a boat.

TO ROAST WEET EARS.

Take one dozen of weet ears, let them be clean picked and drawn, trufs them as you do larks, lap them in a vine leaf, put them on a lark fpit, and tie them on a large fpit; roaft them for fifteen minutes, bafte them well with butter, dredge on them fome crumbs of bread and flour; when they are done, lay them in your difh, with fome fried bread crumbs round them, and fome gravy and butter in a boat. Serve them up hot for a fecond courfe.

TO ROAST SWEETBREADS.

Take five fweetbreads, put them on a lark fpit, and tie them on a large fpit, do them over with the yolk of an egg, dust them with flour, and baste them with butter: if they are large, they will take half an hour to roast; if small, twenty minutes. Let them be of a nice brown, lay them in your dish with some melted butter and gravy under them. Serve them up hot for a fecond course.

TO BROIL BEEF STEAKS.

Cut your fteaks off a rump of beef, half an inch thick, beat them with a rolling pin, and feafon them with pepper and falt; let your fire be clear, and your gridiron clean and hot; lay on your fteaks, turn them often with a pair of fteak tongs, to keep in the gravy; let them be of a nice light brown, lay them in a hot difh, with a little gravy under them, and ferve them up hot for a fide difh.

TO FRY BEEF STEAKS, WITH ONIONS.

Cut your beef steaks off a rump, rather thinner than above, feason them with pepper and falt, put a piece of butter into a pan, and fry them over a quick fire, to be of a nice light brown; lay them into a hot difh, cut two onions in thin flices, fry them with butter, and put them on your steaks, and ferve them up hot.

TO BROIL MUT FON CHOPS.

Cut your chops off the beft end of a neck of mutton, pare them neatly, and flat them with a cleaver; feafon them with pepper and falt, broil them over a clear fire, turning them often; when done, lay them in a hot difh with fome gravy under them, and a fpoonful of-mufhroom catfup, and ferve them up hot with pickles in a faucer. You may crumb them with bread, the fame as yeal cutlets.

TO BROIL VEAL CUTLETS.

Cut your cutlets off the beft end of the neck of veal, pare them neatly, put a piece of butter into a ftew-pan, with fhred parfley, thyme, pepper, falt, and nutmeg; fet it over the fire to melt, then dip in your fteaks, and crumb them with bread; broil them over a clear fire to be of a nice light brown, lay them in a hot difh with fome melted butter and fome gravy, with a little juice of lemon under them, and ferve them up hot for a firft courfe.

TO BROIL PORK STEAKS.

Cut your steaks off a fore chine, or a loin, pare away the rind, feason them with pepper and falt, broil them over a clear fire to be of a fine brown; lay them into a hot dish with fome gravy under them, and ferve them up hot, with some apple fauce in a boat.

You may crumb them with bread the fame as veal fleaks, only inflead of thyme you must add a little fage flored.

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TO BROIL A FOWL WITH MUSHROOM SAUCE.

Let your fowl be clean picked and drawn, fplit it down the middle, finge it, and cut off the legs; flat it with a cleaver, feafon it with a little pepper and falt, do it over with a little clarified butter, and crumb it with bread; fet it over a flow fire to broil; when done, put it in your difh with fome pickled mufhrooms, a little gravy and melted butter under it, and ferve it up hot.

TO HASH VENISON.

Cut your venifon in thin flices, put it into a flewpan with fome gravy, three fhalots fhred fine, and a little red wine; pepper and falt it to your tafte; fet it over the fire, and when it is hot thicken it up with butter and flour, let it just fimmer, put it into your difh, and ferve it up hot.

TO HASH MUTTON OR BEEF.

Cut your beef and mutton in thin flices, put it into a ftew-pan with fome gravy, and the gravy that runs from it, with fome fhalot or onion fhred fine, pepper and falt it to your tafte, fet it on the fire to fimmer, thicken it with a lump of butter rolled in flour, let it just boil, and ferve it up hot.

TO HASH A TURKEY OR ANY LARGE FOWL.

Cut off the legs, cut the thighs in two pieces, the pinions and breaft in pieces one inch and a half long, take off the fkin, put it into a flew-pan with fome gravy and a fhalot flired fine; feafon it with pepper, falt, and pounded mace; fet it on the fire to flew till it is hot through, thicken it with butter and flour; let your hash be favoury and of a good taste, put it into a deep dish, and serve it up hot.

TO HASH VEAL.

Put a little gravy into a ftew-pan, with a little lemon peel fhred, a fpoonful of catfup, and a piece of butter and flour; fet it on the fire to boil, cut your veal in thin flices as big as half-a-crown, and feafon it with pepper and falt, put it into the ftew-pan to your gravy, let it juft fimmer (but not boil), pour it into a difh, with fome fippets of bread round it, and ferve it up hot.

TO HASH WOODCOCKS OR WILD DUCKS.

Cut your woodcocks up as for eating, put them in a ftew-pan with fome gravy, a fpoonful of red wine, two fhalots fhred fine, pepper and falt to your tafte, fet it on the fire to boil, thicken it with fome butter and flour, put it into a difh, and ferve it up hot.

TO HASH A HARE.

Cut it in fmall pieces, put it into a ftew-pan, with a glafs of red wine, and a little broth or gravy, pepper and falt it to your tafte, half an anchovy chopped, a quarter of a pound of butter rolled in flour, fet it on a flow fire to fimmer, and juft when it begins to boil take it off, and ferve it up hot.

TO MINCE A TURKEY OR A LARGE FOWL.

Cut the breaft of the turkey in fmall dice, put it into a flew-pan with a little gravy, pepper, and falt, a piece of butter and flour, and a little lemon juice; fet it over the flove to fimmer, but not boil, as it makes it

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hard; fcore the legs, feafon them with pepper and falt, and broil them of a nice brown; lay your mince in a difh with fome fippets of bread round it, and the legs on the top, and ferve it up hot.

TO MINCE VEAL.

Cut your veal into fmall fquare dice, but do not chop it; feafon it with pepper and falt, put it into a ftew-pan, with fome gravy and a little lemon peel fhred, a lump of butter and flour, fet it on the fire to fimmer, fqueeze in a little juice of lemon, and ferve it up hot, with fome fippets of bread round it.

TO MINCE PHEASANTS AND PARTRIDGES.

Cut the breaft of a pheafant or partridge into fmall dice, put it into a ftew-pan with fome good gravy, pepper and falt it to your tafte, a lump of butter and flour, and a little juice of lemon; fet it on the fire, ftir it till it begins to boil, put it in your difh, with fome fippets of bread round it, and ferve it up hot.

OBSERVATIONS ON DRESSING FISH.

When you fry any kind of fifh, let them be wafhed clean and dried with a cloth, do them over with egg, and crumb them with bread, or dip them in fmall beer, and duft them with flour; let your hog's lard or dripping boil before you put in your fifh; fry them crifp, and of a nice brown, and always lay them on a fice to drain before you difh them up. When you boil fifh, wash them clean, rub them with falt, vinegar, or a flice of lemon, before you put them in the water to boil. All fish should be boiled flowly: if you boil them fast, they will crack and break. When you dish them up, put a fish-plate under them.

When you broil any kind of fifh, let your fire be clear, and your gridiron very clean and hot, and rub it with a bit of fuet, to prevent the fifh from flicking to it. If your fifh is thick, your fire muft be very flow, or otherwife it will burn them before they are warm through.—All fifh muft be thoroughly done.

TO DRESS A TURTLE.

Cut off the head clofe by the shell, hang it up to bleed for twenty-four hours, then cut it open, and leave fome of the meat to the breaft shell ; take out the guts, flit them with a pen-knife, fcrape and cut them in pieces three inches long, wash them and the infide meat in feveral waters, cut the meat and breaft fhell in pieces as large as a large walnut, put it all into a ftewpot, with one quart of Madeira wine, two quarts of strong gravy, with Cayenne and white pepper, mace, and falt, add fome fweet marjoram, bafil, tarragon, and thyme fhred; cover it clofe, and fet it to ftew on a flove for one hour, or more, if it is not tender ; then rim the shell with hot paste, put in your meat, with some of the gravy that it was flewed in, put it into a fharp oven to bake for half an hour, then strain the remainder of your gravy into a ftew-pan, with two anchovies, thicken it up with butter and flour, let it be very favoury and of a good tafte; add to it two dozen of force-meat balls fried, the yolks of twelve hard eggs, and a little juice of lemon; let it boil; when your

turtle comes from the oven, pour it in, give it a fhake to mix it, and ferve it up hot for the head of the table. The fins muft be fealded, to take off the fkin; ftew them in fome gravy, with a little red wine; when tender, feafon them with Cayenne pepper, falt, and a little juice of lemon to your tafte; thicken it up with butter and flour, and ferve them up hot for a fide difh.

You may make fricandoes with the vealy part of the fhoulder, or Scotch collops, or a white fricaffee.

TO DRESS TURTLES ANOTHER WAY.

Kill your turtle, wash it clean, and cut it in pieces as before; feason it well with Cayenne pepper, falt, mace, and nutmeg; put it into a pot that will just hold it, with one bottle of Madeira wine, two quarts of good gravy, fome fweet herbs shred fine as before, and two anchovies; fet it on a clear fire to flew flowly till tender, thicken it up with flour, add to it two dozen of force-meat balls, and fome yolks of hard eggs; rim your shell with hot paste and bake it; when done, put in your turtle, and ferve it up hot for the head of the table.—The fins must be stewed by themsfelves, and feasoned as before.

TO BOIL A TURBOT.

Gut and clean your turbot, rub it all over with a piece of lemon and falt, put it into a pan with as much water as will cover it, and a little vinegar, a few black pepper corns, two or three flices of lemon, and a fheet of paper over the top; fet it on the fire, and when it boils, fkim it; let it fimmer for half an hour, then ferve it up hot with lobfter and anchovy fauce.

TO BAKE A TURBOT.

Gut and clean your turbot, dry it with a cloth, cut of the head and tail, feafon it with pepper, falt, nutmeg, and fome parfley fhred; take a difh that will just hold it, rub it with butter, lay in your turbot, with fome green chibbol fhred, and half a pint of white wine; fprinkle your turbot with fome melted butter, and ftrew it over with crumbs of bread, bake it of a nice brown; when done, ferve it up in the difh in which it was baked, and pour fome anchovy fauce under it.

TO FRY SMALL TURBOTS.

Gut and wash them, cut off the head and fins, cut them in four pieces, fprinkle over them fome vinegar, falt, and pepper, a few flices of onions, fweet basil, and thyme; let them lie one hour, drain them, dust them with flour, fry them of a nice brown, dish them up, and garnish them with fried parsley, and ferve them up hot with melted butter, or anchovy fauce in a boat.

TO MAKE FILLETS OF TURBOTS.

Take fome cold boiled turbot, cut it in fillets two inches long and one inch broad, and make a fauce as follows:—Chop a table fpoonful of capers, put them into a ftew-pan with fome parfley and an anchovy fhred fine, half a pint of gravy, fix ounces of butter, a little flour, catfup, or foy, a little Cayenne, and a lemon juice; let it boil, and put in the fillets; let them fimmer for fome minutes, take them carefully out and lay them in a difh, pour your fauce over them, and ferve them up hot for a fide difh.

TO STEW SOALS.

Take off-the black fkin, fcrape, gut, and clean them, do them over with an egg, or dip them in fmall beer, duft them with flour, fry them in hog's lard or dripping, of a nice light brown, lay them on a fieve to drain, and make a fauce for them as follows: Put in a ftew-pan fome brown gravy, with half an anchovy, and a little red wine, a little Cayenne pepper, fome blades of mace, one onion fluck with cloves, and a flice of lemon; let it fimmer for ten minutes, add to it a piece of butter and flour, a handful of fhrimps picked clean, and ftir it over the fire till it boils; then put in your foals, let them flew five minutes, lay them carefully in a difh with a fkimmer, and pour the fauce over them. Serve them up hot for a fide difh, or the head of the table.

TO FRY SOALS.

Take the fkin off the brown fide, and clean the fcales well off the other; take out their guts, wipe them dry with a cloth, do them over with an egg, and ftrew them with crumbs of bread; let your hog's lard boil, put in your foals, fry them of a nice light brown, drain them on a fieve, put them in a difh, garnifh them with fried parfley, and ferve them up hot with fhrimp fauce, or plain melted butter.

TO MARINATE SOALS.

Take two cold fried foals, lay them in a difh, and make a fauce for them as follows: Take a tea-cup full of vinegar, one of oil, and three or four flices of lemon, a little muftard and falt, mix it all well together, and pour it over your foals; let them ftand for two hours to take the fauce, and then ferve them up for a fecond courfe.

A SPIKE OF SOALS IN FILLETS.

Take cold boiled or fried foals, cut them in fillets one inch and a half long and an inch broad, lay them in the china dith in which you intend to ferve them up, and make a fauce for them as follows: Chop four fhalots very fine, put them in a deep plate, with a fpoonful of made muftard, fome black pepper, falt, half a tea-cup full of vinegar, the fame of oil; mix it well together, pour it over your foals, garnifh it with flices of lemon and parfley, and ferve it up for a fecond courfe.

Fillets of turbot are done the fame way.

FILLETS OF SOALS BESH-A-MELL.

Take two cold boiled foals, cut them in fillets two inches long and one inch broad, lay them into a flewpan, and make a fauce for them as follows: Take a pint of cream, put it in a flew-pan, with a flice of ham, one onion, a bit of parfley, and half a fmall carrot; let it boil till it comes to half a pint, flirring it all the time; then thicken it up with a little butter and flour, flrain it upon your foals, fet it upon the fire to boil, add a little pepper and falt, and fome juice of lemon; let it just fimmer, but not boil, and ferve it up hot.—This is a pretty first or fecond courfe difh.

Fillets of turbot are done the fame way.

TO BOIL A COD'S HEAD AND SHOULDERS.

. Take a cod's head and fhoulders, clean it well, rub it over with lemon and falt, and lay it on your fiftiplate; when your water boils, throw in a handful of falt and a little vinegar, put in your cod's head, and let it boil flowly for half an hour, or longer, if it be large; take it up carefully, and lay it on your difh, lay fome fried foals or fmelts round it, and ferve it up with anchovy and flurimp fauce.

TO BAKE A COD'S HEAD AND SHOULDERS.

Take the head and fhoulders, and make it quite clean; make a fluffing of crumbs of bread, fuet, pepper, falt, parfley, and thyme fhred fine, add two eggs, mix it well, and fluff the head and fhoulders with it; do your cod over with an egg, and crumb it it with bread; put fome pieces of butter over it, and fome gravy under it, and bake it in a quick oven for one hour; when it is baked, ftrain the gravy from it into a ftew-pan, add two anchovies, and fome juice of lemon; thicken it up with butter and flour, lay your fifh in a difh, and pour your fauce into it, and garnifh it with flices of lemon.

TO DRESS CRIMP COD.

Take a cod, cut it into flices one inch thick; put them in hard water and falt for two or three hours, take them out and dry them, and do them over with the yolk of an egg and crumbs of bread. You may either fry or boil them. Serve them up with anchovy and fhrimp fauce.

TO STEW CARP OR TENCH BROWN.

Take two carps or tench, fcale them and gut them very clean, put them into a ftew-pan with a pint of ftrong gravy, add one onion ftuck with cloves, two anchovies, two tea-cups full of red wine, three blades of mace, pepper and falt to your tafte, and fet it on the fire to flew for twenty minutes; then take out your fifh with a fkinmer, lay them in your difh, thicken up your fauce with butter and flour, add a little lemon juice, and fet it to fimmer, then ftrain it through a fieve upon your fifh, garnifh them with flices of lemon and fcraped horfe radifh, and ferve them up hot.

TO STEW CARP WHITE.

Scale, gut, and wafh your carp, put them into a pan with fome water, fome whole pepper, falt, a bunch of fweet herbs, and two onions; ftop the pan clofe, and fet it to boil for twenty minutes; then have ready a fauce made as follows:—Put a gill of white wine into a fauce-pan, with a gill of white gravy made of veal, two anchovies chopped fine, a quarter of a gill of the liquor in which the carp was boiled, and two flices of lemon; let it boil for five minutes, and add a quarter of a pound of butter rolled in flour; let it juft begin to boil, and add the yolks of two eggs, mixed with a quarter of a pint of cream; let it juft fimmer, but not boil, or it will curdle. Lay your carp into a difh, and ftrain your fauce over it.

TO ROAST A CARP.

buttered, tie it on a fpit with a tape, let it roaft for half an hour, bafte it well with butter and a little white wine, and make a fauce for it as follows :--Put an anchovy in a ftew-pan, with a few pickled mufhrooms, half a pint of good gravy, a table fpoonful of red wine, a piece of butter and flour, and ftir it over the fire till it boils. When your carp is roafted, take off the paper, lay it in a difh, and pour your fauce over it.

TO BROIL A CARP. .

Scale and gut your carp, nick it on the back, do it over with melted butter, feafon it with pepper, falt, and a little fhred parfley, broil it to a nice brown, and make a fauce for it as follows ;—Take one anchovy, a few capers, a few pickled mufhrooms fhred fine; put them into a flew-pan, with half a pint of gravy, a piece of butter and flour, flir it over the fire till it boils. Then put your carp into a difh, pour your fauce over it, and ferve it up hot.

TO BAKE A TENCH.

Scrape off the fcales, gut them, and wash them clean; put into the bottom of a stew-pan a slice of veal, then a sheet of paper buttered, to keep them from flicking to the bottom; rub your tench over with fome clarified butter, the yolk of an egg, and some crumbs of bread; lay them into your stew-pan with fome gravy under them, set them in an oven to bake for half an hour, and let them be of a nice light brown. When done, take them up carefully and lay, them in a difly, take the veal out of the stew-pan, leaving the gravy, add to it one glass of red wine, half an anchovy, a spoonful of catsup, a little lemon juice,

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a little Cayenne, fome butter and flour, and the meat of two lobfters' claws cut in fmall dice; let it fimmer for three minutes, fkim it clean, pour it under your tench, and ferve it up hot.

TO FRY OR BROIL WHITINGS.

Gut and fkin them, do them over with the yolk of an egg, and crumb them over with bread. If they are to fry, have ready your pan with fome fat boiling hot, put in your whitings, and fry them of a nice light brown, garnish them with fried parsley, and ferve them up with fhrimp fauce. If to broil, prepare your fish as above, have ready your gridiron very hot, rub it over with a little butter, lay on your fish to broil, taking care you do not fmoke or burn them; when done, ferve them up with anchovy fauce.

TO ROAST A GUILST.

Take a guilft, and make it quite clean, make a pudding of crumbs of bread and fweet parfley, thyme, nutmeg, pepper, and falt, mix it up with the yolks of two eggs, put it into the belly of the fifh, rub it all over with the yolk of an egg, and ftrew it with crumbs of bread, lay it in a dripping-pan before the fire, or in an oven, and bafte it with butter; when it is enough, lay it on a difh, and ferve it up with gravy and anchovy fauce.

TO FRY SMELTS.

Draw the guts of the fmelts out with the gills, wash them clean, and wipe them dry; do them over with the yolk of an egg, and strew on them some crumbs of bread; have your frying-pan ready with

hog's lard, quite hot, put in your fifh, and fry them of a light brown, lay them in your difh, and garnifh them with fried parfley.

TO BOIL CRIMP SALMON.

Scale your falmon, wash it clean, lay it to crimp in hard water and falt for two hours, have ready your pan on boiling, put in your falmon with a little falt, let it boil for half an hour, take it up and drain it, lay it in your difh with fome fried fifh round, garnifh it with fennel, and ferve it up with parfley or fennel fauce.

TO PICKLE SALMON THE NEWCASTLE WAY.

Take a falmon, and fplit it down the back, cut it acrofs into four lengths, wash them clean, but do not take off the fcales; have ready a kettle with boiling water, boil it three quarters of an hour, take it up, and fet it to cool; add three quarts of vinegar to three quarts of the liquor it was boiled in, with a quarter of an ounce of cloves, a quarter of an ounce of mace, half an ounce of black pepper, two ounces of ginger cut in flices, a little bay falt, and two handfuls of common falt; boil them all well together one quarter of an hour, let it stand till it is cold, put your falmon into a kit, and pour your pickle over it.

TO BROIL SLICES OF SALMON.

Cut your falmon in flices one inch thick, brush them over with a little clarified butter, fprinkle on them a little pepper and falt, let your gridiron be clean, and lay on your falmon, broil them over a clear flow fire; when done, lay them in the difh, and make

TO BROIL CRIMP SALMON ANOTHER WAY.

Cut your falmon in flices as above, do them over with clarified butter, and then with egg, ftrew them with crumbs of bread and a little fhred parfley, and you may either broil them or fry them. When done put them round boiled fifh, or put them in a difh by themfelves, and ferve them up with parfley and butter, and anchovy fauce.

TO DRESS STURGEON.

Take eight pounds of fturgeon, wash it clean, lay it into fome hard water and falt, let it foak all night; next day take it out, rub it over with vinegar and falt, have ready your fish kettle with fome boiling water, put in your sturgeon with a bunch of sweet herbs and two onions, boil it till the fish leaves the bones; take it up, take off the skin, flour it well, fet it before the fire, baste it well with butter, and let it stand till it is of a fine brown. Serve it up with white fauce, (the fame that is used for carp), or with venifon sauce.

TO PICKLE STURGEON.

Cut your fturgeon into fquare pieces, wash it well, and tie it tight with mats, fet it on to boil with four quarts of water, two quarts of strong old beer, a little bay falt, two handfuls of common falt, one onnce of black pepper, one onnce of Januaica pepper, and one of ginger, and half an ounce of cloves; let it boil till the fifh leaves the bone, take it out, and let it ftand till next day to cool; put your flurgeon into a cafk or mug that will just hold it; put a quart of alegar to the liquor it was boiled in, pour it on your flurgeon, ftop it close down, and keep it for use.

TO DRESS A PIKE.

Gut your pike and make it very clean, grate fome bread, and fhred fome fuet, a little thyme and parfley, pepper, falt, a little fpice, and two eggs, mix it well together, and put it into the belly of your fifh; do your fifh over with the yolk of an egg, and ftrew fome crumbs of bread and pieces of butter all over the top, then lay your fifh into the difh, fet it into the oven, and bake it. You must make your fauce of gravy, a little juice of lemon, one onion fluck with cloves, two anchovies, and thicken it with butter and flour: when your fifh is baked, lay it on a difh, and pour the fauce under it, garnifh it with flices of lemon, and ferve it up hot.

TO DRESS A PIKE THE DUTCH WAY.

Let your pike be clean fcaled and wafhed, fkewer it round; put on a fifh-kettle with fome falt and water and a little vinegar; when it boils put in your pike, and let it boil for twenty minutes, or more if it is a large one; then make a fauce for it as follows:— Shred two anchovies, put them into a flew-pan with half a pound of butter, a little pepper, falt, nutmeg, a table fpoonful of vinegar, two tca-cups full of gravy, a piece of horfe radifh, a flice of lemon, and as much flour as will thicken it; ftir it over the fire till it boils.

) / take out the lemon and horfe radifh, difh up your pike, pour your fauce over it, and ferve it up hot.

TO ROAST A LAMPREY.

Skin your lamprey, cut off the head and take out the guts, fcrape the blood clean from the bone, then make a force-meat of fome crumbs of bread, a few fhrimps, a little thyme and parfley, pepper and falt, and the yolks of two eggs; mix all well together, and put it into the belly of the lamprey; few it up, and turn it round on your difh, put over it a little flour and butter, and a little gravy in your difh; then bake it in a moderate oven, or put it down before the fire. When it is done, take the gravy from it, ftrain it through a fieve, add to it a fpoonful of catfup, a little white wine, one anchovy, and a flice of lemon, thicken it with butter and flour, let it boil, difh up your lamprey, and pour the fauce over it.

TO BOIL FLOUNDERS OR FLAT FISH.

Cut off the fins, nick the brown fide with a knife, and take out the guts; wafh them clean, and boil them in falt and water for twelve minutes, lay them in your difh upon a napkin, or a fifh drainer, garnifh them with parfley and horfe radifh fcraped, ferve them up with anchovy or fhrimp fauce.

TO BOIL CRIMP SKATE.

Take your fkate and fkin it on both fides, cut it one inch broad and as long as the fkate will allow, put it into hard water, with a handful of falt and a little vinegar, let it lie three hours to crimp, have ready a

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ftew pan with boiling water, lay your fifh on a fifhplate, and boil it for fifteen minutes, difh it up; and ferve it up with fhrimp fauce.

TO FRY CRIMP SKATE.

Crimp your fkate as above, dry it in a cloth, rub it over with egg, and crumb it with bread, fry it over a quick fire (in hog's lard) of a light brown, put them in a difh, and garnifh them with fried parfley. Serve it up with anchovy fauce in a boat.

TO BOIL MACKEREL.

Gut and wafh your mackerel, lay them ftreight on a fifh-plate; fet you pan on the fire with fome water and a little falt; when it boils, put in your fifh, let them boil for fifteen minutes, take them up and drain them, lay them on a difh, garnifh them with parfley and fennel, and ferve them up with fcalded goofeberries in a boat, and melted butter and anchovy fauce.

TO PICKLE MACKEREL.

Wafh and gut your mackerel, make them very clean, boil them in falt and water for twelve minutes, take them carefully up, add to the water they were boiled in one pint of vinegar, two or three blades of mace, a little whole pepper, boil it all together ten minutes; when cold, put it to your mackerel, and keep it for ufe.

TO BOIL HERRINGS.

Scale the herrings, and draw out the guts with the gills, wash them clean, skewer them with their tails in their mouths; when your water boils put them in, and boil them twelve minutes, lay them in your difl, and ferve them up with parfley and butter.

TO BAKE HERRINGS.

Scale, gut, and wash them clean, cut off their heads, and take out the back-bone; lay them flat upon a board, feason them with cloves, mace, pepper, and falt, pretty high, roll them up, lay them in a mug with two or three onions, a bay leaf, and some vinegar, cover them over with a strong brown paper, tie them down, and bake them in a moderate oven.— You may eat them either hot or cold.

TO BROIL HERRINGS.

Clean your herrings as for boiling, dry them with a cloth, dust fome flour on them, have ready your gridiron very clean, and rub it with fome fat bacon to keep your herrings from sticking, broil them over a clear fire of a nice brown, taking care you do not fmoke or burn them, and ferve them up with melted butter.

TO DRESS SALT FISH.

Steep it in water over night, wash it clean, and cut it into fquare pieces, put your fish in when the water is cold, boil it half an hour, take it up and drain it, lay it in your dish, garnish it with slices of eggs, and ferve it up with egg fauce. Or you may use boiled parsnips or potatoes to the above, if you like them.

TO DRESS COD'S SOUNDS.

Steep them in water all night, fet them on the fire

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in a ftew-pan to boil; when tender, take them up to drain, put them into a difh, pour your egg fauce boiling hot over them, and ferve them up hot.

TO MAKE WATER SOKEY OF PERCH OR FLAT FISH.

Take fix parfley roots, cut them one inch and a half long, and about the thicknefs of a quill, put them into a ftew-pan with fome water to boil, with a pint of fmall onions pealed, fome falt, and fome whole pepper; let them boil till the parfley is almost tender, then put in your fish, and let it boil for twenty minutes on a flow fire; throw in a handful of parfley picked in leaves, just let it boil, lay your fish in a foup difh, and pour the liquor with the ingredients over it; ferve it up with a plate of bread and butter, and fome plain melted butter in a boat.

TO BOIL EELS.

Skin, gut, and clean them well, cut off their heads, turn them round, and run a fkewer through them, and lay them on a fifh-plate; when your water boils, put them in, with a little falt, and let them boil for twelve minutes, -- or, if very large, for fifteen minutes; take them carefully up with a fifh-flice, lay them in your difh with a drainer under them, and ferve them up with parfley and melted butter.

TO PITCHCOCK EELS.

Take two large eels, fkin and gut them, flit them down the back, cut them into pieces the length of your finger, feafon them with pepper, falt, and nutmeg, fweet herbs fhred fine, and grated bread, broil them over a clear fire, then ferve them up with anchovy fauce. You may do them whole, and feafon them the fame way.

TO PITCHCOCK EELS ANOTHER WAY.

Take a large eel, cut off the head, draw off the fkin, take out the guts, wafh it clean, and dry it with a cloth; take fome parfley, thyme, and fweet marjoram fhred fine, add fome pepper, falt, and mace; rub your eel over with the yolk of an egg, and ftrew the fweet herbs and feafonings over it and in it; draw on the fkin, fkewer it round, and broil it. When done, lay it in your difh, and ferve it up with anchovy fauce and melted butter.

TO ROAST AN EEL.

Take one large eel, fkin, gut, and clean it, make a pudding for it of grated bread, fweet marjoram, pepper, falt, a few oyfters, and break in one egg; mix it all well together, and put it into the belly of the eel, rub the eel over with the yolk of an egg, and roll it in the feafoning, draw the fkin over the eel to keep in the pudding, run a fkewer through it, tie it to a fpit, and roaft it, bafte it with melted butter. When done, ferve it up with anchovy or fhrimp fauce.

TO STEW EELS.

Take fome middle-fized eels, fkin, gut, and clean them, cut them in pieces three inches long, put them in a ftew-pan with a piece of butter and a little flour, give them a tofs for five minutes over the fire, add [49] "

fome gravy, with a little pepper and falt, and half an anchovy, two fpoonfuls of white wine, and a flice of lemon; let it ftew till tender, take out the lemon, and difh it up hot.

EELS WITH WHITE SAUCE.

Let your eels be fkinned and gutted, wafh them clean, cut them in pieces three inches long, and duft them with flour; put them in a ftew-pan with a piece of butter, a bunch of fwect herbs, and a few fmall mufhrooms; fry them over the ftove for five minutes, add to them a little white wine, and a little broth or water, feafon them with pepper, falt, and fpice, add to them a little lemon juice, fet them on to ftew, and when done, thicken up your fauce with the yolks of two eggs, mixed with a little gravy; give them a tofs over the fire, and ferve them up hot.

EELS WITH BROWN SAUCE.

Let them be clean fkinned, gut and wafh them clean, cut them in pieces three inches long, feafon them with fweet herbs, chibbols, and parfley fhred fine, pepper, falt, and fpice; put a piece of butter and a little flour into a ftew-pan, let it brown over a ftove, add to it a little gravy, a glafs of white wine, and a little lemon juice; put in your eels, fet them on the ftove to ftew till tender, lay them in a difh, put the fauce over them, and ferve them up hot.

TO SCOLLOP OYSTERS.

Open your o'ysters and beard them, fet them on a fire in a stew-pan, let them boil for five minutes, strain the liquor from them into a stew-pan, and wash the oyfters clean from the fand; put them into their own liquor with a piece of butter, a little parfley and thyme flired very fine, a little pepper and nutmeg, and a very little falt; let them fimmer over the fire, butter your fcollop fhells, and ftrew fome crumbs of bread in, then put in your oyfters, and cover them over with bread crumbs and pieces of butter, put them on a gridiron over a flow fire for a quarter of an hour, take them off, brown the top with a falamander, and ferve them up hot for a fecond courfe, or for fupper.

TO SCOLLOP OYSTERS ANOTHER WAY.

Open and beard your oyfters, wafh them clean, butter your fcollop fhells, and ftrew them with bread; lay in your oyfters, and ftrew fome crumbs of bread and fome butter over them, then fome more oyfters and crumbs of bread, and fome butter; fet them in a Dutch oven to brown before the fire for twenty minutes, and ferve them up hot.

TO FRY OYSTERS.

Take fifteen large oyfters, fimmer them in their liquor, take them out and dry them, dip them in yolks of eggs, and crumb them with bread; have ready your frying-pan with fome hog's lard hot, put in your oyfters, and fry them crifp and brown; fry fome erumbs of bread and put in your difh, lay your oyfters on them, and ferve them up hot for a fecond courfe.

TO STEW OYSTERS.

Open them, and plump them in their own liquor, then ftrain the liquor into a ftew-pan; throw the oyfters into fome clean water to wafh them, take off

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their beards, put the oyfters into the flew-pan amongft their own liquor, with two or three blades of mace and a few white pepper corns, let them fimmer for fifteen minutes, add a piece of butter and flour, and the yolks of two eggs, with a fpoonful of cream; let it fimmer, add a little lemon juice, and ferve them up in a difh, with fippets of bread, or put them into oyfter loaves.

You may flew muffels or cockles the fame way.

ATTALETS OF OYSTERS.

Open your oyfters and beard them, put them into a pan, and fet them to boil for five minutes, pour the liquor from them and wafh them clean from the fand, put them into a ftew-pan with a lump of butter, a little pepper, falt, and nutmeg, fet them on a ftove for fix minutes, ftirring them all the time; take them off, and let them cool, and ftick them on fmall filver or wooden fkewers; beat up an egg and do them over with a feather, crumb them with bread, and fet them in a little difh before the fire to brown, or broil them over a flow fire on a gridiron; lay them in a difh with fome thickened gravy under them, and ferve them up hot. This is a pretty fecond courfe difh.

TO PICKLE OYSTERS.

Open the largeft and fineft oyfters you can get whole, and clean them from the fhells, wash them in their own liquor, let it stand to fettle, strain it into a fauce-pan with some white wine vinegar, a few blades of mace, a nutmeg fliced, a few white pepper corns, two bay leaves, and a little salt; let it boil four minutes, then put in your oysters, let them summer ten minutes, fkim them well, put them into a jar that will just hold them; when they are cold, cover them with rinded mutton fuet, tie them down with a bladder, and keep them for ufe.

TO PICKLE OYSTERS ANOTHER WAY.

Take one hundred of the largeft oyfters you can get, open them, but do not cut them, and wafh them clean; put one quart of fpring-water into a ftew-pan, and ftrain it into their own liquor, add to it a little falt, fet it on to boil, fkim it clean, add to it ten blades of mace, fome nutmeg fliced, half an ounce of whole white pepper, a quarter of a pint of vinegar; let it boil for fifteen minutes, then put in the oyfters, and let them boil for ten minutes; fkim them clean, put them into a pot or jar that will juft hold them, let them ftand till they are quite cold, and cover them up for ufe.

TO BOIL LOBSTERS.

Put a fkewer in the vent of your lobfter's tail, to prevent the water getting in, put it into a pan of boiling water, with a little falt and two flices of lemon: if it is a large one, it will take half an hour's boiling. When it is boiled, take it out and rub a little butter over it, to make it look bright, and break a bit off each claw, to let out the water.

TO RAGOO LOBSTERS.

Let your lobster be boiled, take the meat out of the tail and claws, and cut them in fmall pieces; boil a few morells, cut off the staks and wash them clean, add a few pickled mushrooms, half an anchovy shred; put a piece of butter into a stew-pan with a little flour, ftir it over the fire till it is brown, add to it half a pint

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of gravy, a little pepper and nutmeg, and a flice of lemon, put in your lobiter with the other ingredients, let it fimmer for ten minutes, put it in your difh, and ferve it up hot.

TO BUTTER LOBSTERS.

Boil your lobfters and break the fhell, pick out the meat, put it into a fauce-pan with a little gravy, a piece of butter and flour; let it fimmer, then grate in a little nutmeg, with a little lemon juice, and ferve them up in their own fhells.

TO ROAST A LOBSTER.

Wash it clean and tie it on a spit, baste it with lemon juice and sweet oil, make a fauce with some gravy, thicken it with butter and flour, and a little lemon juice, and ferve it up hot for a second course.

ATTALETS OF LOBSTERS.

Pick the tails and the claws of four boiled lobiters clean from the fhell, cut them in pieces the fize of a large oyfter; put a piece of butter into a flew-pau, with fome parfley, thyme, pepper, falt, and nutmeg, make it hot and put in the lobiter, fet it over the fire for five minutes, flir it all the time, but take care you do not break it; take fix or eight fmall filver or wooden fkewers, flick on the lobiter as much as the fkewer will hold, do them over with a little egg, and crumb them with bread, brown them on a gridiron or before the fire, lay them in a difh, and ferve them up with melted butter and gravy. This is a pretty fecond courfe difh.

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TO SCOLLOP LOBSTERS.

Take two boiled lobfters, pick the meat out of the tail and claws, and cut them in dice; put a piece of butter into a flew-pan, with fome parfley and thyme fhred fine, a little beaten mace, pepper, falt, and nutmcg, make it hot over the fire, put in your lobfters, fet them on the fire with two fpoonfuls of gravy, and let them fimmer for five minutes; butter your fcollop fhells, crumb them with bread, put in your lobfters, and fome butter on the top, and fome crumbs of bread ever them, put your fhells in a Dutch oven, and fet them before a clear fire to brown for fifteen minutes; when done, ferve them up hot for a fecond courfe.

TO FRICASSEE LOBSTERS.

Take three boiled lobfters, pick the meat out of the tails and claws, cut them in pieces one inch and a half long, and make a fauce for them as follows :—Put half a pint of white gravy into a flew pan, with three blades of mace, one bunch of fweet herbs, two flices of lemon, a little nutmeg grated, one onion fluck with cloves, and a few pepper corns, let it fimmer flowly for fifteen minutes, then ftrain it into a flew-pan, put in your lobfter, with a piece of butter and flour, and fet it on the fire; when it boils, add to it the yolks of two eggs, mixed with a little cream; let it fimmer, but not boil, and keep the flew-pan moving all the time; when done, put it in a difh, and ferve it up hot for a fecond courfe.

TO FRICASSEE CRAY-FISH.

Boil your fifh in falt and water for ten minutes, pick off the fhell of the tail and the fmall feet, but let the body-fhell and fore-claws remain on; put them into a ftew-pan with fome good white gravy, pepper, falt, and fome blades of mace; let it fimmer for about ten minutes, add a tea-cup full of cream, the yolks of two eggs, fome chopt parfley; let it fimmer, add a little lemon juice, and ferve it up hot with fippets of bread.

TO PICKLE SHRIMPS.

Boil the largeft fhrimps you can get, pick off their fhells, boil as much white wine vinegar as will cover them, with a little black pepper and mace; let it fland till cold, then put your fhrimps into fmall widemouthed bottles, that will hold half a pint each, pour the vinegar over them, and ftop them clofe down for ufe.

TO PICKLE COCKLES.

Wafh your cockles clean from the fand, put them into a fauce-pan, cover them clofe down, fet them over the fire, and fhake them till they open; ftrain the liquor from them through a ficve, pick the cockles from the fhells, and wafh them clean in two or three waters, to take the fand from them; pour the liquor clean from the fediment, add as much white wine vinegar as there is liquor, a blade or two of mace, a little white pepper, and a little falt; let it boil five minutes, put in your cockles, and let them fimmer for two or three minutes, fet them by to cool, and bottle them up for ufe.—You may pickle muffels the fame way.

TO BUTTER CRABS.

Boil three crabs. pick the meat out as whole as you can, put it into a fauce-pan with a quarter of a pound

of butter, a little lemon juice, a little pepper, falt, and nutmeg to your tafte, and three fpoonfuls of good gravy; fet it on the flove to boil, have ready two of the crab fhells clean wafhed and dried with a cloth, put them on a difh, put your buttered crabs into them, and ferve them up hot.

TO BOIL PRAWNS.

Wash them clean, have ready a fauce-pan with boiling water, put in your prawns with a handful of falt and two flices of lemon, let them boil fifteen minutes, drain them on a fieve, and fet them to cool: lay a handful of parsley in a china dish, and lay your prawns in rows upon it, one row above another, till your dish is full. Serve them up for a fecond courfe.

Cray-fish is boiled and ferved up the fame way.

TO FRICASSEE PRAWNS.

Take boiled prawns, pick them clean from the fhell, wafh them, and dry them with a cloth, then make a fauce for them as follows:—Take a tea-cup full of white gravy, a little chopt parfley, fome pepper, falt, and nutmeg, a tea-cup full of thick cream, with a bit of butter and flour. Put in the prawns and let them boil, add the yolks of two eggs, mixt with a glafs of wine; let it fimmer, but not boil, put it in your difh with fippets of bread round them, and ferve them up hot.

TO POT CHARS OR TROUTS.

Clean your fifh well and bone them, cut off the tails, fins, and heads, feafon them with pepper, falt, cloves, and mace, put them into a pot with as much butter as will cover them, tie a paper over them, and bake them one hour; when baked, pour the butter clear from them, lay the fifh upon a board to cool; when they are cool, lay them on a broad thin pot for that purpofe, cover them over with the butter they were baked in, and keep them in a cool, dry place.

TO BOIL A JOWL OF SALMON.

Take the gills out of a jowl of falmon, and wafh it clean, boil it in hard water and a little falt for twenty minutes,—or more, if a large one; when done, difh it ūp with a napkin or drainer under it, garnisch it with fennel and parsley, and ferve it up hot with lobster and fennel fauce in boats.

OBSERVATIONS ON SOUPS AND GRAVIES.

When you make foup with herbs in it, you must take care that one herb does not taste more than another; to prevent which, you may put in a piece of fugar the bigness of a small nutmeg.—When you make foup-a-la-rain, lay your veal and ham in the bottom of a stew-pan, with a piece of butter and the roots on the top: it must be set over a slow fire to draw, and when the gravy is simmered away, add to it your stock, as the receipt directs. If you have no stock, put to it fome boiling water.—Onion sor herbs are in, to keep them clear: they should have a

brown caft, which is eafily done by putting in a little brown gravy. After your peafe foup is ftrained, and fet on the fire to warm, you muft mind to ftir it, otherwife it will burn, as the peafe are apt to fall to the bottom.—In the reft of your foups, you muft follow your receipts.—All foups fhould be relifhing, and of a good tafte.

When you make brown gravy or cullis, you must lay your meat in the bottom of a stew-pan, and your roots on the top, and set it over a fire to draw. You must let the bottom of your stew-pan be quite brown before you put in your water, but not burnt, or it will give it a bad taste.

TO MAKE BROTH, GENERALLY CALLED THE STOCK.

Take eight pounds of lean beef, an old hen, a knuckle of veal, and a forag of mutton, put it to three gallons of water, fet it on the fire to boil, fkim it very clean, add to it fix heads of cellery, fix onions, fix carrots, four parfley roots, four leeks, four cloves, a few pepper-corns, and a little falt; let it boil flowly fix hours, then ftrain it off, and keep it for ufe.

Of this flock you may make all kinds of foup.

TO MAKE SOUP SANTE.

Take lettice, chervil, forrel, and cellery, of each a little, and the white of one leek, wash them clean and cut them very small, put them into a stew-pan, with half a turnip and carrot cut in small fillets one inch long, and a dozen small onions, then add two quarts of flock; let it flew till your herbs are tender, boil the tops of two penny French rolls in a little of the flock for half an hour, put your bread in a tureen, and pour your foup over it. If your foup wants colour, add a-

TO MAKE SOUP WITH ARTICHOKE BOTTOMS.

Take two dozen of young artichokes, boil them till tender, take off the leaves and chokes, pare the bottoms neatly, put them in a ftew-pan with three pints of ftock, and a flice of ham, and fet them on to ftew gently; boil the cruft of a French roll in fome ftock in another ftew-pan; when done, lay it in your foupdifh, pour the foup and artichokes over it, and ferve it up hot.

TO MAKE SOUP A-LA-RAIN.

Take two pounds of veal, lay it in a ftew-pan with fome ham, two onions, two turnips, and four heads of cellery; fet it on a flow fire to draw for half an hour, but do not let it brown, add to it two quarts of flock, let it boil flowly for two hours, then strain it off, add to it the crumbs of two French rolls, one quart of cream, a quarter of a pound of almonds blanched and beat fine, the breaft of a roafted fowl beat fine in a mortar; mix it all well together, fet it on the fire, but do not let it boil, then rub it through a strainer, put it into a broth-pot with the cover on it, fet it in a pot of boiling water to make it hot, (if you fet it on a fire, it will curdle), have ready the tops of three French rolls boiled in a little broth, lay them in your tureen, and when your foup is hot, pour it on the top of them, and ferve it up hot.

ONION SOUP.

Peel fix large onions, cut them in dice, put them into a flcw-pan with a quarter of a pound of butter,

let them fry till brown, add two quarts of broth, let it fimmer for half an hour, fkim off the fat, put in the upper cruft of two French rolls cut thin, a little falt to your tafte, let it flew for half an hour, put it in your tureen, and ferve it up hot.

ONION SOUP ANOTHER WAY.

Peel four dozen of fmall onions, put them in a ftew-pan with two quarts of broth, and the cruft of a French roll pared thin, fet it on the fire to fimmer for three quarters of an hour, add pepper and falt to your tafte, put it into your tureen, and ferve it up hot.

LOBSTER SOUP.

Take three lobfters and pound the fpawn, add to it fome broth made as follows :—Take two fmall codlings, gut and wafh them clean, fave fome of the flefh of one to make fome force-meat, cut the reft in pieces, put them in a ftew-pot with fome onions, cellery, turnips, carrots, parfnips, a bunch of fweet herbs, two anchovies; add to it three quarts of boiling water, let it ftew flowly for two hours, ftrain it into a ftewpan, and add to it the meat of your lobfters cut in fmall pieces; then take the piece of fifh, and make a force-meat of it with fome crumbs of bread and fweet herbs, a piece of butter, four yolks of eggs, one anchovy, fhred it all fine, mix it well together, make it into balls, put them into your foup, and the cruft of a French roll, let it all fimmer together for fifteen minutes. Serve it up hot in a tureen or foup difh.

TO MAKE LENTIL SOUP.

Cut fix heads of cellery, three onions, two turnips,

one carrot, and one parfnip, put them into a ftew-pan with a quarter of a pound of butter, one flice of ham, and a pint of lentils; fet it on a ftove to ftew for half and hour, put to it two quarts of broth, and let it ftew flowly for two hours; ftrain the broth into a deep difh, put the roots and lentils into a mortar and pound them, work them through a fieve with a little of the broth with a wooden fpoon, put your foup into a ftew-pan with the cruft of a French roll; let it fimmer for a quarter of an hour, and ferve it up hot.

SOUP CRESSE.

Take fix large onions, three parfnips, three carrots, three turnips, and a parfley root, cut them in thin flices, put them into a flew-pan with a quarter of a pound of butter, two flices of ham, and a pint of broth; let it flew till the roots are quite tender, then pafs it through a fieve or tammy into a flew-pan, then add two quarts of broth, with a little chervil and lettice cut very fine, and the cruft of a French roll; let it flew for half an hour, and ferve it up hot.

TO MAKE VERMEJELLY SOUP.

Boil fix ounces of vermejelly in water for a quarter of an hour, and ftrain it through a five; put two quarts of broth into a ftew-pan, and a fowl truffed as for boiling; let it fimmer for one hour, then put in the vermejelly, let it fimmer a little, put your fowl into a tureen, pour your foup over it, and ferve it up.

RICE SOUP.

Put a knuckle of veal into a broth-pot, with half a pound of ham, two quarts of water, and one of broth,

let it ftew till the veal is tender; have ready half a pound of rice boiled tender, and drain it on a fieve, put it into your foup, let it fimmer a little, add falt to your tafte, put your veal into a tureen, pour your foup upon it, and ferve it up hot.

TO MAKE WHITE PEASE SOUP.

Boil one quart of white peafe tender in water, drain them, and pound them in a mortar, work them through a fieve with two quarts of broth; eut four heads of cellery fmall, fry them in a flew-pan with a piece of butter, and pour the foup to it, then let it fimmer till the cellery is quite tender; add fome dried mint rubbed fine, falt and pepper to your tafte, and ferve it up with bread cut in dice and fried in butter.

GREEN PEASE SOUP.

Boil one quart of green peafe in water till they are tender, pound them in a mortar, work them through a five with two quarts of broth into a flew-pan; have ready one pint of green peafe boiled tender, three lettices, with a fprig of green mint cut very fine, put them into your foup, and let them fimmer a little, green it with fpinnage juice, and ferve it up with fried bread.

BLUE PEASE SOUP FOR WINTER.

Put one quart of blue fplit peafe into a ftew-pan, with two flices of ham, three heads of cellery, one onion, and a quart of water, fet them on a ftove, and let them fimmer flowly till tender, then pafs them through a fieve with three pints of broth; have readythree heads of cellery, two lettices, and a handful of chervil, fhred them very fine, fry them in a ftew-pan with fome butter, then put in your foup, and let it fimmer half an hour; add dried mint rubbed fine, pepper and falt to your tafte, green it with fpinnage juice, and ferve it up with fried bread.

SOUP MEAGRE FOR LENT.

Take fix heads of cellery, fix large onions, three carrots, three parfnips, and three turnips, cut them into flices, and put them into a flew-pan with fix ounces of butter and a pint of fplit peafe, let them flew for a quarter of an hour, then put in two quarts of boiling water, let them flew flowly till the peafe are quite tender, then work them through a fieve with a wooden fpoon into a flew-pan; have ready three heads of cellery, three cabbage lettices, fix leaves of fpinnage, fhred them all very fine, and fry them in butter, put them into your foup with a little dried mint rubbed fine; let them fimmer for a quarter of an hour, add pepper and falt to your tafte, and ferve it up with fried bread.

WHITE SOUP.

Boil a knuckle of veal, an old fowl, and one pound of ham, in five quarts of water, with three onions, a bunch of fweet herbs, three heads of cellery, fome whole pepper corns, and two or three blades of mace; let it all ftew together till it is as ftrong as you chufe to have it; then ftrain it through a fieve into a clean earthen pot, let it ftand all night, take off the fkim, put it into a ftew-pan with half a pound of Jordan almonds beat very fine, and the foft of a French roll fteeped in cream, mix them all well together, add a [64]

pint of thick cream, fet it to warm (but do not let it boil, or it will curdle), ftirring it all the time; have ready the cruft of a French roll boiled among a little broth, put it into your tureen, ftrain your foup on it, and ferve it up hot.

TO MAKE CHICKEN BROTH.

Skin a fmall chicken, cut it in four pieces, put it into a ftew-pan with one quart of water, two or three blades of mace, a few white pepper-corns, and a fmall cruft of bread; fet it on the fire to boil, fkim it clean, let it boil gently for three quarters of an hour, ftrain it, and ferve it up in a bafon with a dried toaft.

CHICKEN WATER.

Skin a fmall chicken, break the bones, and cut it very fmall and thin, put it into a ftone jar, pour on it a pint and a half of boiling water, cover it clofe, fet it before the fire for four hours, then ftrain and ufe it.

BEEF TEA.

Cut three quarters of a pound of lean beef into thin flices, put it into a large tea-pot, and pour on it one pint and a half of boiling water, ftop it clofe, fet it before the fire for two hours, and then ufe it.

TO MAKE MUTTON BROTH.

Take a piece of a neck of mutton, chop it into fmall pieces, put it into a pan with two quarts of water and a little pearl barley, fet it on the fire; when it boils, fkim it clean, put to it a blade or two of mace, a carrot, and a turnip; let it flew for three quarters of an hour, ftrain it, and ferve it up hot.

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MUTTON BROTH ANOTHER WAY.

Put the beft end of a neck of mutton into a pan, with two quarts of water, two heads of cellery, one carrot and turnip, and a cruft of bread toafted; fet it on to boil, fkim it clean, let it boil flowly till tender; take your mutton up, and lay it on a foup difh, fkim off the fat, and ftrain it into your meat, then put to it fome toafted bread cut in fmall dice, and ferve it up for the head of the table.

TO MAKE ARTIFICIAL SOY.

Beat fix ounces of loaf fugar, put it into a fryingpan with one ounce and a half of butter, fet it over the fire, and ftir it with a wooden fpoon; when it is of a deep brown, add to it one pint of red wine, one pint of catfup, half an ounce of Jamaica pepper, a few cloves and mace, the rind of one lemon, and the juice of two; let it fimmer for twelve minutes, and ftrain it into a clean mug; when it is cold, take off the fkim, and bottle it up. It is proper for ragoos, fifh fauce, or any difh where foy is made ufe of.

TO MAKE GRAVY WITHOUT MEAT.

Cut fome carrots, turnips, onions, fweet herbs, chabbots, fome cloves, black and clove pepper, let your roots be cut in flices, put them in a ftew-pan with a piece of butter, flir them over the fire with a wooden fpoon for half an hour, let them be brown, put to it two quarts of boiling water, a handful of peafe, and a few muflirooms; let it flew for one hour, ftrain it off, and ufe it under roafts, or in ragoos and made diffues.

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TO MAKE BROWN GRAVY.

Cut three pounds of a leg of veal, and two pounds of lean beef, in thin flices, lay it in a ftew-pan with one carrot, one turnip, one onion, and a bunch of fweet herbs, fome whole black and clove pepper, fet it on the fire to brown; have ready three quarts of boiling water, and when the bottom of the ftew-pan is quite brown (but not burnt), put in your water, and let it fimmer flowly for one hour and a half, then ftrain it, and keep it for ufe in a cool place.

TO MAKE WHITE GRAVY.

Put two pounds of a leg of veal into a ftew-pan, fet it on the fire to draw for ten minutes, but do not let it brown, add to it two quarts of water or broth, fome carrots, turnips, one onion, and a bunch of fweet herbs, fome whole pepper, mace, and cloves; fet it on the fire, and let it ftew for two hours, then ftrain it, and keep it for ufe in a cool place.

TO MAKE CULLIS.

Take two pounds of a leg of veal, one pound of ham cut in flices, and an old hen, four large onions, two turnips, two carrots, a bunch of fweet herbs, and a little cellery, fome black and clove pepper, and mace, and fet them on the fire to draw; let your flew-pan be quite brown, but not burnt, add to it three quarts of boiling water, let it flew flowly for two hours, thicken it up with two fpoonfuls of flour mixed with water, let it fimmer for five minutes, pafs it through a ftrainer with a wooden fpoon, fet it in a mug, and keep it for ufe in a cool place.

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SAUCE FOR A GREEN GOOSE.

Pound a handful of green wheat in a mortar, fqueeze the juice through a fieve into a ftew-pan, add a piece of fugar, and pour it to a quarter of a pint of thick melted butter, make it quite hot, add to it a quarter of a pint of green goofeberries fealded, and ferve it up in a boat. If you have no wheat, green it with fpinnage juice.

SAUCE FOR ROASTED VENISON OR HARE.

Take a little red wine and water, a flick of cinnamon, a blade of mace, and a little grated white bread; let it flew a little, add a bit of fugar, and ferve it up in a boat.

CURRANT JELLY SAUCE FOR VENISON.

Put half a pound of currant jelly in a ftew-pan, with two tea-cups full of red wine; let it boil for five minutes, ftirring it all the time, pour it into a fauceboat, and ferve it up hot.

CRAVY SAUCE FOR VENISON AND WILD FOWL.

Put half a pint of brown gravy into a ftew-pan, peel five fhalots, cut them very fine, and put them into the gravy with two tea-fpoons full of vinegar to give it a fharp taffe, a little pepper and falt, put it into a boat, and ferve it up hot.

APPLE SAUCE FOR A STUBBLE GOOSE, OR ROAST PORK.

Pare fix apples, cut them into flices, and put them

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into a fauce-pan with fome water, fet them on the ftore to ftew gently; when they are tender, bruife them, add a little butter and fugar, ftir them, put them into a fauce-boat, and ferve it up hot.

SAUCE FOR A HARE.

Chop two fpoonfuls of capers very fine, put them into a ftew-pan with half a pint of brown gravy, a fpoonful of foy or catfup, and a fmall piece of anchovy; let it fimmer, add a little Cayenne, and thicken it up with butter and flour. When your hare is roafted, difh it up with the fauce under it.

SAUCE FOR ROASTED RABBITS.

Take their livers, cut off the gall, and boil them with a little parfley for one quarter of an hour, cut the parfley by itfelf, and the liver by itfelf; mix them together with fome good melted butter. When your rabbits are roafted, difh them up with your fauce under them.

SAUCE FOR BOILED CARP OR TENCH.

Take half a pint of gravy, and two tea-cups full of red wine, two anchovies washed and chopped, two onions fluck with cloves, and a bit of horse radish; let it fimmer for a quarter of an hour, thicken it up with fix ounces of butter and a little flour, put it into a boat, and ferve it up.

ENDIVE SAUCE FOR A BOILED TURKEY.

Cut the white of four heads of endive fmall, and wash them clean; put a piece of butter into a stewpan, when it is hot, put in your endive, set it on the ftove to fimmer for à quarter of an hour, put to it half a pint of gravy, let it ftew till tender, thicken it up with a little butter and flour, put it into a fauce-boat, and ferve it up.

TO MAKE ANCHOVY SAUCE.

Wafh two anchovies clean, ftrip them from the bone, chop them very fine, put them into a ftew-pan, with a tea-cup full of brown gravy, a quarter of a pound of fresh butter, some flour, a little lemon juice, a spoonful of soy, a bit of horse radish; set it on the fire, and stir it all the time till it boils, take out the horse radish, pour it into a boat, and ferve it up.

LOBSTER SAUCE.

Crack the fhells of a boiled lobfter, take out the meat, and cut it into dice half an inch fquare, put it into a flew-pan; if there is any fpawn, pound it in a mortar, and put it to it; add fix ounces of fweet butter, with a little flour, fome gravy, a little juice of lemon, an anchovy, and a tea cup full of the liquor in which the fifh was boiled, a blade of mace, and a little Cayenne; boil them one minute, and ferve them up in a fauce-boat.

OYSTER SAUCE.

Open fixty oyfters, put them into a flew-pan, fet them on the fire, and boil them for ten minutes, pour the liquor clear from the fediment into a flew-pan; beard and wafh your oyfters clean, and put them to it, add fix ounces of butter a little flour, and a little lemon juice; fet it on the fire, and flir it till it boils, pour it into a fauce-boat and ferve it up, or pour it over boiled turkeys or fowls.

SHRIMP SAUCE.

Pick one gill of fhrimps, wash them clean, put them into a stew-pan, with one anchovy cut very fine, a tea-cup full of gravy, a quarter of a pound of butter, with a little flour and some lemon juice; fet it on the fire, stir till it boils, put it in a fauce-boat, and ferve it up.

Muffel and cockle fauce are made the fame way.

AN ITALIAN FISH SAUCE.

Take two tea-cups full of white veal gravy, add one fpoonful of capers chopt fine, two flices of horfe radifh, one onion, two cloves, and a quarter of an anchovy; fet them on the fire, add a quarter of a pound of butter, and a little flour; let it just boil, put it into a fauce-boat, and ferve it up.

EGG SAUCE FOR SALT FISH.

Boil fix eggs hard, chop them, put them into half a pound of melted butter, let it just boil, put it into a boat, and ferve it up.

ONION SAUCE FOR BOILED RABBITS OR TURKEY.

Peel eight large onions, and boil them in two waters, with a little milk to keep them white; when they are quite tender, take them off and fqueeze the water from them, chop them fine, put them into a ftew-pan with a quarter of a pound of butter melted, and a tea-cup full of thick cream, with a little falt;

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when it just boils, take it off, and pour it over your rabbits, turkey, or boiled veal.

BREAD SAUCE.

Put the crumbs of a halfpenny roll into a fauce-pan with fome water and fome pepper-corns, one onion cut in flices, two ounces of butter; let it boil till the bread is foft, beat it up, and add three fpoonfuls of thick cream to make it white, let it just fimmer, pour it in a boat, and ferve it up. 'This is a proper fauce for roaft turkey, pheafant, or partridge.

CELLERY SAUCE TO PUT UNDER ROAST MUTTON.

Take the white ends of cellery, cut in lengths one inch and a half, let it fimmer in boiling water for ten minutes, take it out and put it into a ftew-pan with half a pint of brown gravy, let it ftew till tender, add a little pepper and falt, put it into your difh under roaft mutton or veal.

CUCUMBER SAUCE.

Take fix large cucumbers, fplit them down the middle, and take out the feeds, cut them in lengths of one inch, and half an inch broad, add two onions cut fmall, then put a piece of butter into a ftew-pan; when it is hot, put in your cucumbers and onions, fry them for ten minutes, duft in a little flour, pepper and falt to your tafte, add half a pint of brown gravy, let them ftew till tender, fkim off the fat, and ferve them up hot in a fauce-boat, or in a difh under roaft mutton or veal.

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ROE BOAT SAUCE.

Cut fix large onions in fmall dice, then put three ounces of butter in a large flew-pan; when it is hot, put in your onions, let them fry till they begin to grow brown, then duft in a little flour, and add half a pint of brown gravy; let them flew till tender, and fkim off the fat; add a tea-fpoonful of made muftard, and a little pepper and falt to your tafte. This is an excellent fauce to turkey legs, broiled pig's ears, and neat's feet.

WHITE CELLERY SAUCE.

Take the white heads of cellery, cut them in fmall pieces one inch long, give them a boil in fome water and a little milk, to keep them white; ftrain them from the water, and put them into a ftew-pan with half a pint of white veal gravy, and let them ftew till tender; add half a pint of thick cream, thicken it with a quarter of a pound of butter rolled in flour, let it juft boil, take it off, and fqueeze in a little juice of lemon, and add falt to your tafte. This is a good fauce for a boiled turkey or fowl, when you can get no oyfters.

SAUCE FOR BOILED CHICKENS.

Boil one of the livers of your chickens, cut it in pieces as big as a white pepper-corn, put it into a flew-pan with three thin flices of lemon cut the fame way, add a little white gravy, thicken it up with a quarter of a pound of butter and a little flour. When your chickens are boiled, put them into a difh, and pour your fauce over them.

CHESNUT SAUCE.

Roaft two dozen of chefnuts, peel off the fkin, put them into a little white gravy; let them ftew flowly on a ftove for half an hour, then pour in a quarter of a pint of melted butter, add a little fugar, and ferve it up hot.

SORREL SAUCE FOR TURBOT OR FRICANDOE.

Pick two handfuls of garden forrel, wash it clean, boil it for four minutes in water, strain it off, and prefs the water from it; chop it fine, and put it into a stew-pau, with a piece of butter, a little flour, two tea-cups full of gravy, and a little pepper and falt, set it on the fire, and let it stew for ten minutes, stirring it all the time; pour it into a boat, and serve it up with boiled turbot. This fauce is proper to put in a dish under fricandoes.

WHITE SAUCE FOR SALT FISH.

Put half a pint of cream into a ftew pan, let it boil for ten minutes, throw in a little parfley fhred fine, and a pièce of butter and flour to thicken it; boil it five minutes, ftirring it all the time. When your falt fifh is boiled, lay it in your difh, with this fauce over it, and ferve it up hot for a first courfe.

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OBSERVATIONS ON MADE DISHES.

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Be careful to have your ftew-pan well tinned, and quite clean; let every ingredient be put into your white fauce, and properly ftewed, before you put in your eggs and cream : you muft not put your ftew-pan down upon the ftove, for it will make your fauce curdle, but hold it at a diftance over your ftove, and keep fhaking it one way till it fimmers; but do not let any difh boil after the eggs and cream are in, or it will fpoil it.

In difhes made with brown gravy, take care that no fat is on the top, but fkim it clean off, and let it be of a fine brown, and have a good, agreeable, relifning tafte, but not for one ingredient to predominate over another. When wine and anchovy are ufed, they muft be put in fome time before your difh is enough, that it may take off the rawnefs.

When you use fried force-meat balls, do not boil them in your gravy, for it will give a greefy look and tafte. The best way is to drain and keep them hot before the fire, and put them amongst your meat when you dish it up.—You may use as a faragus heads, artichoke bottoms, morells, truffels, mushrooms, and force-meat balls in all made disses. The cook may leave out any of these ingredients, which are not agreeable to the family tafte.

A FRICASSEE OF ON FALATES.

Take eight palates, wash them clean, put them into a stew-pan, with as much water as will cover them, let them stew gently for three hours, take them up, and ftrip off the fkin, cut them in fmall pieces two inches long, feafon them with mace, nutmeg, pepper, falt, and a little Cayenne; have ready half a pint of good veal gravy, with a few force-meat balls and pickled mufhrooms, thicken it up with butter and flour; put in your palates, let them ftew five minutes, add the yolks of two eggs, mixed with a tea-cup full of cream and a little juice of lemon; let them be quite hot, but not boil, or your fauce will curdle, put them in your difh, and ferve them up hot.

AN ENTRY OF OX PALATES.

Take ten ox palates, falt them for three days, boil them till they are tender, ftrip off the fkin, lay them flat upon a table, fpread over them fome veal forcemeat, roll them up tight, and cut them even at each end, put in a fmall fkewer to keep them together, do them over with the yolk of an egg, and crumb them with bread, fry them in hog's lard of a nice light brown, lay them in your difh, and ferve them up hot, with half a pint of thickened gravy under them.

AN ENTRY OF HAM AND VEAL.

Cut ten flices of a fillet of veal as large as your hand, flat them with a cleaver, feafon them with parfley, fweet herbs, and fhalot fhred fine; cut five flices of ham not quite fo large as your veal, dip them in beaten eggs, and lay one flice of ham between two flices of veal; lay them in a ftew-pan with fome flices of bacon under and over them; put to them fome gravy, two glaffes of white wine, a bunch of fweet herbs, and a little juice of lemon; fet them to ftew till tender; when done, take them carefully out, that you may not part the veal from the ham, lay them in a difh, ftrain the liquor into a clean ftcw-pan, fkim off the fat, thicken it up with a little butter and flour, let it boil, pour it into your difh, and ferve it up hot for a fide difh.

AN ENTRY OF SEA DUCK.

Let your duck be clean picked and drawn, take the liver and fhred it fine, with a little fat bacon fcraped, pepper, and falt; mix it well, and put it into the belly of the duck, fkewer and fpit it, lay it down to roaft, put into the dripping-pan half a pint of white wine, a piece of butter, fome rochambles and fhalot fhred fine, and a little pepper and falt; duft your duck with flour, and bafte it with the wine and butter till done, flice it down the breaft, crufh it, lay it in your difh, and pour your wine and butter that are in the dripping-pan over it: if not enough, add a little gravy, and ferve it up hot.

BEEF COLLOPS.

Cut them off a rump of beef, hack them with the back of a knife, feafon them with pepper and falt and a little fhalot fhred fine; put a piece of butter into a ftew-pan, lay in your collops, ffy them over a quick fire; when done, lay them in your difh, put a little gravy into a ftcw-pan, with a little butter and flour, two fpoonfuls of catfup, and fome girkins cut in flices, fet it over the fire to boil, pour it on your collops, and ferve them up hot.

MUTTON COLLOPS.

Pick the fkin and finews off the mutton, cut it in thin round pieces the bignefs of a crown, feafon them with pepper, falt, and fome fmall green onions fured; put a piece of butter into a flew-pan, lay in your collops, fet them over a quick fire, and flir them with a fpoon till done; put them in the difh in which you intend to ferve them up, put a little gravy into your flew-pan, a little fhalot fhred fine, with fome butter and flour; fet it on the flove to boil, pour it over your collops, and ferve them up hot for a fide difh.

TO MAKE SAUSAGES.

Take two pounds and a half of the fat of pork, and two pounds of the lean, mince it fine, feafon it with pepper, falt, mace, parfley, and fage flired fine, mix all well together, with fome crumbs of bread, let it be pretty high feafoned, and your guts be very clean; fill them, tie them in links, and keep them in a dry cool place for ufe.

TO FRY SAUSAGES.

Put a piece of butter in a ftew-pan, cut the faufages in fingle links, and fry them of a nice light brown. You may make a difh of them for a fecond courfe; or you may lay them round a roaft turkey, or a fowl, or with poached eggs, and a butter toaft under them.

TO RAGOO PIGEONS.

Trufs four pigeons as for boiling, feafon them with pepper, falt, and mace, make a force-meat of the liver, a little fat bacon fhred fine, pepper, falt, and the yolk of an egg; mix all together, and ftuff it into the bellies of your pigeons, then put them into a ftew-pan, with a quarter of a pound of butter, let them fry a little, but not to brown, dredge in a little flour, and add one pint of good gravy; let them ftew till they are tender, then add the yolks of fix hard eggs, fome truffels and morells, with a little Cayenne; fkim it well, and add one anchovy fhred, a little catfup, fome force-meat balls, two fpoonfuls of Madeira or red wine, and a little juice of lemon; let it fimmer ten minutes, put them in a difh, and ferve them up hot for a firft courfe.

PIGEONS WITH GREEN PEASE.

Pick and finge your pigeons, draw them, feafon them with pepper and falt, ftuff them with fome veal force-meat, and fome ham cut in dice; put them in a ftew-pan with a lump of butter, and fet them over the fire for five minutes, ftirring them all the time; duft on them a little flour, and put to them fome good gravy and a pint of young green peafe; let them ftew till tender, and ferve them up hot for a fide or corner difh.

AN ENTRY OF FIGEONS WITH ASPARAGUS.

Pick, finge, draw, feafon, and ftuff them as above, put them into a ftew-pan with a lump of butter and a little flour, fet them over the fire for five minutes, put to them fome veal gravy, fet them on to ftew; have ready the green tops of alparagus cut as fmall as green peafe, blanch them and put them to your pigeons, let them ftew till tender, take out your pigeons, and lay them in a difh; thicken up your fauce with the yolks of two eggs, and two tea-cups full of thick cream, let it juft fimmer, but not boil, pour it over your pigeons, and ferve them up hot for a fide or corner difh.

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AN ENTRY OF PIGEONS WITH OYSTERS.

Take young pigeons and draw them, take their livers, mince them with fome green onions, mufhrooms, parfley, and fweet herbs very fmall, add fome fcraped bacon with a lump of butter, mix it all well together, and put it into the bellies of your pigeons, tie the feet flat down upon the breaft, with a thin flice of bacon on them; fpit them, roaft them, and ferve them up with ftewed oyfters under them for a corner or fide difh.

PIGEON3 IN SCALLOP SHELLS.

Take four young pigeons, pick and gut them, cut off the heads, trufs the legs into the body, put them into a ftew-pan, with a flice of bacon and lemon, pepper, falt, fweet herbs, a glafs of white wine, a little gravy, a fweet-bread cut in dice, a few mufhrooms and truffels; let them ftew till tender, take out the bacon and herbs, and fkim off the fat; add to it a little butter and flour and a fpoonful of Indian foy, let it just fimmer; have ready four fcallop fhells rimmed with pastc, donc over with egg, and baked in the oven; take them out, and lay a pigeon in each fhell, pour the fauce over them, and ferve them up hot for a fide or corner difh.

PIGEONS IN CUTLETS.

Take four pigeons, pick, draw, and finge them, tuck in their legs as for boiling, cut them in halves, flat them with a cleaver, feafon them with pepper and falt; put a piece of butter into a ftew-pan, with parfley and thyme flored fine, let your butter be juft melted and dip your pigeons in it, crumb them with bread, and broil them on a gridiron over a clear fire, or put them in a baking difh, and fet them in an oven; let them be of a nice light brown, lay them in a difh with a little melted butter and gravy under them, and ferve them up hot for a fide difh.

PIGEONS BROILED.

Pick, draw, and finge them, tuck in the legs as for. boiling, cut off the wings, and fplit them down the back, leaving the breaft whole; do them over with a little melted butter, and feafon with pepper and falt; broil them over a clear, flow fire, and ferve them up hot with parfley and butter.

PIGEONS IN A BRAIZE.

Take four pigeons, pick, gut, and finge them, trufs and lard them with bacon, feafon them with pepper, falt, mace, and fweet herbs; put a little force-meat into their bellies, and put them into a stew-pan, with fome bacon under and over them, a flice of veal, a little broth, one onion, a bunch of fweet herbs, and a little fine fpice; let them ftew till tender, put them upon a fieve to drain the fat from them, then make a fauce for them as follows :--- Cut a veal fweet-bread in dice, put it into a stew-pan with a few fmall mushrooms, fet it on the fire for five minutes, and add to it fome truffels and morells blanched, half a pint of good gravy, one fpoonful of Madeira wine, a little Cayenne pepper; let it stew for fifteen minutes, thicken it up with butter and flour, put your pigeons in your difli, pour your fauce over them, and ferve them up hot for a fide or corner dith of a first course.

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PIGEONS FRICASSEE.

Take four fmall pigeons, gut, finge, and cut them in halves, put them in a ftew-pan with fome cockscombs and ftones and one fweet-bread cut in dice, cover them with milk and water, give them a fcald, drain them, flour them, feafon them with pepper, falt, mace, and nutmeg, then put them into a ftew-pan with a lump of butter, and fet them on the fire for five minutes, ftirring them all the time; moiften them with a pint of veal gravy, add to it a bunch of fweet herbs, with a fpoonful of white wine, and let them flew till tender; thicken them up with the yolks of two eggs, mixt with two tea-cups full of thick cream, a little butter and flour; let it just fimmer, and be of a good tafte, with pepper, falt, and a little lemon juice. Lay your pigeons in a difli, pour your fauce and ingredients over them, and ferve them up for a fide diff.

PIGEONS IN FANCY.

Pick young pigeons, gut them at the neck, finge and wafh them clean, take out the breaft-bone at the neck, and make a fluffing for them as follows :—Take two veal fweet-breads, eight mufhrooms, half a pound of ham, cut them in fmall dice, put it in a ftew-pan with fome bacon fcraped, feafon it with parfley, green onions, fweet herbs, and fine fpice; flir it over the fire for five minutes, then fluff your pigeons with it, lard them with bacon, two rows on each fide of the breaft, and one row of parfley on the breaft; fpit and roaft them, and difh them up with fome gravy or cullis under them.

ENTRY OF PIGEONS SUN FASHION.

Pick your pigeons very clean, draw them, put fome minced chicken into the bellies of them, put them into a ftew-pan with fome bacon under and over them, a few coriander feeds, and fome pepper-corns, add to them one pint and a half of milk; let them boil for fifteen minutes, take them up and dry them, dip them in a batter made of one egg, fome flour, a little fmall beer, and half a glass of oil; fry them in hog's lard, garnish them with fried parsley, and ferve them up hot.

PIGEONS IN A SURTOUT.

Pick young pigeons and gut them, ftuff them with veal force-meat, fome ham, and one fweet-bread cut in dice; let them be well feafoned with pepper, falt, and fweet herbs, cover the breaft of each pigeon with a flice of veal larded, tie it tight on with pack-thread, cover them with a paper, and fpit them; roaft them twenty minutes, difh them up with thick gravy under them, or a cullis, ferve them up hot for a fide difh in a firft courfe, or the head of a table in a fecond courfe.

ENTRY OF PIGEONS IN THE FORM OF A MOON.

Pick four fmall pigeons, gut and finge them, fplit them down the back, put a fmall fkewer into them to keep them open, boil them in water five minutes, take them out and drain them, feafon thení with pepper, falt, mace, and fweet herbs fhred; put in a china difh fome veal force-meat, make it into four round circles the form of a moon, put a pigeon in each circle, and raife the force-meat neatly up round them; put on them fome butter and a little gravy : cut a piece of light · [83]

pafte in the form of a heart, lay it on the breaft of each pigeon, and bake it three quarters of an hour; have ready a falpicon fauce made as follows:—Take a veal fweet-bread and a flice of ham, cut them into fmall dice, put it into a ftew-pan with a piece of butter, add fome fmall mufhrooms, feafon it with pepper, falt, and nutmeg, fet it on the fire for ten minutes, and ftir it all the time, duft in a little flour, add fome good brown gravy and a little lemon juice; let it ftew for fifteen minutes, fkim it, and (when your pigeons are baked) put a little of this fauce into each circle, and ferve them up for the middle of the table.

PIGEONS IN SURPRIZE.

Peel four large cucumbers, and take out the feed at each end, then take four fmall pigeous, pick and gut them, take out the crop, finge them, blanch them inboiling water, feafon them with pepper and falt, draw each pigeon into the infide of the cucumber, with the head and feet out at each end, to fhew they are pigeons; lay fome bacon on the bottom of a ftew-pan, lay in your pigeons with fome bacon on the top of them, put to them a ladle full of broth, and let them ftew for half an hour; take them out, drain them on a fieve, and ferve them up with fome cullis under them, for a fide or corner difh of a first courfe.

A COMPOTE OF PIGEONS.

Take three pigeons, make them clean, tuck in their legs as for boiling, put them into a ftew-pan with a piece of butter, fome carrots and turnips cut in little fhapes, and fome fmall enions, feafon them well with pepper, falt, and mace, then fry them for four minutes, add half a pint of cooly; let them ftew till they are tender, and ferve them up hot for a fide difh in a first course.

TO STEW PIGEONS.

Pick, clean, and trufs four pigeons as for boiling, feafon them with pepper, falt, and mace, put fome veal force-meat into the crops and bellies of them, put them into a flew-pan with as much gravy as will cover them; fet them on to flew till they are quite tender, thicken your gravy with a piece of butter and flour, add to it two tea-cups full of thick cream; let it juft boil, put your pigeons into a difh, and pour your fauce over them.

TO STEW PARTRIDGES.

Pick, draw, and finge your partridges, wafh them⁴ clean, tuck their legs into their bodies, feafon them well (infide and out) with pepper, falt, mace, parfley, and fweet herbs fhred fine, put a piece of butter in their bellies, few or fkewer up the vent, ftuff their craws with force-meat, and lard them down each fide of the breaft with bacon; fry them brown in butter, put them into a ftew-pan with fome good gravy, a bunch of fweet herbs, a little catfup and lemon juice; let them ftew gently for half an hour, or more, if not tender; take them out, lay them in your difh, thicken up your fauce, fkim it clean, ftrain it through a fieve over your partridges, and ferve it up hot for a fide or corner difh of a firft courfe.

ENTRY OF PARTRIDGES.

Take two partridges, let them be clean picked, drawn, and finged, tuck in their legs as above, fplit them down the breast and back, and cut off the

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pinions; feafon them with pepper, falt, and mace, lard them over in rows, and put them into an earthen pot that will just hold them, with five morells stuffed with force-meat; add to them two onions fluck with cloves, and put as much good veal gravy as will cover them; lay a piece of writing paper on the top, and tie them down with brown paper; bake them three quarters of an hour in a moderate oven, take them out, and lay them in a difh, with the morells between them, strain the liquor into a clean stew-pan, skim off the fat, add a piece of butter and flour, let it fimmer. add the yolks of two eggs mixed with two tea-cups full of cream, give it a tofs over the fire, but do not let it boil, or it will curdle; fqueeze in a little juice of lemon, pour it over your partridges, and ferve them up hot for a first course dish.

TO JUG A HARE.

Cut your hare in pieces, feafon it with pepper, falt, mace, and nutmeg, lay it in your jug, with half a pound of fat bacon, one onion fluck with cloves, half a pint of brown gravy, half a pint of red wine, and a bunch of fweet herbs; ftop your jug clofe down, that no fteam may get out, fet it in a kettle of boiling water, let it ftew till tender, ftrain off the liquor, take out the bacon, thicken it with butter and flour, and a little juicc of lemon. When you ferve it up, lay your hare in a deep difh, pour your fauce over it, and garnifh it with lemon.

HARE COLLOPS.

Cafe your hare, cut the meat clean from the back and legs, and cut it in thin flices as you do yeal collops, flat and hack them with a knife, put a piece of butter into a ftew-pan, fet it on the fire; let your collops be well feafoned with pepper, falt, and nutmeg; put them into your pan, fry them a little, but not too much, put to them fome good gravy, a fmall onion, and an anchovy fhred fine, a bunch of fweet herbs, a tea-cup full of red wine, a little juice of lemon, and fome butter and flour; let it fimmer for ten minutes, fkim it clean, put it in your difh, and ferve it up hot for a fide difh.

RABBITS IN SURPRIZE.

Take two rabbits, fkewer up their legs and feet as for boiling, take the meat clean off their backs, and fill up the place with force-meat; do them over with the yolk of an egg, crumb them with bread, and ftrew on them fome parfley flired very fine; put them in a baking-pan with a little gravy, and bafte them with butter, fet them in an oven to bake for half an hour, or more, if large; while they are doing, cut the meat you took off their backs in finall fillets, feafon it with pepper, falt, and nutmeg; put a piece of butter in a ftew-pan with an onion fhred fine, make it hot, put in your fillets and fry them a little; when they are hot through, dredge in a little flour, add to them fome gravy and a little lemon juice, let it fimmer, fkim it clean, add to it two tca-cups full of melted butter, give it a tofs, put it in your difh, lay on your rabbits, garnifh it with flices of lemon, and ferve it up hot.

RABBIT COLLOPS.

Take two good rabbits, cut off the meat and cut it into collops, feafon them with pepper, falt, mace, and nutnicg, duft on them a little flour, put a piece of butter into a flew-pan, with one mufhroom, one fhalot, and

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a little parfley fhred fine; when the butter is melted, put in your collops, and fry them quickly; take them into a difh, put fome good gravy into the ftew-pan, with a little flour and lemon juice, let it boil, fkim it clean, put in your collops, let them be quite hot, but not boil, and ferve them up hot for a fide difh.

TO FRICASSEE RABBITS WHITE.

Cafe two finall rabbits, wash them clean, cut their legs in two pieces each, and their backs in four pieces each, dry them in a cloth, and feason them well with pepper, falt, mace, and nutmeg; put a piece of butter in a ftew-pan, make it hot, put in the rabbits, fet them on the fire ten minutes, and ftir them all the time, but do not let them brown; dust in a little flour, add to them a pint of white veal gravy, let them ftew flowly for half an hour, fkim them, and put in a little flored parfley and the yolks of two eggs, mixed with two teacups full of cream, let it fimmer, but not boil, add a little lémon juice, and ferve it up hot for a corner difh.

TO FRICASSEE RABBITS BROWN.

Take two rabbits, cut and feafon them as above, fry them brown in butter, put them in a ftew-pan with a pint of brown gravy, a bunch of fweet herbs, one onion fluck with cloves, two flices of lemon, and a piece of butter and flour, let them ftew flowly till tender, then take out the herbs and lemon, and add the yolks of two eggs mixed with a little catfup; let it fimmer, give it a tofs, put it in your difh, and ferve it up hot for a corner difh.

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FOWLS A-LA-BRAISE.

Skewer your fowl as for boiling, lay over it fome thin fheets of bacon, put it into a flew-pan that will just hold it, with a little white broth or gravy, two or three blades of mace, two flices of lemon, a bunch of fweet herbs; let it flew till tender, take out your fowl, clean the bacon from it, and lay it in your difh; fkim the fat off the gravy that it was boiled in, add to it thirty oysters, let them fimmer, thicken it up with fome butter and flour, and two fpoonfuls of thick cream; let it fimmer; pour it over your fowl, and ferve it up hot. This is a pretty fide or corner difh.

FOWLS A-LA-FARCE.

Take a large fowl, draw it, cut the fkin down the back, and take it off whole, then take the meat of the breaft, and make it into a force-meat, with a piece of white bread foaked in cream, a little beef fuet fhred very fine, a little parfley and thyme, pepper, falt, and nutmeg, mix it well, and lay the force-meat on the breaft of your fowl, and the fkin over it; few up the back, and fkewer it up as for roafting, lay fome thin flices of bacon over the breaft, and fome paper over it, tie it up tight, fpit it, and roaft it three quarters of an hour. You muft bafte it well with butter when roafting. When done take off the paper, lay it in a difh with half a pint of cooly under it.—This will do for a fide difh of a firft courfe, or a head difh of a fecond courfe.

POLARD BESH-A-MELL.

Cut the breaft of a large cold roaft fow, in long flices, pare them in the form of half a heart, and one flice cut round like a crown piece; put them in a flew-pan, and make a fauce for them as follows :--- Take a pint of cream, boil it till it comes to half a pint; add to it a little gravy, pepper, falt, and nutmeg, a bit of butter and flour, let it fimmer, ftrain it to your fowl, fet it on a flow fire, and make it hot; add a little juice of lemon; lay them neatly in your difh, with the narrow points in the middle, and the round piece on the top; pour the fauce over, garnifh it with lemon, and ferve it up hot for a fide difh in a firft courfe.

TO DRESS A COLD ROAST FOWL ANOTHER WAY.

Cut in flices the breaft of a cold roaft fowl, the form of a large diamond, and one flice cut round as above, feafon it with pepper, falt, and mace, put it in a ftew-pan with half a pint of cullis, a few pickled mufhrooms, and a little India foy; let it fimmer for ten minutes, then difh them up as above, pour the fauce over them, and ferve them up for a fide difh.

DEQUES DE POLARD, AL UN FANCH HERBE.

Take the legs of three large fowls, take out the bones, ftuff them with force-meat, feafon them with pepper, falt, and fweet herbs, put them into a ftewpan with fome carrots cut in dice and a little gravy, let them ftew till they are tender, add a few fmall onions boiled tender, and a little lemon juice; let them fimmer together, and ferve them up with carrots, and turnips cut in birds. If not ufed, do them over with egg, and crumb them with bread, parfley, and fweet herbs; broil them, and ferve them up another day with gravy and butter under them.

ILLERONS DE POLARD.

Take the pinions of fowls, put them in a ftew-pan,

with fome bacon under and over, and a little broth; let them flew till tender, then make a fauce for them as follows:— Fake a pint of fmall mufhrooms, give them a boil in milk and water, then drain them, and put them in a flew-pan with half a pint of cullis and a fweet-bread cut in dice, feafon them with pepper, falt, and mace, let them flew for fifteen minutes; then drain your pinions clean from the bacon, lay them neatly in your difh, pour your fauce over them, and forve them up for a fide difh.

FOE GRAW.

Put the livers of fix large fowls into a ftew-pan, with a piece of butter, a little parfley and thyme fhred fine, a little nutmeg, pepper, and falt, fet them on the ftove for ten minutes, make fix cafes of white pepper (the fame as for Naples bifcuit), butter them, and put into the bottom of them fome veal forcemeat, then put in your livers, one in each cafe, fome crumbs of bread on the top, and fome bits of butter; bake them in a flow oven for fifteen minutes, and brown them over with a falamander; when they are done, put a fpoonful of gravy into each of them, and ferve them up hot for a fecond courfe.

A PORCUPINE OF BREASTS OF FOWLS.

Take the breafts of two large fowls, lard them neatly in rows with green pickles and bacon, feafon them with mace, cloves, nutmeg, pepper, and a little falt, put them in a pot that will just hold them, with fome bars of bacon under and over them, two flices of lemon, two onions, a bunch of fweet herbs, and a pint of good veal gravy; fet it to flew flowly for half an [91]

hour, then take out the breafts and lay them neatly in a difh; ftrain the liquor into a ftew-pan, fkim off the fat, add a piece of butter and flour, with a few fmall leaves of parfley; let it just boil, pour it over your fowl, and ferve it up for a corner difh of a first courfe.

You are to obferve, that you may make four different diffes out of three large fowls :— The first is made of the legs, the fecond of the pinions, the third of the livers, and the fourth of the breasts. The back-bones may be put among the gravy, fo that nothing is lost; and follow your receipts for them.

A FOWL RESTORANT.

Draw a large fat fowl, finge it, feafon it with pepper, falt, mace, and nutmeg, ftuff the infide and crop with veal force-meat, fkewer and roaft it three quarters of an hour at a good fire, and bafte it well with butter; when done, lay it in your difh with half a pint of cullis under it, garnifh it with flices of lemon, and ferve it up hot for the head of a fecond courfe.

A PEREGOE TURKEY.

Take a turkey of eight pounds weight, draw and finge it, feafon with pepper, falt, mace, thyme, and fwcet marjoram fhred fine; ftuff the crop and belly with veal force-meat, and trufs it up as for roafting; cut a flit down each fide of the breaft, fill it full of green truffles cut in flices, put it into a deep difh, and pour over it a pint of Madeira wine, with a little Cayenne pepper in it; let it lie all night in it,—the next day fpit it, butter a piece of paper well, and tie it on the breaft to keep in the truffles; roaft it one hour and a half, bafte it a little with the wine, then take the wine, and put it in a ftew-pan with fome good brown gravy, a quarter of a pound of butter, a little flour, a little India foy, or catfup, fome lemon juice, and three blades of mace, and let it fimmer a little; bafte your turkey with butter, and when it is done, lay it in a difh, take the paper off, and pour the fauce over it for a firft courfe.

You may do fowls or chickens the fame way.

TO FRICASSEE CHICKENS.

Cut two fmall ehickens in pieces, put them into a ftew-pan with a piece of butter and a little flour, fet them on the fire for fix minutes, ftirring them all the time, but do not let them brown, then put in fome good white gravy, with a little parfley and one onion, let it ftew till tender, with a blade of mace, pepper and falt to your tafte; then mix the yolks of two eggs with a little cream, put it into your chicken, let it fimmer, but not boil, fqueeze in a little lemon juice, put them in a difh, and ferve them up hot for a fide difh in a firft courfe.

CHICKENS AND PEASE.

Take two fmall chickens, put them into a braife of fat bacon, with a little broth and a blade of mace, let them flew gently for half an hour, take them out, wipe them clean, and lay them in your difh; have ready a fauce made with half a pint of good white gravy, a little good cream, and half a pint of green peafe boiled tender; thicken it with a piece of butter and flour, let it fimmer, pour it over your chickens, and ferve them up hot for a fide difh.

CHICKENS AND FARSLEY ROOTS.

Cut fix parfley roots into fillets one inch long, and fmall, put them into a ftew-pan with a pint of white gravy, let them ftew till tender, add to them two tea-cups full of thick cream, a quarter of a pound of butter, a little flour, with pepper and falt to your tafte; have ready two fmall chickens boiled in milk and water for fifteen minutes, draw them, lay them in a difh, pour the fauce over them, and ferve them up hot for a fide or corner difh in a firft courfe.

CHICKENS A-LA-DUCHESS.

Take two chickens, draw and fplit them, bone them all but the pinions, and leave the feet on; flat them with a cleaver, feafon them with pepper, falt, and mace, a little parfley, two fhalots, and two mufhrooms fhred fine; put a piece of butter in a ftew-pan, and fry them a little, add to them a pint of gravy and a little lemon juice; let them ftew for half an hour, put to them a quarter of a pound of butter and a little flour, let it juft boil, lay your chickens in a difh, pour your fauce over them, and ferve them up for a fide or corner difh.

DUCKS A-LA-BRAISE.

Pick and finge your duck, lard it with fat bacon rolled in fhred parfley and thyme, feafon it with pepper, falt, and mace, lay it in a ftew-pan with fome flices of bacon at the bottom, a piece of veal, and a bit of ham, add to it one pint of good gravy or broth, one turnip, one carrot, and one onion, with a little bacon over the top; cover it clofe down, and let it ftew till tender, which will be near an hour; chop fome

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girkins, capers, fhalot, and one anchovy, put them into a ftew-pan, and ftrain the gravy from the duck into them; let them boil, fkim off the fat, lay your duck in a difh, and pour your fauce over it.—If your duck is fmall, you must have two; if large, one will make a fide difh.

DUCK PIE.

Boil half a pound of butter in a little water, put it into two pounds of fine flour, make it into a pafte; let it cool, then raife your pie bone, two fine ducks, feafon them with pepper, falt, and mace, put the one in the other, and lay them in your pie, with fome butter and gravy; clofe it up, and ornament it neatly, —bake it two hours: it is good hot or cold.

CHICKEN PIE.

Make the fame cruft as for the duck pie; when it is raifed, put in four little chickens well feafoned with pepper, falt, and mace, and fome butter and gravy, with eight force-meat balls and the yolks of fix hard eggs; lid your pie, ornament it neatly, bake it two hours, and ferve it up hot.

DUCKS AND GREEN PEASE.

Half roaft your ducks, put them into a ftew-pan, with a pint of gravy, a cabbage lettice cut fmall, and a little pepper and falt; boil a pint of green peafe tender, put them to your ducks, let them ftew for a quarter of an hour, then thicken up your gravy, lay your ducks in a difh, pour your fauce over them, and ferve them up hot. This is a pretty first course difh.

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BEEF OLIVES.

Cut fome flices off a rump of beef, fix inches long and three inches broad, flat them with a cleaver, and rub them over with the yolk of an egg, feafon them well with pepper and falt, fpread over them fome veal force-meat, roll them tight up, put a fmall skewer in them, and cut them even at each end; cut fome fmall pieces of bacon, and lard them in rows, put them in a baking-pan with a tea-cup full of water or broth under them, and while they are baking, make a fauce for them as follows :- Put fome brown gravy in a ftewpan, with a spoonful of catfup, a little Cayenne, a few pickled mushrooms, and a piece of butter and flour; let it fimmer, take out your olives, and lay them in a difh. If any liquor be in the baking-pan, pour it to your gravy, fkim it clean, pour it over your olives, and ferve them up for a fide difh.

BEEF A-LA-MODE.

Take a fmall round of beef, lard it with fat bacon, feafon it with pepper, falt, mace, and fweet herbs, bind it tight with coarfe tape, put it in a ftew-pan with two quarts of broth or gravy; let it ftew till tender, lay it in your difh, and pour the liquor over it. You may ferve it up hot or cold.

BEEF STEAKS ROLLED, WITH MORELLS STUFFED.

Cut fix beef steaks off the rump, pretty large, flat them with a cleaver, and make a force-meat for them as follows:—Take a quarter of a pound of pith marrow out of the back-bone of veal or mutton, flured it fine, add to it fome fweet herbs, half an anchovy, a

fmall onion fhred fine, and fome bread crumbs, mix it all well together with the yolks of two eggs; feafon your fteaks with pepper, falt, and fweet herbs, pretty high, fpread on your force-meat thin, roll them up tight, wrap them in thin lards of bacon, tie them round with a pack thread, cut them even at each end, and put them in a ftew-pan with a thin flice of bacon under them; put to them fome good gravy, add four morells scalded and washed clean in hot water, and ftuffed with force-meat, the fame as you did your fteaks with; ftew them till they are tender, take them out, take off the pack-thread and bacon, and lay them in a difh, with the morells between them; fkim the fat off the gravy, add to it a piece of butter and flour, two fpoonfuls of catfup, a little Cayenne, and two pickled girkins cut small; let it just boil, pour it over your fteaks, and ferve them up hot for a fide or corner difh.

BEEF TROM-BLANCH.

Take eight pounds of a brifket of beef, crack the bones fhort, wafh it, put it into a pot that will juft hold it, add to it two carrots, two turnips, two parfnips, fix onions, fix heads of cellery, two leeks, a bunch of fweet herbs, one quart of water, a flice of lemon, and three fpoonfuls of vinegar; fet it on the fire to ftew gently for fix hours, and make a fauce for it as follows:—Cut one turnip and one carrot in dice, two dozen of fmall onions, and two fpoonfuls of fmall capers, put them into a ftew-pan with a piece of butter, fet it to fry for ten minutes, duft in a little flour, moiften it with a little gravy; when your beef is done, put it into a foup-difh, and ftrain the liquor into the fauce,—fkim off the fat, thicken it up with butter and flour, feafon it with pepper and falt to your tafte, lct

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it fimmer, pour it over your beef, and ferve it up hot to remove foup or fifh, or for the middle of the table.

HOTCH-POTCH, AS MADE AT ARTHUR'S.

Take fix pounds of a brilket of beef, cut it into eight fquare pieces, put it into a pot with fix quarts of water, a piece of ham, and a forag of mutton, with a fmall knuckle of veal; let it boil, fkim it clean, add fome whole pepper, a little mace, four large onions, three carrots, three turnips, and two leeks, letting it ftew till your beef is tender; cut two carrots and two turnips in shapes of dice, put them into a stew-pan with a piece of butter, and two dozen of fmall onions peeled; let them fry for fix minutes, then strain in two ladles full of your broth, let them ftew till your roots are tender, strain in the remainder of your broth, fkim it clean, and put in your beef; let it fimmer, and ferve it up hot in a tureen or foup difh. If any is left, you may warm it, and ferve it up hot the fecond or third day.

SCARLET BEEF.

Take a piece of brifket beef, rub it well with one ounce of falt-petre, half an ounce of bay falt, and a fmall handful of common falt, let it lie for a week, turning it every day, and rubbing it with the brine; lap it in a coarfe cloth, dig a hole in the earth, and lay it in, and cover it for four days and nights; then take it up, take off the cloth, and wafh it, put it into a ftew-pot with two quarts of water, fome fwect herbs, two onions, two carrots, and fome whole pepper; let it ftew till tender, take it out and put it in a foupdifh, ftrain the liquor into a ftew-pan, fet it on a ftove to boil, and fkim off the fat; lay round your beef fome

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Savoy greens boiled tender, pour your liquor over it, and ferve it up hot. If there is any left when it comes from the table, fet it by to cool, and ferve it up in flices (the fame as ham), garnifhed with parfley, for either dinner or fupper.

BEEF STEAKS A-LA-MODE.

Take three flices of a round of beef, hack them with the back of a knife, feafon them with pepper, falt, and one onion fhred fine, lay them into a flewpan with fome flices of bacon under and over them, and a piece of butter; fet it on a flow fire to flew for a quarter of an hour, add to them one pint of brown gravy, a few pickled mufhrooms, a cucumber, a fewmorells, and two fpoonfuls of red wine; let them flew till your fleaks are tender, take out your bacon, fkim off the fat, thicken it up with butter and flour; lay your fleaks neatly in a difl with fome fippets of bread round them, pour your fauce over them, and ferve them up hot for a third courfe.

BEEF STEAKS WITH STEWED CUCUMBERS.

Pare four large cucumbers, take out the feed, cut them in flices one inch long and half an inch broad, put them into a flew-pan with four onions cut in dice, and a piece of butter, fry them till brown, duft in a little flour, add a pint of gravy; let them flew till tender, fkim off the fat, then cut fix fleaks off a rump of beef, beat them a little, feafon them with pepper, and falt, fry them quick in butter; when done, put them in a difh, pour your fauce over them, and ferve them up for a fide difh. If you put them in among the cucumbers to flew, it makes them hard.

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TO ROAST A CALF'S HEAD.

Take a calf's head with the fkin on, fcald it, take off the hair, clean it, fplit it, and take out the brains, tongue, and fuivel-bones; wash the head clean, dry it with a cloth, and make a ftuffing for it as follows :---Boil the tongue and take the fkin off it, fhred it very fine, add the brains to it, and the crumbs of a French roll foaked in cream, half a pound of fuet, with parfley and thyme fhred fine, pepper, falt, and nutmeg; mix it all well together with the yolks of four eggs; ftuff the part where the tongue and brains were taken out, fkewer and tie it up tight with a piece of paper over it, lay it down to roaft for one hour, bafting it often with butter; take off the paper; bafte it, and ftrew on fome crumbs of bread and parfley; when of a nice brown, take it up, lay it in your difh, and make a fauce for it as follows :- Take fome oyfters, either pickled or unpicked, put them into a flew pan with half a pint of gravy, let them fimmer flowly for fifteen minutes, add to it fix ounces of butter, with a little flour. Pour it into your difh with the head, and ferve it up hot for a first course.

A CALF'S HEAD A-LA-TURTLE.

Take a calf's head with the fkin on, clean it as you do calves' feet, put it into a pot and boil it till tender, then fet it to cool; cut it in pieces about the bignefs of a walnut, put it in a ftew pan with a quart of brown gravy, one anchovy, fome India foy, Cayenne pepper, falt, mace, one onion ftuck with cloves, two beef palates ftewed tender and cut in fhreds, fome force-meat balls, truffles and morells, and two veal fweet-breads cut in dice; let all ftew together ten minutes, then thicken it with butter-and flour, add a

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quarter of a gill of Madeira wine, the juice of half a lemon, with fix yolks of hard eggs; let it boil flowly for fifteen minutes, then ferve it up for a first course.

TO MAKE A CALF'S HEAD HASH.

Wafh and make it very clean, let it boil till tender, cut one half of it in pieces as big as a nutmeg, put it in a ftew-pan with fome good brown gravy, half an anchovy, three blades of mace, a few mufhrooms, a few force-meat balls, fome hard eggs, a little-India foy, and Cayenne pepper; ftew it a little, thicken it with a little butter and flour, fqueeze in a little lemon juice, let it fimmer, then put it in your difh. The other half of the head muft be crumbled and boilcd, laid on the top of the hafh, and ferved up for a first courfe.

A CALF'S HEAD IN SURPRIZE.

Take a calf's head with the fkin on, clean off the hair, take a fharp-pointed knife, begin at the neck end, take out the bones from the flefh, keeping the fkin and flefh quite whole, and leave the tongue in; wafh your head clean, and make a force-meat as follows: — Take half a pound of fat bacon fcraped, half a pound of fuet fhred fine, one pound of bread crumbs, a little nutmeg, pepper, falt, mace, fome parfley and thyme fhred fine, the yolks of five eggs, and three fpoonfuls of cream; mix them well together, put a little into the cars, and ftuff the head with the remainder; leave the tongue two inches out of the mouth; put it into a pot that will juft hold it, with three pints of white gravy, a little white wine, one anchovy, a little mace, a bunch of fweet herbs, with a little pepper and falt; ftopit clofe down to keep in the fteam, bake it one hour, or till tender, then take it out and lay it in your difh; ftrain your gravy into a ftew-pan, and fkim off the fat, thicken it with a piece of butter and flour, let it just boil, and add the yolks of four eggs mixed with a little cream, let it fimmer, add to it fome pickled mushrooms, and a few force-meat balls boiled. Pour it over the head, and ferve it up hot for the middle of the table.

TO PORCUPINE A BREAST OF VEAL.

Bone a breaft of veal, lay it flat on a table, feafon it with mace, nutmeg, pepper, falt, thyme, and parfley thred fine, lay over it fome veal force-meat and ham cut in dice, roll it up tight, skewer it at each end and the middle, then lard it with fat bacon, lean ham, pickled cucumbers, and kidney beans, each cut two' inches long, and larded in rows; put it into an earthen pot with a pint of gravy, cover it clofe, and bake it one hour and a half; take out the yeal, lay it in your difh, ftrain the gravy into a ftew-pan, put in a little white wine and catfup, thicken it up with a little butter and flour; have ready fried fome forcemeat balls and one fweet-bread cut in dice, put it into your fauce, fet it on the fire, let it fimmer, fkim it, pour it over your porcupine, and ferve it up hot for a first course.

TO RAGOO A BREAST OF VEAL.

Lard a breaft of veal with bacon, feafon it with fpice and pepper, fet it to the fire and half roaft it, then put it in your flew-pan with a pint and a half of gravy, and a few truffles and morells; let it flew for half an hour, add fome hard eggs, fome force-meat balls, a little Cayenne pepper, and falt to your tafte, a

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ittle anchovy, a little lemon juice, and a little butter and flour; let it fimmer, fkim off the fat, and ferve it up for a first courfe.

TO STEW A BREAST OF VEAL AND PEASE.

Cut the veal in pieces as big as your hand, put it into a ftew-pan with fome good gravy, one quart of green peafe, and three cabbage lettices; let it ftew for one hour, and ferve it up.—You may do ducks the fame way.

A BREAST OF VEAL FRIED.

Put your breaft of veal in a braife, let it flew for three quarters of an hour; take it out, cut it in two the long way, marinate it with pepper, falt, onions cut in flices, bay leaves, bafil, flices of lemon, parfley, and vinegar; let it lie in that liquor two hours, then take it out, drain it, dry it with a cloth, dip it in beaten eggs, flrew it with fome crumbs of bread, fry it in hog's lard, give it a good colour, and ferve it on a napkin, with fried parfley; thicken up fome brown gravy with butter and flour, fqueeze in a little juice of a Seville orange, put it in a boat, and ferve it up with your veal.

A BREAST OF VEAL IN A SURTOUT.

Your breaft of veal being done in a braife, fplit it in two the long way, and lay it in a difh; make an edge for it of veal force-meat round your difh, pour in a ragoo of fweet-breads, and put fome force-meat: over the top; do the force-meat over with egg, crumb it with bread, bake it half an hour, and ferve it up hot: for the middle of the table.

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A BREAST OF VEAL BOILED.

Skewer a breaft of veal, that it may lie flat on a difh, boil it one hour, and ferve it up with a white fauce made as follows:—Take half a pint of good veal gravy, put to it half an anchovy and a few pickled mufhrooms, boil it gently, thicken it up with half a pint of cream, the yolks of two eggs, with a piece of butter and flour; fhake it over the fire, let it juft fimmer, but not boil. Lay your veal in a difh, and pour your fauce over it; or you may ferve it up with parfley and butter.

A BREAST OF VEAL ROLLED.

Bone a breaft of veal, lay it flat upon a table, lay fome force-meat over it, made of crumbs of bread and oyfters, roll it up tight and fkewer it, put it into a baking-pan, do it over with egg, and ftrew it with chopt parfley, thyme, and crumbs of bread; butter a fheet of paper and lay over it, and put a little gravy or water into the pan; bake it one hour, lay it in a difh, and ferve it up with ftewed oyfters under it for a fide difh.

A BREAST OF VEAL GALANTINE.

Bone a breaft of veal, feafon it with parfley, thyme, marjoram, winter favory, and marygolds fhred fine, nutmeg, pepper, falt, and mace; roll it, and tie it up tight in a cloth, put it into a flew-pan with fome good veal gravy and a little white wine, let it flew till tender, let it cool in its own liquor; take it out, and ferve it up whole or in flices, garnifh it with lemon, parfley, and beet root.

A BREAST OF VEAL FORCED AND LARDED.

Run a knife between the flefh and bones of a breaft of veal, ftuff it with force-meat, put a fkewer in it, blanch and lard it; put it in a ftew-pan that is proper for it, with thin flices of bacon under it; feafon it with falt, pepper, and fine fpice, and put the larded fide of the breaft of veal downwards; put to it an onion, fweet herbs, a flice of veal and ham, with a pint of veal broth, and let it ftew gently till tender; put fome afparagus heads into a ftew-pan, ftrain your gravy from the veal to them, and fkim off the fat, add to it a little butter and flour to thicken the gravy, let it fimmer ten minutes, lay the veal in a difh, pour your fauce over it, and ferve it up for a fide difh in a firft courfe.

TO FRICASSEE A GRISTLE OF VEAL.

Cut the griftle end of a breaft of veal in flices as large as a crown piece, duft a little flour on them, put a piece of butter in a flew-pan, and the griftle to it, with a bunch of fweet herbs, pepper, falt, and a little mace; fet it over the fire for five minutes, adding half a pint of veal gravy, let it flew till tender, add fome afparagus tops boiled, thicken it up with the yolks of two eggs, two tea-cups full of cream, and a little minced parfley; let it fimmer, but not boil, and ferve it up hot.—You may put green peafe inflead of afparagus, according to the different feafons of the year.

TO STEW A FILLET OF VEAL.

Stuff a fillet of veal well under the udder, and quite through by the bone, put it into the oven with a

pint of water under it, till it becomes a fine brown, then put it into a flew-pan with a pint of gravy, and the gravy that comes from the veal, and flew it tender; put in a few truffles and morells, a fpoonful of catfup, a little Cayenne pepper, a few force-meat balls, and a little lemon juice, thicken it up with a little butter and flour; put your veal in a difh, pour your fauce over it, and garnifh it with flices of lemon. This is for a first course difh.

TO LARD A LEG OF VEAL.

Lard the top fide of a leg of veal in rows with bacon, stuff it with force-meat, put it into a stew-pot that will hold it, with a bunch of fweet herbs, one onion fluck with cloves, two or three blades of mace, and two quarts of water; fet it on the fire, let it ftew gently till it be tender, then fkim the fat off the liquid, and fet it on the fire to boil very fast, to reduce it to a pint, then strain it into a stew-pan, add half a hundred oysters, a piece of butter and flour, and a little juice of lemon; fet it on the fire for a quarter of an hour to flew the oyfters, flirring it all the time; mix the yolks of two eggs with two tea-cups full of thick, cream, put it to your fauce, let it just fimmer, but not boil, ftirring it all the time; lay your veal in a deep difh, and pour your fauce over it, garnifh it with flices of lemon, and ferve it up.-This will be an excellent difh to remove a difh of fifh, or to be at the head of a table where there is no fifth.

TO MAKE FRICANDOES.

Cut two pounds of a leg of veal the long way of the grain, then take half a pound of bacon, cut it in [106]

fmall pieces about the thicknefs of a fmall ftraw, and about an inch long; take your larding pin, and lard your veal in rows on one fide, put it in a ftew-pan with fome gravy, and let it ftew for one hour; then take out the veal, fkim off the fat, let the gravy boil till it is reduced, and quite thick and brown, then dip in your veal to glaze it; have ready fome ftewed fpinnage or forrel, put it in your difh, put your veal upon it, and ferve it up for a corner difh of a firft courfe.

TO MAKE A SUMEL DE VEAU.

Cut one pound of a leg of veal in long flices, flat them with a cleaver, and feafon them with a little parfley, thyme, pepper, and falt; broil them quick on a gridiron, and bafte them with butter; when they are done, ferve them up with gravy and butter, mixed with a little juice of lemon, for a fide difh.

BLANQUITS OF VEAL.

Take a piece of roaft veal, cut off all the fkin and nervy pàrt, cut it in thin flices the bignefs of half a crown, put it into a ftew-pan with a little butter and flour, fry it ten minutes, put to it half a pint of white veal gravy, a bunch of fweet herbs, one onion, and a little mace; let it ftew a little, take out the herbs and onions, add two tea-cups full of good cream, the yolks of two eggs, and a little parfley chopt fine, let it fimmer, but not boil, fqueeze in a little lemon juice, and ferve it up hot for a fide or corner difh of a firft courfe.

BRUSOLLES.

Cut fome flices of a leg of veal the breadth and length of two fingers, cut fome flices of bacon the fame way, and lay fome of it at the bottom of a ftew[107]

pan, and then fome flices of veal; ftrew over them fome parfley, thyme, and green onions flired fine, fome pepper, mace, and cloves beat, and then fome bacon, veal, and feafonings,—continuing to make a layer with the flices of bacon, veal, and feafonings alternately, till you have enough for a difh; put fome bars of bacon on the top, fet it to flew with fire under and over the flew-pan for three quarters of an hour, then take it out carefully, and lay it in your difh with fome cullis over it, and a little juice of lemon, and ferve it up hot for a fide difh.

You may make brufolles of hares and rabbits the fame way.

VEAL COLLOPS LARDED.

Cut feven flices of a fillet of veal in the form of fmall veal fweet-breads, lard them neatly in rows with fat bacon; lay them in a ftew-pan with bacon under and over, a bunch of fweet herbs, a flice of lemon, and one onion; moiften them with a little broth, fet them on a ftove, and let them ftew till tender, then take them out and drain them; put a ragoo of endive in your difh, place your larded collops on it, and ferve it up for a fide difh in a firft courfe.

ANOTHER WAY.

Cut and lard your collops as above, put them in a ftew-pan with bacon under and over them, and fome good veal gravy, and fet them on the fire to ftew till tender; then take out your collops, and ftrain the liquor into a ftew-pan, fkim off the fat, fet it on the fire to boil till it grows thick, and turned to carmel, then put in your collops with the larded fide down, fet it in a flow ftove to glaze for five minutes, then-put them in a difh, and put fome gravy into the ftew-parin which they were glazed, with a little butter and flour, pepper, falt, and mace to your tafte, and a little juice of lemon; let it boil, pour it over your collops, and ferve it up hot for a fide difh.

VEAL COLLOPS ANOTHER WAY.

Cut and lard your collops as before, do them over with the yolk of an egg, feafon them with pepper, falt, mace, and nutmeg, ftrew them with crumbs of bread, fhred parfley, and thyme; put them in a baking-pan with a little broth under them, bafte them well with butter, and bake them in a quick oven for fifteen minutes, then difh them up with half a pint of cullis under them, garnifh them with flices of lemon, and ferve them up hot for a fide difh in a firft courfe.

ANOTHER WAY.

Cut and lard your collops as before, run a long fkewer through them, and tie them on a fpit, roaft them for fifteen minutes, bafte them with butter, and ftrew them with crumbs of bread and parfley fhred fine; when done, put them in a difh with fome gravy and butter, and a little juice of lemon, and ferve them up hot for a corner difh in a firft courfe.

VEAL CUTLETS IN PAPER.

Cut fix fteaks off the beft end of a neck of veal, pare them neatly, put them in a ftew-pan with a piece of butter, fome parfley and thyme fhred fine, a little pepper, falt, and nutmeg; fet them over the fire for two minutes, put them up in a paper with fome forcemeat under and over them, bake them for fifteen minutes, and ferve them up hot within their paper, with a little gravy under them, for a corner difh in a first course.

VEAL CUTLETS MADE OF FORCE-MEAT.

Take fix ribs of the beft end of a neck of veal, cut off the meat from the bones, make it into a good force-meat, then form it like a cutlet, with the rib fticking out one inch; put them into a baking-pan, with a piece of white paper buttered at the bottom, to keep them from fticking; do the cutlets over with yolks of eggs and crumbs of bread, put them in an oven, and bake them for fifteen minutes,--let them be of a good brown, put them in your difh with fome gravy under them, and ferve them up hot for a corner difh.

VEAL CUTLETS THE CITIZENS' WAY.

Cut fix flices of veal, lard them with a calf's udder, feafon them with pepper, falt, fpice, parfley, and one mulhroom cut fine; put fome flices of bacon in a flew-pan, and lay your veal upon it, put it over a flow fire to fweat, to give it a colour on both fides, put to it half a pint of gravy and a little flour; let it ftcw gently till tender, take out the bacon, and fkim off the fat; thicken it with the yolks of three eggs, a little lemon juice to make it favoury, let it fimmer, put it into your difh, and ferve it up hot for a corner difh.

A TENDERON DE VEAU.

Take the grifket part of a breaft of veal, flew it in white gravy, or in a braife of fat bacon, till tender, cut it in thin flices and lay it in your difh; then take

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- fome white gravy and a little cream, and thicken it with butter and flour, let it fimmer, fqueeze in a little lemon juice, pour it over your veal, and ferve it up hot.

A TENDERON DE VEAU WITH PARSLEY.

Take a breaft of veal, cut the griftly part off, blanch it in boiling water, then cut it in thin flices, feafon it with mace, nutmeg, pepper, and 'falt; put it in a flew-pan with a piece of butter, fet it over the fire for five minutes (but do not let it brown), duft in a little flour, add a pint of white veal gravy, let it flew till it is tender, fkim it well, boil fome parfley leaves and throw in, add the yolks of two eggs mixed with two tea-cups full of thick cream, let it fimmer, add a little juice of lemon, and ferve it up for a fide difh. — You may put green peafe or afparagus tops inftead of parfley, when you can get them.

TO MAKE WHITE VEAL COLLOPS.

Take two pounds of a leg of veal, cut it in thin pieces about the biguefs of half a crown, hack them with a knife, put fome butter into a ftew-pan, and let it be hot, but not brown; put in your veal, with a little pepper, falt, and fpice, fet it on the fire for fix minutes, ftirring it all the time, then put in fome white gravy with a few force-meat balls, let it ftew a little, add the yolks of two eggs, mixed with a little cream and fome lemon juice, let it fimmer, but not boil, and ferve it up for a fide difh.

TO MAKE BROWN VEAL COLLOPS.

'Cut the veal as above, pepper and falt it, dredge on a little flour, put a piece of butter in your frying panlet it brown, then put in your collops, fry them brown quickly, put them into a ftew-pan with fome brown gravy, a bit of anchovy, a little butter and flour, a little India foy, or catfup, fome force-meat balls, truffles, morells, and a little Cayenne pepper; let it fimmer twelve minutes, and ferve it up for a fide difh in a firft courfe.

POPIETS DE VEAU.

Cut eight flices off a fillet of veal, flat them with a cleaver, feafon them with pepper, falt, and mace, fpread them over with veal force-meat, roll them up tight, put a fkewer in them, lard them in rows with fmall pieces of bacon, butter a baking-pan, and lay them in, bake them in a quick oven for twenty minutes, lay them in a difh with fome cullis under them, and ferve them up for a fide difh.

VEAL OLIVES.

Cut twelve thin flices off a leg of veal, flat them with a cleaver, do them over with the yolk of an egg, lay over each piece a thin flice of bacon, feafon them with pepper, falt, mace, and nutmeg, ftrew them over with crumbs of bread, parfley, and thyme fhred fine, roll them up tight, and fkewer them, do them over with eggs and crumbs of bread, fry them in hog's lard of a nice brown, and make a fauce for them as follows : —Put fome brown gravy in a ftew-pan with a little catfup, a few pickled mufhrooms and force-meat balls, a little India foy, and Cayenne pepper; let it fimmer for fifteen minutes, thicken it up with butter and flour. Lay your olives in a difh, pour your fauce under them, and ferve them up for a corner difh.

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SWEET-BREADS IN SCOTCH COLLOPS.

Take fome large fweet-breads, blanch them in boiling water, and fplit them the broad way, lard them with fmall pieces of bacon, put them in a ftewpan with fome bits of veal, a flice of ham, and a ladle full of broth; let them ftew till tender, take them up, and ftrain the liquor through a fine fieve; put the liquor into a ftew-pan, and boil it till it jellies, then put in the fweet-breads, and fet them over a flow fire to glaze; when ready, difh them up, and moiften thofe that flick to the bottom with a little broth and cullis, to make them come off; let the cullis be relifhing and of a good tafte, pour it over your fweetbreads, and ferve-them up hot.

SWEET-BREADS STUFFED WITH SWEET HERBS.

Blanch them,' and flit them in three parts round, feafon them with pepper, falt, and mace, fluff them with parfley, thyme, and fweet marjoram flired fine, and a few crumbs of bread; clofe your fweet-breads together, and wrap each fweet-bread up in fome writing-paper buttered; put them into a baking-pan with fome flices of bacon under and over them, and a little water; bake them for half an hour, take them out of the papers, put them in a difli, with fome cullis and a few dices of ham, with a little juice of lemon, and ferve them up hot.

ROASTED SWEET-BREADS.

Lard four large fweet-breads with finall picces ofbacon, put them on a fkewer and tie them on a fpit, roaft them for fifteen minutes, or longer if they are large; difh them up with a little brown gravy, a little

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orange juice, and ferve them up hot. They are a pretty first or fecond courfe.

VEAL SWEET-BREADS A-LA DAUBE.

Take four large fweet-breads, fteep them in a faucepan full of boiling water for five minutes; when they are cold, lard them with fmall pieces of bacon down the middle, and on each fide with lemon and, pickled cucumber, put them into a ftew-pan with a little broth, a bunch of fweet herbs, a flice of veal, and an onion ftuck with cloves, and fet them to ftew for a quarter of an hour; when they are done, ftrain the liquor into a ftew-pan, and fkim off the fat, put to it a fpoonful of India foy and a little lemon juice, thicken it up with a little butter and flour, lay your fweet-breads in a difh, pour your fauce over them, garnifh them with flices of lemon and fried oyfters, and ferve them up hot for a fide or corner difh.

VEAL SWEET BREADS MARINATED.

Blanch three fweet-breads in boiling water for five minutes, cut them in long flices, put them into a flewpan with pepper, falt, fweet bafil, one onion cut in flices, a fpoonful of vinegar, a flice of lemon, a bit of butter, and a little broth; put them over the fire for ten minutes to get a relifh, take them out and dry them with a cloth, dip them in two eggs well beat, ftrew them with crumbs of bread, fry them in hog's lard, difh them up, garnifh your difh with fried parfley, and ferve them up with gravy and butter in a boat for a fide difh.

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VEAL SWEET-BREADS A-LA-FARCE.

Take fix veal fweet breads, blanch them in water for ten minutes, take them out when they are cold, do them over with an egg, fpread over fome veal forcemeat, and do that over with egg, then cut fome carrots, turnips, and pickled cucumbers in fprigs and fhapes, and lay them on the top, in the form of flowers; put them into a ftew-pan, with fome bacon under and over them, and a little broth; fet them on to ftew for half an hour, then take them up, put them into your difh with cullis under them, and ferve them up hot.

TO SCOLLOP SWEET-BREADS.

Take two large fweet-breads, blanch them in boiling water for ten minutes, take them out and drain them, eut them in flices the fize of a fmall oyfter, put a piece of butter in a ftew-pan, with fome parfley and thyme chopt fine, a little pepper, falt, and nutmeg; make it hot, put in your fweet-breads, and give them a tofs or two over the fire, adding to them a tea-cup full of gravy; then butter your fcollop fhells, and crumb them with bread, put in your fweet-breads, with crumbs of bread and butter at the top, brown them in a Dutch oven before the fire; when done, put a fpoonful of gravy in each fhell, and ferve them up in a fecond courfe, or for fupper.

TO RAGOO VEAL SWEET-BREADS.

Cut your fweet-breads in pieces as big as a walnut, flour them, and fry them in a ftew-pan with butter; when brown, feafon them with pepper, falt, and mace, put in fome good brown gravy, fome mufhrooms, trufiles, morells, and the yolks of hard eggs; let them

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ftew for half an hour, add a little juice of lemon, and ferve it up. If the gravy is not thick enough, add a little more butter and flour.

TO FRICASSEE SWEET-BREADS WHITE.

Boil four fweet-breads in water for ten minutes, then cut them in thin flices, put them in a ftew-pan with a pint of white veal gravy, one fpoonful of white wine, a little mace and nutmeg; let them ftew for fifteen minutes, thicken it up with a little butter and flour, add one tea-cup full of thick cream mixed with the yolk of an egg; juft let it fimmer, fqueeze in a little juice of lemon, and ferve it up hot for a fide difh.

TO FRICASSEE SWEET-BREADS BROWN.

Boil three fweet-breads in water for ten minutes; when cold, cut them in flices the thicknefs of a crown, dip them in batter, and fry them in butter of a nice light brown, and make a fauce for them as follows:—Put half a pint of brown gravy in a flewpan, with two fpoonfuls of catfup, a little mace, and Cayenne pepper, two fpoonfuls of white wine, a little lemon juice, and one onion fluck with cloves; thicken it up with a little butter and flour, let it boil for ten minutes, put in your fweet-breads, and juft letthem be hot through; lay them in your difh, pour your gravy under them, and ferve them up hot for a fide difh.

ATTALETS OF SWEET-BREADS.

Take three cold roaft fweet-breads, cut them in flices as big as a large oyfter, put them into a flewpan with a piece of butter, a little parfley and thyme flired fine, feafon them with pepper, falt, and nutmeg.

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fet them over the fire for five minutes, giving them a tofs or two; then put them on fmall fkewers, and crumb them with bread, fet them in a Dutch oven before the fire, let them be of a nice brown, then lay them in a difh with the fkewers in them, pour fome cullis or thick gravy under them, and ferve them up hot for a fide difh in a fecond courfe, or for fupper.

LAMB SWEETBREADS FRIED.

Put twelve lamb fweet-breads into a ftew-pan, with a little broth and a bunch of fweet herbs, let them ftew for a quarter of an hour, take them out, and drain them on a fieve; when they are cool, do them over with the yolk of an egg, and crumb them with bread, fry them with hog's lard of a nice light brown, difh them up, and garnifh them with fried parfley, and ferve them up with a little cullis.

A SALMY OF WOODCOCKS.

Cut in pieces two woodcocks that have been roafted, and put them in a ftew-pau, with half a pint of red wine, one onion ftuck with cloves, one truffle fliced, a few pickled mufhrooms, a bit of anchovy, a piece of butter and flour, pepper and falt to your tafte; fet it on the fire to fimmer for fifteen minutes, but not boil, and ferve it up hot for a first courfe.

CALF'S EARS STUFFED.

Blanch fix calf's ears, and make them very clean, ftew them in a little broth till tender, and make a ftuffing for them as follows :-- Take a calf's udder and blanch it, lay it on a fhredding board, with a piece of bacon, a piece of beef fuet, a piece of foft bread

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foaked in cream, a little mace, nutmeg, pepper, and falt, fome parfley and fweet herbs; fhred the whole very fine, mix it up with the yolks of three eggs; ftuff the ears with it between the two fkins, do them over with the yolk of an egg, and crumb them with bread; fry them in hog's lard of a nice brown, difh them, garnifh them with fried parfley, and ferve them up hot for a fecond courfe.

TO RAGOO HOG'S EARS.

Cut fome hog's ears in long, fmall, thin flices, have ready a ftew-pan with four onions cut in dice, and a piece of butter, fry them for fix minutes, put in your ears, and duft in fome flour, put to them as much brown gravy as will cover them; let them ftew till tender, fkim off the fat, and add to them a tea-fpoonful of made muftard, with a little pepper and falt to your tafte : the feet muft be flewed tender, and wiped dry with a cloth, do them over with the yolk of an egg, crumb them with bread, fry them brown, and difh up your ears with the feet round them.

HOG'S FEET AND EARS A-LA-GRANDVELL.

Let your feet and ears be fealded and made very clean, lay them in a flew-pan with fome flices of bacon under them, a flice of veal and beef on them, a bunch of fweet herbs, two onions, one quart of water, a little vinegar, and a glafs of white wine; cover them clofe down, fet them to flew till they are quite tender, then take them out and drain them; fplit the feet, do them over with egg and crumbs of bread, fet them before the fire (or in an oven) to brown, and bafte them with butter; cut the ears in fmall thin floreds, [118]

and put a piece of butter in a ftew-pan, with fome onions cut fmall, and fry them; when brown, duft in a little flour, put in the ears with fome gravy, let them ftew for ten minutes, add a little muftard and vinegar, give it a tofs, put them in your difh, and lay your feet round them, and ferve them up hot for a fide difh.

AN HARRICOT OF MUTTON.

Take the beft end of a neck of mutton, cut it into fteaks, pare them neatly, pepper and falt, and duft fome flour on them, fry them in butter, put them in a ftew-pan with a little cooly, fome carrots and turnips in fhapes, and fome fmall onions; let it ftew for half an hour, fkim off the fat, and ferve it up hot for a fide difh.

A SHOULDER OF MUTTON IN EPIGRAM.

Roaft a fhoulder of mutton, take off the fkin as neatly as you can, about the thicknefs of a crown, leave in the fhank bone, do it over with egg, and feafon it with pepper, falt, and fweet herbs, crumb it with bread, and broil it on a gridiron; then cut the meat in fmall pieces the bignefs of a fhilling, put it in a cullis that is well feafoned and of a good tafte, fet it on the fire, make it hot, but do not let it boil, put it into a difh with the broiled part on the top, garnifh it with fried force-meat, and ferve it up hot for a firft courfe.

A NECK OF MUTTON LARDED WITH PARSLEY.

Take a neck of mutton, take off the chine bones from the fillet, pare it neatly, lard it with parfley, put it on a fpit and roaft it, difh it up, and put under it

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fome gravy, a fhalot fhred fine, pepper and falt to your tafte, fharpen it with a little vinegar, and ferve it up hot.

MUTTON CUTLETS IN PAPER.

Cut the beft end of a neck of mutton into fteaks, pare off the fat, cut off the chine bone, and flat them with a cleaver; put a piece of butter into a ftew-pan, with fome fhred parfley and thyme, pepper and falt, dip your fteaks into it, and ftrew over them fome crumbs of bread, wrap them in writing-paper, broil them on a gridiron over a flow fire; when they are done, put them in a difh with the papers on, and fome brown gravy under them, and ferve them up for a fide difh.

A SHOULDER OF MUTTON IN SURPRIZE.

Half boil a fhoulder of mutton, cut off the fhank and make it quite round, put it into a flew-pan with three pints of gravy and four ounces of rice, a little beaten mace, and an onion fluck with cloves; let it flew foftly till the rice is enough, then take up the mutton, and keep it hot, adding to the rice half a pint of cream and a lump of butter and flour; then fet it on the fire, and let it juft boil; lay your mutton on a difh, pour your rice over it, and ferve it up hot for the head or middle of the table.

A SHOULDER OF MUTTON CARBONADED.

Half roaft a fhoulder of mutton, take out the fhoulder bone, with a good deal of the mcat on it, keeping the outfide whole; cut off the flap part, and pare it nicely round, then fcore it in diamonds, fprinkle on it fome pepper and falt, fome parfley and thyme

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fhred fine, rub it over with a little egg, and ftrew on it fome crumbs of bread, broil it, hafh up the meat that you pared off, with a little brown gravy and the gravy that came out of it, a little walnut catfup, and fome Cayenne pepper; thicken it up with butter and flour, then put in fome pickled cucumbers cut in flices, let it juft boil, and put it in your difh,—put the broiled part on the top of it, and ferve it up hot. This is a firft courfe difh.

- TO MAKE MUTTON KEBOB'D.

Cut a fmall loin of mutton into five pieces, and take off the fkin, rub them over with the yolk of an egg, ftrew on them fome crumbs of bread, fome parfley and thyme fhred fine, and a little pepper and falt, turn them round and fplit them, roaft them, bafte them all the time, and ftrew on fome more crumbs of bread; when they are enough, put them into a difh with fome brown gravy under them, and ferve them up hot for a fide difh.

TO GRILL A BREAST OF MUTTON.

Half boil a breaft of mutton, fcore it in diamonds, feafon it with pepper, falt, and nutmeg, do it over with egg and crumbs of bread, and parfley and thyme fhred fine, — put it into a Dutch oven, bafte it with butter, and broil it for twenty minutes; lay it in a difh, and ferve it up with caper fauce under it for a fide difh.

TO ROLL A BREAST OF MUTTON.

Bone your mutton, lay it flat, fpread over it one pound of veal force-meat well feafoned, roll it well up, put it in a flew-pan with fome brown gravy; let

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it flew till it is tender, then ferve it up with fome cooly, or brown gravy, and a little juice of lemon.

TO DRESS SHEEP'S RUMPS.

Fry fix rumps in butter till brown, feafon them with pepper and falt, put them into a ftew-pan with fome brown gravy, let them ftew till tender, and fkim off the fat; put to them two ounces of rice boiled tender, a tea-cup full of thick cream, a little catfup, mace, and nutmeg, with a piece of butter and flour; let it fimmer, lay your rumps in a difh, pour the fauce over them, and ferve them up hot for a fide or corner difh.

TO DRESS SHEEP'S RUMPS AND KIDNEYS.

Boil four fheep's rumps in water for ten minutes, and let them cool; have ready fome light pafte cut in lengths with a jigin-iron, wrap it round the rumps in what form you pleafe, do them over with egg, lay them in a baking-pan with a buttered paper under them; put to them five kidneys larded with bacon, bake them for half an hour, lay them in your difh with the fmall end in the middle, a kidney on the top, and one between each rump; pour under them fome thickened gravy, and ferve them up hot for a fide or corner difh.

MUTTON CUTLETS LARDED WITH PARSLEY.

Cut the beft end of a neck of mutton into chops, (two bones in a chop), feafon-them with pcpper and falt, then take your larding-pin and draw the parfley through the fteaks on both fides, fpit them on a lark fpit, let them roaft for twenty minutes, bafte them

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with butter, and ferve them up with gravy for a corner or fide difh.

A LEG OF LAMB BOILED, AND LOIN FRIED.

Boil your leg of lamb one hour, cut the loin in fteaks, flat them with a cleaver, and fry them of a nice light brown; put your leg of lamb in a difh, and your fteaks round it, garnifh it with fried parfley and boiled fpinnage, put a little gravy in the difh with your lamb, and ferve it up with goofeberry fauce in a boat.

A LEG OF LAMB A-LA-FARCE.

Take all the bones out of a leg of lamb but a little of the fhank; make a force-meat of veal, and ftuff it where the bone was taken out, tie it up, put it into a pot to ftew with fome brown gravy for one hour and a quarter; have ready fome carrots and turnips cut in dice, and fome green pickles, put them in a ftew-pan, and ftrain the gravy from the lamb to them,—fet them on the fire to ftew a little, fkim it clean, put your lamb into a difh, pour the fauce over it, and ferve it up for a firft courfe.

ENTRY OF LAMB STEAKS.

Cut a loin of lamb into fteaks, and pare them neatly, flat them with a cleaver, feafon them with pepper and falt, and fry them of a good brown; put them into a hafh-pan with fome good gravy, ftew them a little, cut fome green pickles very fmall, and put amongft them; put your fteaks in a difh, pour your gravy over them, and garnifh them with fried parfley.

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TO FRICASSEE LAMB STONES ..

Skin eight lamb ftones, and take four fweet-breads and cut them in two, pepper and falt them to your tafte, dip them in a batter, fry them in hog's lard of a nice brown; have ready fome good brown gravy, thicken it up with butter and flour, put in a flice of lemon and a little nutmeg, beat up the yolks of two eggs with a little cream, let it fimmer, but not boil; drain your lamb ftones clean from the fat they were fried in, lay them in a difh, and pour your fauce over them.

TO RAGOO LAMB.

Cut a breaft and neck of lamb into four pieces each, feafon them well with beaten cloves, mace, pepper, and falt, put them into a ftew-pan with a piece of butter, fry them brown, and duft in fome flour, add a pint and a half of gravy, a bunch of fweet herbs, a few morells and mufhrooms, two fpoonfuls of red wine, and a little juice of lemon; let it ftew till tender, fkim off the fat, then add one dozen of fried force-meat balls, let it juft fimmer, and ferve it up hot for a firft courfe.

A SHOULDER OF LAMB A-LA-SALPICON.

Take the bones out of your lamb on the under fide, leaving in a bit of the fhank, feafon it with pepper, falt, and mace, fluff it with veal force-meat, put it in a flew-pan with bars of bacon under and over, adding to it a little broth, with a bunch of fweet herbs; let it flew gently for three quarters of an hour, then take it out and put it in a difh, having ready a fauce made as follows:—Blanch a veal fweet-bread and cut it in dice, cut a flice of ham the fame way, put them in a flew-pan with a piece of butter, let them fry for five minutes, duft in a little flour, moiften it with fome good gravy and a little juice of lemon, let it flew gently for fifteen minutes, fkim it, put it in the difh with your lamb, and ferve it up hot for a fide difh.

TO STEW A BREAST OF LAMB AND PEASE.

Cut it in pieces about the bignefs of a walnut, put it into a flew-pan with a pint of white gravy,—let it flew till tender, then fkim off the fat, add a piece of butter and flour, and half a pint of green peafe boiled tender, half a pint of cream, a little pepper, falt, and fpice; let it fimmer a little, and ferve it up.

You may do a breaft of veal the fame way.

UN POITRINE DE L'AGNEAU.

Take two fmall breafts of lamb, pare them neatly, put-them in¹⁶ a ftew-pan with bacon under and over them, a bunch of fweet herbs, two ouions, and a little broth; let them ftew till tender, and make a fauce for them as follows:—Take three mufhrooms, three fhalots, chop them fine, put them a ftew-pan with fome ftrong yeal gravy, a little pepper, falt, and mace, —let them fimmer for ten minutes. Lay the two thin parts of your breaft of lamb in the middle of your difh, and the brifket parts towards the brim of it, pour your fauce over it, and ferve it up hot for the middle of the table.

LAMB'S FEET WITH MUSTARD.

Take fome lamb's feet, let them be well cleaned, blanch them in boiling water for ten minutes, pare them very neat, feafon them with pepper, falt, and mace, put them in a flew pan with a piece of butter, fet them over the fire for five minutes, duft in a little flour, add a bunch of fweet herbs, and one onion fluck with cloves, a flice of lemon, and fome good white gravy,—let them flew flowly till tender; take out the herbs and lemon, fkim them clean, add the yolks of two eggs mixed with a little cream, let it fimmer, but not boil, then add a little made muftard to it, and ferve it up for a corner difh.

SHEEP'S TONGUES THE SPANISH WAY.

Peel two large Spanifi onions, put them into a ftew pan with fome good veal gravy, then put in fix fheep's tongues boiled and peeled, let them ftew till the onions are tender; put one of the onions in the middle of your difh, and lay the tongues neatly round it; then cut the other onion in fix flices, and lay a flice between every tongue: make a fauce of the gravy in which they were ftewed, with a little pepper, falt, muftard, and a little juice of lcmon, thicken it up with fome butter and flour, let it fimmer, pour it over your tongues, and ferve them up hot for a fide difh.

SHEEP'S TONGUES SLICED.

Take eight fheep's tongues, boil them tender, take off the fkin, cut them in thin flices, make a layer in the difh you intend to ferve them up in, take fome fmall green onions, a few fweet herbs, a little parfley, all fhred very fine, with a little pepper and falt, firew fome of it on your tongue,—then another layer of tongue, and fome more feafonings, and fo on till your difh is full; moiften it with fome

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thickened gravy or cullis, bake it fifteen minutes in an oven, let the top be of a nice light brown, and ferve it up hot; or you may fet it before the fire, and brown it with a falamander.

SHEEP'S TONGUES LARDED AND ROASTED.

Boil fix fheep's tongues, take off the fkin, lard them with fix finall pieces of bacon, put them on a larkfpit, and roaft them, difh them up with fome brown gravy under them, and ferve them up hot.

SHEEP'S TONGUES THE PRUSSIAN WAY.

Boil fix fheep's tongues, take off the fkin, put them into a flew-pan with fome carrots cut in finall flices, and fome thickened gravy or cullis, a glafs of whitewine, fome lemon juice, pepper and falt to your tafte; let them flew gently for twenty minutes, put the tongues in a difh, pour your fauce over them, and ferve them up hot for an entry.

SHEEP'S TONGUES BROILED.

Put a lump of butter into a ftew-pan, with fome parfley, green onions, and fweet herbs fhred fine, a -little beaten mace, pepper, and falt, fet it over the fire that the butter may melt; have ready fix tongues boiled tender, and the fkin taken off, dip them in amongft the butter and herbs, crumb them with bread, broil them, put them in a difh, and ferve them up hot with fome veal gravy, pepper, and falt to your tafte.

SHEEP'S TONGUES IN PAPER.

Salt eight fheep's tongues for three days, boil them tender, fplit them, cut fome paper big enough to wrap them in, fpread fome force-meat on the paper, and fome upon the tongue, wrap them up neatly, butter a baking-pan and lay them in it, bake them in an oven for fifteen minutes, difh them up, and ferve them up hot.

SHEEP'S TONGUES IN A RAGOUT.

Take a veal fweet-bread, a few mufhrooms and truffles, a bunch of fweet herbs, and a few blades of mace, adding to it half a pint of gravy; take fix fmall fheep's tongues, let them be boiled tender, take off the fkin and pare off the roots, put them into the ftew-pan with the fweet-breads, truffles, and mufhrooms, let them ftew fifteen minutes, add to them a little catfup, Cayenne, a little pepper and falt to your tafte, and fome force-meat balls fried, thicken it up with a little butter and flour, and a little lemon juice; put your fweet-bread in the middle of your difh, and the fheep's tongues all round, pour the fauce over them, and ferve them up hot.

CALF'S FEET IN A WHITE SAUCE.

Take three calf's feet, boil them tender, take out the great bones and cut them in four pieces each, put them in a flew-pan with fome white gravy, a few blades of mace, and let them flew for ten minutes; put to it two tea-cups full of thick cream, thicken up your fauce with butter and flour, add a little juice of lemon and a tea-fpoonful of vinegar, (if you like it fweet, put in a lump of fugar), and ferve it up hot.

CALF'S FEET THE ITALIAN WAY.

Boil three feet tender, take out the large bones, cut

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them in halves, and pare them neatly, put them into a ftew-pan with a pint of ftrong white yeal gravy, one mufhroom, and a little parfley fhred fine, with two or three blades of mace; fet it on to ftew for ten minutes, add to it one tea-fpoonful of white wine vinegar to give it a fharp tafte, thicken it up with butter and flour, lay your feet in a difh, pour the fauce over them, and ferve them up hot.

CALF'S FEET ANOTHER WAY.

Split your calf's feet in halves, take out the large bones, put them in a fauce-pan with fome flices of bacon over and under them; put to them a bunch of fweet herbs, fome whole pepper, a little falt, and one onion fluck with cloves; moilten them with a little water or broth, for them on to flew for three quarters of an hour, or till they are tender, then take them out and drain them; make a batter with flour and eggs moiftened with a little beer, dip the feet in it, and fry them in fome hog's lard of a nice light brown, difh them up with fried parfley, and ferve them up hot for a fide difh.

CALF'S FEET ROLLED.

Take the bones out of four calf's feet, lay them flat upon a dreffer, fpread over them fome veal force-meat, roll them up tight, and bind them with pack-thread; lay fome flices of veal and beef at the bottom of a ftew-pan, lay in the feet, feafon them with pepper, falt, mace, and nutmeg; lay fome thin flices of bacon on the top of them, and put to them three pints of broth or water; let them ftew for one hour, take them out, lay them in a difh, take off the pack-thread, ftrain the liquor into a ftew-pan (ikimming off the fat), add a little juice of lemon, one fpoonful of catfup, thicken it up with butter and flour, pour it over the feet, and ferve them up hot for a fide or corner difh in a first course.

SHEEP'S TROTTERS IN A SURTOUT.

Take fheep's trotters ready boiled, cut them in pieces, put them in a flew-pan with a lump of butter, fome parfley and thyme, one onion cut fmall, fome pepper, falt, nutmeg, and a little juice of lemon, fet them on the fire for five minutes, duft on them a little flour, then add a little gravy, and let them flew ten minutes; put them into the difh you intend to ferve them in, let them be cold, cover them over with fome veal force-meat, fmooth it on the top, flrew over fome crumbs of bread, fet it in an oven for fifteen minutes to brown, take it out, and ferve it up hot.

SHEEP'S TROTTERS FORCED.

Let your fheep's trotters be well fealded and clean, put them in a flew-pan with a little gravy, one onion fluck with cloves, a little mace, a few pepper-corns, and a bunch of fweet herbs; let them flew till tender, then take them up and take out the bonēs, lay them flat upon a table, fpread them over with fome veal force-meat, roll them up tight one by one, and tie them with fome ftrong thread, put them in a flewpan, and ftrain upon them the gravy they were flewed in,—add to it a little Cayenne pepper, two fpoonfuls of catfup, and one glafs of white wine, and let it flew for twenty minutes; thicken up your gravy with fome butter and flour, then lay your trotters in a difh, take off the thread, pour on your gravy, and ferve them up hot for an entry.

SHEEP'S TROTTERS ANOTHER WAY.

When your fheep's trotters are boiled tender, take out the bones, firetch the fkins upon a dreffer, fpread them over with veal force-meat, roll them up one by one, butter a baking-difh and put them in, do them over with eggs, crumb them with bread, and bake them in an oven for fifteen minutes; difh them up, and pour under them fome thickened gravy, with a little juice of lemon, or fome cullis, and ferve them up hot for an entry.

ANOTHER WAY.

Let your fheep's trotters be boned and fpread with force-meat and rolled as above, do them over with fome beaten eggs, ftrew them with fome crumbs of bread, run a fkewer through to keep in the forcemeat, fry them in hog's lard of a nice brown, and ferve them up hot with fried parfley, for a fmall entry.

TO FRICASSEE SHEEP'S TROTTERS THE ITALIAN WAY.

Take fheep's trotters ready boiled, cut them in pieces, put them in a ftew-pan with a lump of butter, one mufhroom, and an onion cut fmall, fet them over the fire for five minutes, put to them a little flour, pepper; and falt, half a pint of broth, a glafs of white wine, and a clove of garlic; let it ftew for fifteen minutes, thicken it up with the yolks of three eggs, add a little lemon juice, and ferve it up hot.

TO FRICASSEE DOUBLE TRIPE.

Clean your tripe well, and boil it tender, take the

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double part, and cut it in pieces two inches long; put a lump of butter in a flew-pan, with two fhalots cut very fmall, give it a tofs on the fire, put in your tripe, duft it with flour, add to it half a pint of broth and a glafs of white wine, feafon them with pepper, falt, and a bunch of fweet herbs,—let them flew foftly, and let them have a good tafte; thicken up your fauce with the yolks of two eggs well beaten, add a little parfley cut fmall and a little nutmeg; mix your eggs with a little broth and juice of lemon, and put it to your tripe; let it juft fimmer, difh it up, and ferve it up for a fmall entry.

TO FRY TRIPE.

Take double tripe that has been well cleaned and boiled tender, cut it in fquare pieces, and make a batter for it as follows:—Take three fpoonfuls of flour, one egg, and a little fmall beer, beat it well together, dip in your tripe, fry it in hot hog's lard, crifp, and of a nice brown, put it on a fieve to drain, cut fome onions in thin flices, fry them brown. Put your tripe in a difh, and your onions round it, and ferve it up hot with plain melted butter in a boat.

A RAGOUT WITH COCKS' COMBS.

Put a piece of butter in a ftew-pan, with a bunch, of fweet herbs, and fome mufhrooms cut in bits; put in half a fpoonful of fine flour, give it a tofs over the fire, moiften it with a little broth, feafon it with pepper and falt; put in your cocks' combs and ftones, let them ftew gently for half an hour, thicken it up with the yolks of two eggs, mixed with two tea-cups full of cream and a little nutmeg. Be fure to make it of a good tafte, and ferve it up hot for a fecond courfe difh.

RAGOUT WITH COCKS' COMBS ANOTHER WAY.

Cut fome mufhrooms into bits, put them into a flew-pan with a piece of butter, a bunch of fweet herbs, and fome truffles cut in flices; flir it over the fire for five minutes, moiften it with fome gravy, put in fome cocks' combs and ftones, and a little juice of lemon, feafon it with pepper, falt, and mace to your tafte, let it flew for half an hour, thicken it up with butter and flour, take out the herbs, difh it up, and ferve it up hot for a fecond courfe difh.

A RAGOUT MILLE.

Take fome cock's combs and ftones, feald them in boiling water for ten minutes, put them into a ftewpan with a veal fweet-bread cut in dice, and a lump of butter; ftir them over the fire for five minutes, then duft in fome flour, add a few fmall mufhrooms, and moiften them with fome white veal gravy; let them ftew gently for half an hour, add fome forcemeat balls, and the yolks of fix hard eggs, feafon it with pepper, falt, mace, and nutmeg to your tafte, thicken it up with the yolks of two eggs, mixed with a little cream, let it juft fimmer, put in a little juice of lemon, and ferve it up hot. This is a pretty fecond courfe difh.

CAULIFLOWERS AND CHEESE.

Boil a large cauliflower for ten minutes, lay it neatly in a difh, then put a little gravy in a flew-pan,

with a little grated cheefe, a piece of butter, a little pepper and nutmeg; fet it on the fire and let it juft boil, then pour it over the cauliflower, and put on it half a pound of grated Parmazan cheefe; fet it in the oven to brown, or down before the fire, —if not of a good colour, hold a hot fire flovel or falamander over it, till it is of a nice brown, then ferve it up for a fecond courfe.

MACCARONI AND CHEESE.

Boil half a pound of maccaroni in water till quite tender, drain it on a fieve, then put it into a flew-pan with a piece of butter, a little grated cheefe, and a little gravy, fet it over the fire to flew for ten minutes, add a little pepper, falt, and nutmeg to your tafte; put it in a china difh, with half a pound of Parmazan cheefe grated on the top, fet it in an oven for fifteen minutes, then take it out and brown it with a falamander, and ferve it up in a fecond courfe.

TO MAKE RAMQUINS.

Grate half a pound of Parmazan cheefe, put it in a ftew-pan with a little gravy, a little pepper and falt, fet it on the fire, and let it boil for five minutes; take it off, and let it ftand one quarter of an hour, add to it the yolks of four eggs and two fpoonfuls of flour, mix it well together, have a frying-pan with hot hog's lard, drop in one fpoonful to each, fry them of a light brown, drain them on a fieve, put ten in a difh, and ferve them up for a fecond courfe.

A RAGOUT OF MUSHROOMS.

Pick fmall mufhrooms, wash and dry them, put

them in a ftew-pan with a bunch of fweet herbs, feafon them with pepper, falt, and mace, fet them over the fire for four or five minutes, ftirring them all the time, — moiften them with a little gravy, let them ftew gently for half an hour, take out the bunch of herbs, fkim off the fat, thicken them up with a little butter and flour, and put the cruft of a French roll in the middle of the difh, pour the mufhrooms round it, and ferve it up hot. This is a pretty fecond courfe difh.

RAGOUT OF MUSHROOMS ANOTHER WAY.

Rub a quart of fmall mufhrooms with a flannel, and wafh them clean, put them in a flew-pan with a piece of butter, a little pepper and falt, and a bunch of fweet herbs,—duft in a little flour, fet them over the fire for ten minutes, moiftening them with fome gravy; let them flew till tender, fkim off the fat, and ferve them up hot for a fecond courfe difh.

TO DRESS MUSHROOMS THE ITALIAN WAY.

Take the middling fort of mufhrooms, wafh them, and pick off the fkin, mince fix large mufhrooms, put all into the ftew-pan, with a glafs of fweet oil, one clove of garlic, one onion, pepper, falt, and a bunch of fweet herbs; put them over the fire to ftew till they are tender, fkim off the fat, and take out the herbs; put them into the difh in which you intend to ferve them, crumb them over with bread, fet them before the fire, or in an oven to brown, and ferve them up hot for a fecond courfe difh.

TO FORCE MUSHROOMS.

Take out the guils of eight large mufhrooms, and

peel off the fkins neatly; make fome force-meat of the breaft of a chicken, fome beef marrow, and fome crumbs of bread boiled in cream, fhred it fine, pound it in a mortar, and feafon it with pepper, falt, and mace, adding the yolks of two eggs,—mix it well together, and force your mufhrooms with it; butter a baking-pan, and lay in your mufhrooms with the forced fide up, bake them in an oven for fifteen minutes, difh them up with fome thickened gravy, and ferve them up hot.

MUSHROOMS THE ITALIAN WAY.

Take three pints of fmall mufhrooms very white, cut off the ftalks, wafh them well, and put them in a ftew-pan with the juice of two lemons, a little pepper, half a glafs of white wine, and as much fweet oil, with a bunch of fweet herbs; fet them on the fire, let them boil for eight minutes, difh them up,—and when cold, ferve them up.

MUSHROOMS WITH WHITE SAUCE.

Pick and wafh your mufhrooms well, put them in a ftew-pan with a lump of butter and a bunch of fweet herbs, give them a tofs over the fire, duft in a little flour, and moiften them with broth or gravy, feafon them with pepper, falt, and nutmeg, and let them fimmer for fifteen minutes; take out the fweet herbs, and thicken them up with the yolks of two eggs mixed with a little cream; lay the cruft of a French roll in the bottom of your difh, pour the mufhrooms on it, and ferve them up hot for a fide difh.

MORELLS WITH CREAM.

Wash some morells clean in boiling water, cut

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them in flices, and put them into a ftew-pan with a lump of butter, duft on a little flour, and moiften them with fome good gravy; feafon them with pepper; falt, and nutmeg, and let them ftew for fifteen minutes,—add a little parfley fhred fine, and thicken them up with the yolks of two eggs and a little cream, —then toaft the top of a French roll, cut it round and butter it, lay it in the bottom of your difh, pour the morells over it, and ferve them up hot. This is a pretty fecond courfe difh.

MORELLS RAGOO'D THE ITALIAN WAY.

Cut off the ftalks of fome morells, wash them clean in water, cut them in quarters, and put them in a ftew-pan with a lump of butter, a little flour, and a bunch of fweet herbs, give them a tofs over the fire, and moisten them with a little good gravy and a glass of white wine, and let them stew for fifteen minutes; feason them with pepper, falt, and a little juice of lemon (if it is not thick enough, add a little more butter and flour), lay the crust of a French roll in the bottom of your dish, pour the morells on it, and ferve it up hot. This is a pretty second course dish.

TO FORCE MORELLS.

Take nine morells, cut off the ends of the ftalks, wash the fand off them with boiling water, feason them well with pepper, falt, and mace, and stuff them with fome good veal force-meat; lay them in a stew-pan scheeted with bacon, and put in a bunch of sweet herbs, an onion stuck with cloves, and some steves of bacon on the top; put to them a pint of good gravy, set them into an oven, or over a stove for three quarters

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of an hour, then take out your morells, lay them carefully in your difh, ftrain your gravy into a ftew-pan, fkim off the fat, thicken it up with butter and flour, pour it over your morells, and ferve them up hot.— This is a genteel fecond courfe difh.

RAGOUT OF ASPARAGUS HEADS.

Cut fome heads of afparagus in fmall lengths as far as they are tender, blanch them in fome boiling water and drain them, put them in a ftew-pan with fome gravy and a flice of ham, feafon them with pepper, falt, and nutmeg, and let them ftew gently till tender; take out the ham, and thicken it up with butter and flour, adding a tea-fpoonful of vinegar; put your afparagus into a difh, and garnifh it with fried bread, and ferve it up hot for a fecond courfe difh.

A WHITE RAGOUT OF ASPARAGUS HEADS.

Cut and blanch your afparagus as above, put it into a pan with a bit of butter, and fry it a little; duft on a little flour, moiften it with a little broth, and let it flew till tender; feafon it with pepper, falt, and nutmeg to your tafte, add the yolks of two eggs mixed with a little broth, juft let it fimmer, and put a buttered toaft in the bottom of your difh, pour the ragout over it, and ferve it up for a fecond courfe difh.

TO BOIL ASPARAGUS.

Pick off the leaves almost up to the head, and fcrape the white end, wash them quite clean, and tie them up in small bunches, twelve in a bunch; have ready a fauce-pan with hard water and a little falt, and when it boils, put in your afparagus, which ten or twelve minutes will boil; have ready a flice of bread toafted, dip it in the water the afparagus was boiled in, and lay it in a china difh, with the afparagus on the top of it, in bunches; cut off the ftrings, pour fome melted butter over them, and ferve them up hot for a fecond courfe difh.

ASPARAGUS THE ITALIAN WAY.

Pick, fcrape clean, and boil your afparagus as above, lay it into a china difh when cold, and make a fauce for it as follows :--Mix half a tea-cup full of fweet oil, the fame of white wine vinegar, a little juice of lemon, pepper, and falt; pour it over your afparagus, and ferve it up cold for a fecond courfe or fupper difh.

ASPARAGUS PEASE.

Pick off the leaves of fome finall afparagus, cut them in finall round flices (as far as tender) to imitate peafe; put them on to boil in a little hard water, and when tender, drain them; put them into a ftew-pan with a little cream, a piece of butter and flour, the yolk of an egg mixed with cream, a little pepper, falt, and a bit of fugar (the bignefs of a finall nutmeg); fet it over the fire, ftir it all the time with a woodcu fpoon till it grows thick, put it into a difh, and ferve it up hot for a fecond courfe difh.

RAGOUT OF STUFFED CUCUMBERS.

Pare fix large cucumbers, fcoop out the feeds at one end, blanch them in a fauce pan of boiling water, take them out and feafon them with pcpper, falt, and mace, and ftuff them with fome veal force-meat and fome

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flices of ham cut in dice; lay them into a ftew-pan, fheeted with fome fat bacon, lay in your cucumbers with two or three onions cut in flices, with a flice of veal and ham, put to it fome gravy, and fet it to ftew gently; when tender, take them out, and put them in your difh, ftrain your liquor, and fkim off the fat, thicken it up with a little butter and flour, fqueeze in a little juice of lemon, and ferve it up hot. It will be a genteel fecond courfe difh.

TO BOIL TRUFFLES.

Clean your truffles with a brufh, and wafh them clean with water, put them into a fauce-pan that will just hold them, fill them up with half water and half white wine, and a little pepper and falt; let them boil for one hour, then put a folded napkin in a difh, put your truffles in it, and ferve them up hot.

TRUFFLES THE ITALIAN WAY.

Pare and cut your truffles in flices, with a mufhroom cut, and a bunch of fweet herbs, feafon them with pepper and falt, put them into a ftew-pan with a piece of butter, give them a tofs over the fire, moiften them with fome gravy, add a glafs of Champaign; let it ftand for twenty minutes, fqueeze in a little juice of lemon, and ferve them up hot for a fecond courfe.

RAGOUT OF ENDIVE.

Take fome of the beft white endive, wash it clean, and blanch it in boiling water, fqueeze the water from it, and fhred it; put it into a stew-pan with fome gravy and a flice of ham, let it stew for fifteen minutes, feason it with pepper and falt to your taste.

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and ferve it up hot for a little dish, or under roast mutton or veal.

ANOTHER WAY.

Wafh, blanch, and fhred your endive as above, put it into a ftew-pan with a lump of butter, and feafon it with a little pepper and falt, and fry it for ten minutes over the fire, ftirring it all the time; moiften it with a little broth, just let it fimmer, and fkim off the fat, add the yolks of two eggs mixed with a little cream, just let it fimmer, and ferve it up hot for a little difh, or under larded collops or yeal cutlets.

TO BOIL ARTICHOKES.

Take fix middle-fized artichokes, not too old, break off the ftalks, draw out the ftrings from the bottoms, cut a bit off the top of the leaves, put them in water, wash them well, boil them in hard water till the leaves will come off easily; take them up carefully, and let them drain upon a fieve, dish them up, and ferve them up hot with some melted butter in a boat.

TO FRY ARTICHOKES.

Cut fix artichokes into eight pieces each, take out the chokes and infide leaves, leaving on two outfide leaves, wafh them clean, lay them on a fieve to drain, and make a batter for them as follows :---Take a little flour, one egg, a fpoonful of vinegar, and a little fmall beer, temper it up to a nice fmooth batter, but not too thin. Dip your artichokes in it, and fry them in hog's lard of a nice light brown; difh them up with fome gravy and butter and a fpoonful of vinegar in a boat, and ferve them up hot for a fecond courfe difh.

ANOTHER WAY.

Boil ten artichokes, take off the leaves and chokes, put them in an earthen difh, fprinkle them with a little vinegar, pepper, falt, and an onion fliced; let them lie for two hours to give them a flavour, then take them from the onions, and wipe them dry: make a batter for them of one egg, a little flour, a fpoonful of oil, and a little fmall beer; let your batter be ftiff, dip in your artichokes, and fry them in hot hog's lard, or butter, -- let them be crifp and of a nice brown; difh them up with fome gravy and butter, and a little juice of lemon under them, or in a boat, and ferve them up hot.

ARTICHOKES THE ITALIAN WAY.

Take fix artichokes, cut off a little of the top of the leaves, boil them till they are tender, take out the choke, and leave on all the outfide leaves; take a little parfley, green onions, and fweet herbs fhred fine, with a little pepper and falt; just give it a tofs over the fire, and put to it a little good gravy, a fpoonful of vinegar, and a little juice of lemon; put in your artichokes, let them fimmer for a few minutes to give them a good flavour, take them carefully out with a flice, lay them in your difh, pour the fauce over them, and ferve them up hot for a fecond courfe.

TO STEW PEASE.

Take a quart of peafe, put them into a flew-pan with an onion and fome cabbage lettice flired, a few pepper-corns, a blade or two of mace, and a bunch of fweet herbs; fet it on a flow fire to flew, moiften it with a little boiling water, and let it flew till tender, add a little pepper and falt to your tafte, with a little gravy, and a piece of butter.and flour to thicken it, give them a tofs, put them in your difh with fome flices of bacon fried and put round them, and ferve them up hot for a fide difh.

ANOTHER WAY.

Take a quart of young peafe, wash them, and put them in a ftew-pan with fome butter, two cabbage lettices cut small, two onions, with a bunch of sweet herbs; fet them on the fire, and give them a tofs, adding to them one pint of water and a piece of lump fugar; let them ftew till they are tender, add a little gravy and the yolks of two eggs mixed with a little cream, with pepper and falt to your taste,—let it fimmer, but not boil, put them into your dish, and ferve them up hot for a fecond course.

TO PRESERVE GREEN PEASE TO KEEP ALL THE YEAR.

Take fome green peafe, not too young nor too old, fhell them, put them into a ftew-pan with fome butter, and a little pepper and falt, give them a tofs now and then for ten minutes, put to them fome hard water, and let them boil for five minutes, adding to them a bit of lump fugar; take them off, and put them into wide-mouthed bottles while they are warm, let them fwim in their liquor, pour over fome clarified butter to keep them down, cork them clofe down, cut off the top of the cork, and rofin them. When you ufe them, draw the cork, take off the butter, ftrain them from the liquor, and fet on fome hard water; when it boils, put them in with a fprig of mint, boil them till they are tender, put them into a ftew-pan with a piece of butter, give them a tofs over the fire, and ferve them up hot.

TO PRESERVE GREEN PEASE ANOTHER WAY.

Pluck your peafe when the weather is dry, fhell them, and put them in dry wide-mouthed bottles, cork them clofe, and wax them over, tie them clofe down with a bladder, and keep them in a cool, dry place.

ANOTHER WAY.

Shell a quantity of nice green peafe, give them a boil in a fmall quantity of hard water, pound the peafe fhells in a mortar, and put to it the liquor the peafe were boiled in, ftrain it through a fieve into a ftew-pan, fqueeze what juice you can from the fhells, fet it on the fire to boil, with a handful of falt and a piece of fugar,—fill your bottles with peafe, and pour in your liquor; when cold, pour over them fome clarified butter or rinded fuet, cork them tight down, rofin them over, cover them with a bladder and leather, and keep them in a dry, cool place. When you ufe them, boil them in hard water, with a fprig of mint; when boiled, tofs them up with a lump of butter and flour, and ferve them up hot.

TO PRESERVE KIDNEY-BEANS.

Let your kidney-beans be gathered quite dry, lay in the bottom of a ftone jar fome falt, then a layer of beans and falt alternately, till your jar is full; put on them a piece of thin flate to keep them down, cover them with a piece of bladder and leather, tie them tight down, and keep them in a cool, dry place.

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When you intend to use them, put them in water for twenty-four hours to take out the falt, cut them small, boil them, and ferve them up.

TO PRESERVE ARTICHOKES THROUGHOUT THE YEAR.

Take four dozen of artichokes, cut off the leaves, boil them till you can take out the chokes, put them into a flew-pan with fome clean water as you do them, —when you have done them all, fet your flew-pan upon the fire, with a large handful of falt, a little vinegar, the juice of a lemon, and fome beef fuet; let it boil for ten minutes, and let your brine be pretty falt, put them into a jar that will juft hold them, with a piece of flate to keep them down; put in the liquor, pour over them fome rinded mutton fuet, tie them clofe down with a bladder and fome leather, and keep them in a cool, dry place. When you ufe them, foak them in warm water for twenty hours.

TO DRY ARTICHOKE BOTTOMS.

Pare off the leaves of a quantity of artichokes, boil them till you can take out the chokes, then ftring them with a pack-thread and a needle, hang them in a kitchen to dry, or in a flow oven. When you would use them, foak them all night in warm water, then boil them, and ferve them up hot with gravy and butter, and a little juice of lemon; or as directed in the receipts.

TO SCOLLOP POTATOES.

Boil your potatoes, peel them, beat them fine with fome good cream and a lump of butter, pepper and

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falt to your tafte; butter your fcollop fhells, put in your potatoes, fmooth them with a fpoon, and fcore them in dice, lay flices of butter on the top, fet them in a tin oven to brown before the fire; when done, put them in a difh, and ferve them up hot.

TO FRICASSEE POT'A TOES.

Pare twelve potatoes very round and neat, make a little hole in the middle of each of them, fet them to boil in a little milk and water, but do not let them break; when done, put them in a china difh, and pour over them half a pint of thick cream fimmered up with a little butter and flour, and the yolks of two eggs, white pepper and falt to your tafte; ferve them up hot for fupper.

TO FRY POTATOES.

Pare as many potatoes as will make a difh, cut them in the fhape of hearts or diamonds not too thick, fry them in mutton dripping of a nice brown, and difh them up neatly.

ENTRY OF WINDSOR BEANS.

Boil three pints of Windfor beans in hard water till tender, drain them on a fieve, and take off the fkins; put them in a ftew-pan with a lump of butter, ftrew on them a little flour and a little pepper and falt, ftir them over the fire for five minutes, put to them a little broth, the yolk of an egg mixed with a little cream, and a little parfley fhred fine,—fet them over the fire to fimmer, but not boil, fhaking them all the time; put them in your difh, garnifh them with flices of bacon broiled, and ferve them up hot for a fide difh.

ENTRY OF KIDNEY BEANS.

Take off the ftrings of your kidney beans, cut them in fmall long flices, boil them in hard water and falt till tender, drain them, put them into a ftew-pan with a piece of butter and flour, and pepper and falt to your tafte; give them a tofs over the fire, and when quite hot, ferve them up for a fecond courfe.

CAULIFLOWER WITH GRAVY.

Wafh your cauliflowers clean, boil them till near tender, put them into a flew-pan with fome good gravy, a little pepper and falt, and a tea-fpoonful of vinegar; let it fimmer for a few minutes, add a piece of butter and flour, give it a fhake over the flove; when it fimmers, put it in your difh, and ferve it up hot for a fide difh.

You may may ferve broccoli the fame way.

TO DRESS CARDOONS.

Cut your cardoons three inches long, fet them on to boil in fome hard water, with a piece of fuet, a little vinegar, and a flice of lemon; let them boil till tender, take them out and pick off the ftrings and fkins, put them into a flew-pan with fome white gravy and a flice of ham and veal; let them flew half an hour, then take out the veal and ham, adding a lump of butter and flour, with pepper and falt to your tafte, and a tea-cup full of cream; let them juft fimmer, and ferve them up hot.—You may leave out the cream for a change.

SPINAGE AND CREAM.

Pick fome spinage and wash it clean, fet it to boil

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EGGS THE PRUSSIAN WAY.

Take a fmall, deep difh, put into it fix ounces of butter, and make it hot over a stove, break in eight eggs, and ftrew over them fome crumbs of bread, and put them into an oven to brown; when done, pour fome thickened gravy round them, and ferve them up hot.

EGGS AND CELLERY.

Take five heads of cellery, the whiteft you can get, boil them in water with a little flour and a bit of fuet, to make them white; when they are tender, take them out and drain them, cut them in flices, and put them into a stew-pan with two tea-cups full of gravy, a lump of butter and flour, half a tea-spoonful of vinegar, and a little pepper and falt; let it fimmer for fifteen minutes, stirring it all the time, put it into your difh, with fome poached eggs over it, and ferve. it up hot.

EGGS WITH LETTICE.

Boil fix cabbage lettices in water for ten minutes, take them up and drain them, put them in a stew-pan with a piece of butter, pepper, falt, and fweet herbs, and let it fimmer flowly for ten minutes,-add to them a little broth or gravy, dust in a little flour, take off the fat, let it fimmer a little, and put it in your difh ; have ready the eggs fried in butter, pare them neatly, and lay them over your lettice.

EGGS AND CREAM.

Boil ten eggs hard, take the yolks, pound them in a mortar with a piece of fugar the bignefs of a large 0 3

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nutmeg, and a little nutmeg grated,—add the yolks of three eggs to bind them, make them up with fome flour into fmall balls the fize of a nutmeg,—then put half a pint of cream into a flcw-pan, with a piece of butter and flour; let it boil for five minutes, flirring it ap the time, put in your eggs, with as much fugar as will fw zeten it to your tafte, let them fimmer for four minutes, keep toffing them, pour them in your difh, and ferve them up hot for a fecond courfe.

TO MARINATE EGGS.

Poach fomc eggs in boiling water, pare them neatly, lay them in the difh in which you intend to ferve them, and make a fauce for them as follows:— Put a little water in a ftew-pan, with a little gravy, a tca-fpoonful of vinegar, pepper and falt, and the yolks of two cggs,—ftir it over the fire till it begins to thicken (but let it not boil) and pour it over your eggs; when it is cold, put fome fprigs of cold parfley and rofemary over them, and ferve them up for a fecond courfe.

TO FRICASSEE EGGS.

Boil your eggs pretty hard, cut them in round flices, lay them in your difh, and make a fauce for them as follows:—Put fome white gravy in a flew pan, with a flice of ham, two or three blades of mace, a tea-fpoonful of vinegar,—add a little butter and flour, fet it over the fire to boil for ten minutes, then add a tea-cup full of cream, mixed with the yolks of two eggs; let it finner, pour it over your eggs, and ferve it up hot.

TO MAKE MUSHROOM POWDER.

Peel fome of the thickeft large buttons you can get, cut off the root end, but do not wafh them, fpread them thin on pewter difhes, and fet them in a flow oven to dry; let them continue in the oven till they will powder, then beat them in a marble mortar, and fift them through a fine fieve with a little mace, nutmeg, and cloves pounded, and a little Cayenne pepper; bottle it, and keep it in a dry place.

ANOTHER WAY.

Take one pound of mufhroom buttons, fet them in the oven to dry on pewter difhes,—take half a pound of morells and half a pound of truffles, and fet them to dry in the oven alfo; when they will powder, beat them in a mortar together, and fift them through a fine fieve, add to it a little Cayenne pepper, put it in bottles, and keep it in a dry place for ufe. This powder may be ufed in fifh fauce, pies, and all forts of ragouts.

OBSERVATIONS ON PIES AND TARTS.

All pies require a quick oven. Raifed pies require to be made the night before they are baked, or they will fall in the oven : you muft put very little gravy in them, or it will force out, or crack the fides of the pie; but you muft warm your gravy, and peur it in when they come from the oven.—Puff-palte requires a quickifh oven, but not too hot, or it will burn it, and in a flow oven it will not rife, but become fad.— Tarts that are iced require a flow oven, as they are generally made of fugar pafte : if you put them in a quick oven, it will brown them before they are half baked; but the beft way is to bake those tarts first, then ice them, and put them into the oven for fifteen minutes to dry the icing,—then you will get it of a good colour; but if you ice them before they are baked, the icing will be too brown.

TO MAKE FORCE-MEAT BALLS.

Take half a pound of veal off the leg, chop it fine, add half a pound of beef fuet, fome pariley and thyme, a little fweet marjoram,—chop them all very fine by themfelvcs, then mix them together with fome pepper, falt, mace, nutmeg, a few crumbs of bread, and three eggs, leaving out two whites; make them into balls, not big, and fry them in butter of a light brown.

TO MAKE PUFF-PASTE.

Take a pound of flour, make a hole in the middle, break in one egg, add two ounces of butter and as much water as will make it into a pafte; roll it out, and lay on it fourteen ounces of butter, and duft on a little flour; wrap it up, and roll it out gradually, wrap it up again, and let it lie a little,—then roll it out for ufe as your receipts direct.

LIGHT PASTE.

Make a pound of flour into pafte with cold water, then roll it thin out, and lay on it twelve ounces of butter, duft on it fome flour, wrap it up, and roll it up gradually that the butter may mix,—then dust on fome flour, and wrap it up again; then roll it out for use as your receipts direct, for tarts, cheefe-cakes, pudding dishes, &c.

COLD PASTE FOR ALL SORTS OF DISHED PIES.

Take two pounds of flour, make a hole in the middle, put in one pound of butter and a little water, —make it into a pafte, but do not work it much, then roll it out, duft on fome flour, wrap it up again, and roll it out for ufe.

ANOTHER WAY.

Rub fix ounces of butter into two pounds of flour, add to it one egg, and as much water as will make it into pafte; roll it out, lay on it fifteeen ounces of butter, with a little flour, and roll it out twice for ufe.

TO MAKE CROCANT PASTE.

Take one pound of flour and three ounces of loaf fugar beaten, make a hole in the middle, put in one fpoonful of rofe water, and as many yolks of eggs as will make it into a ftiff pafte; put it into a mortar and beat it for half an hour, then roll it out thin, butter your crocant pans, and lay it on; cut it in diamonds or flowers, or in what form you pleafe, bake it in a flow oven, and ferve it up over fwect-meats. This pafte may be made into feveral ornaments for a fecond courfe; as mufhrooms, artichokes, bafkets, oval and round, hen and chickens, &c.

TO MAKE SUGAR PASTE FOR TARTS.

Rub fix ounces of butter into one pound of flour,

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with two ounces of fugar, two yolks of eggs, and a little water or milk; make it into a pafte, roll it pretty thin, and fheet your tarts with it; when they are made, bake them in a flow oven,—when done, ice them over the top as follows :—Beat the white of an egg a little, do it over the top with a paftry-brufh, duft on a little fine fugar, then fprinkle on a little water, duft on a little more fugar, fet it in the oven for a quarter of an hour to dry, and it will look like ice.

HOT PASTE FOR A GOOSE PIE.

Take fixteen pounds of fine flour, make a hole in the middle, then put four pounds and a half of butter in a fauce-pan, with two quarts of water and one pound of rinded fuet, fet it on the fire to boil, then put it into your flour, and make it into a ftiff pafte; let it cool a little, then ufe it as your receipts direct.

HOT PASTE FOR ALL SORTS OF RAISED PIES.

Make a hole in the middle of two pounds of flour, boil half a pound of butter in a little water, pour it • into your flour, make it into a fliff pafte, let it cool a little, and then raife your pies.

TARTLETS.

Sheet fome finall pitty-patty pans with light pafte, put in a little fweet-meat of different forts, crofs them over the top in diamonds with finall rolls of pafte, or in pretty fprigs or flowers; bake them in a good oven to raife the pafte,—when done, duft on fome fine fugar, and glaze them with a red hot fire flovel, and ferve them up hot for a fide or corner difh in a fecond courfe, or for fupper.

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AN OPEN TART.

Put a bottle of crane-berries into a preferving-pan, with half a pound of fine Lifbon fugar, boil them for twenty minutes, and fet them to cool; then fheet your baking-pan with light pafte, not very thick, nor muft it be thin; then put in your crane-berries, and nick it neatly round the edge; then cut out fome bars of pafte with a pair of jigging-irons, crofs your tart each way in fmall diamonds, and put a bar of pafte round the fide of your tart, to hide the ends of the crofs bars; fprinkle on fome fugar, bake it in a good oven, then take it out of the baking-pan, and put it into a china difh.

PUIS DE MORE.

Cut ten pieces of puff-pafte, pare them in the form of half a large heart, and cut one piece round; fcore them round the top with a pen-knife a little from the edge, wash them over with an egg, and bake them in a quick oven to raife the pafte; when done, put them in a dish, with the narrow points in the middle and the round piece on the top; put down the middle of each piece of paste with your thumb, and lay a little fweetmeat of different forts on each piece (it will look very pretty if neatly made), and ferve it up in a fecond courfe. You may cut them in diamonds or half moons.

ANOTHER WAY.

Cut fome puff-pafte one inch and a half fquare, put a piece of fweet-meat on the top, raife the edge up a little round it, crofs it over with one fmall roll each way, then bake them in a good oven to raife the pafte,

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and ferve them up for a fide or corner difh in a second course.

ANOTHER WAY.

Roll fome fine puff-pafte pretty thin, cut it round the fize of a china plate; roll out fome more pafte, and cut another round one inch fmaller than the firft; roll out more pafte, and cut three rounds, each round one inch fmaller than the other; fcallop them round the edges, put them on tins, wafh them over with eggs, and bake them for fifteen minutes; when done, lay the largeft in the difh, fpread over it fome currant jelly, and then the next fize on the top, and fpread over it fome rafp-jams, and then the *n*ext fize, and fpread on it fome apricot marmalet,—and fo on till the five rounds are on, one above another, and ferve it up for the middle of a fecond courfe.

RASPBERRY PUFFS.

Roll out fome puff-paste, cut it in pieces three inches fquare, put on a little rafp-jam; wet it round the edges, and close up the one half over the other, do it over with egg, and bake them of a nice brown, (feven are enough for a dish), and ferve them up for a fecond course, or for supper.

A SNAIL'S HOUSE.

Roll out fome light pafte one yard and a half in length and three inches broad, wet the fides of the pafte with a little water, put in it fome currant jelly or rafp jam, clofe it well together to keep in the fweetmeat, and let it be long and round like a faufage; butter a fheet of paper and lay it on a tin, turn the [157]

roll of pafte round it in the form of a fnail's houfe, do it over with beaten eggs, ftrew it over with fine fugar, put a piece of buttered paper round it to keep it in the form you put it in, and bake it of a nice brown; when done, glaze it with a falamander, put it carefully in a difh, with fome currant jelly round it, and ferve it up for the middle of a fecond courfe, or for fupper.

A GREEN CODLING PIE.

Take twelve green codlings, put them into a brafs pan with as much hard water as will cover them, with vine leaves under and over, and add a bit of allum; cover them clofe down that no fteam may get out, and fet them over a flow-fire; when they are foft, take them up, and peel off the fkin, and return them into the fame water with the vine leaves; hang them over a flow fire at twelve inchee diftance, till they are green, then take them out of the water, and put them into a deep difh, with as much loaf fugar as will fweeten it; lid it with puff-paste, and bake it. When it comes from the oven, take off the lid, cut it in pieces like fippets, and flick them round the infide of the pie, with the points upwards, - then pour over your codlings a good cuftard made thus :-Boil a pint of cream with a flick of cinnamon, and let it fland till cold, add the yolks of four eggs well beaten, and as much fugar as will fweeten it; fet it on the fire, keep ftirring it all the time till it grows thick (taking care not to let it boil, or it will curdle), then pour it over your pie,---and when cold ferve it up for a fecond course.

MINCE PIE MEAT.

Boil a fresh beef tongue two hours, and skin it,-

when it is cold mince it very fine; to one pound of this meat put one pound and a half of beef fuet fired very fine, two pounds of currants washed very clean, very fine, two pounds of currants wathed very clean, one pound of raifins floned and chopt a little, fix apples chopt very fine, and as much fugar as will fweeten it to your tafte,—add one pound of citron and orange peel, a quarter of an ounce of cinnamon, cloves, and mace; mix it all well together, with one gill of brandy and one pint of fweet wine, put it clofe down in a mug, and cover it over with paper. When you want to ufe it, fheet your pans with light pafte, full them up with the above meat, and a fpoonful of fill them up with the above meat, and a fpoonful of red wine; cover the pies, and bake them twenty minutes. When you want to use your meat, put a fpoon down to the bottom, and take an equal quan-tity from the bottom with the top, for the juice

generally fettles to the bottom.

MINCE PIE MEAT WITH APPLES.

Pare, core, and chop very fine one pound and a half of apples, one pound and a half of beef fuet, two pounds of currants washed clean and dried, and one pounds of currants wanted clean and dired, and one pound and a half of loaf fugar fifted; cut fmall half a pound of orange and citron peel, a quarter of an ounce of cinnamon, eight cloves, one nutmeg, and a quarter of a pint of French brandy; mix it all well together, put it close down in a pot, and keep it for use.

A CHICKEN PIE IN'JULY.

Clean and pick three chickens, cut them in pieces as you do for a fricaffee, feafon them with pepper, falt, and mace; have ready a coffin neatly made of hot pafte, put in the chickens with a little broth. ornament it, and fet it in the oven to bake for two hours. While it is baking, get ready half a pint of green peafe, boil them tender,—boil half a pint of cream for ten minutes, then throw in the peafe with a piece of butter and flour, a little falt and nutmeg; let it fimmer five minutes, then raife up the lid of the pie and pour it in, add a little juice of lemon, and ferve it up.

You may make a rabbit pie in the fame manner as above.

A CHICKEN PIE.

Clean and pick three chickens, cut them in pieces, feafon them with pepper, falt, and mace; fheet your difh with light pafte, lay in the chickens with a little force-meat, a little butter and gravy, clofe it up, and bake it an hour and a half.

ANOTHER WAY.

Take two chickens, let them be drawn and made clean, cut them in pieces, feafon them with pepper, falt, and mace; raife a neat coffin for it, lay in the chickens with a pound of ham cut in flices, and fome butter; clofe it up, and bake it two hours. You may ferve it up either hot or cold: if you ferve it up hot, put in half a pint of gravy; if cold, pour in half a pound of clarified butter.

CALF'S HEAD PIE.

Take a calf's head with the fkin on, fcald it, take the hair clean off it, fplit and wafh it, and boil it till tender; cut the meat clean off the bone as big as a walnut, put it into a ftew-pan with one quart of gravy, half an anchovy, two glaffes of Madeira wine, a little Cayenne, beaten mace, and cloves, a dozen force meat

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balls, and a little foy or catfup; let it fimmer for half an hour, put to it a piece of butter and flour, fqueeze in a little lemon juice; have ready a deep difh fheeted with light pafte, put in as many of the bones of the calf's head as will fill it, and a little broth or water to fave your difh; lid it with light pafte, and mark it neatly round the edges, bake it in a fharp oven till the pafte is enough; take it out, and cut the lid round within the rim of your difh, take out the bones, and let your hafh be quite hot and well feafoned with pepper and falt; put your hafh in the difh, lay the lid on it, and ferve it up hot. This is a genteel difh for a firft courfe.

VEAL PIE.

Cut fome flices off a fillet of veal, hack them with the back of a knife, wafh them over with the yolk of an egg, let them be all of a fize, feafon them with pepper, falt, nutmegs, thyme, and parfley fhred, crumb them with bread, and roll them up like little collars; fheet your difh with light pafte, lay in your veal with the yolk of an egg between every roll; break on the top a quarter of a pound of butter, add to it a little broth or gravy, and duft on a little flour, lid it, and bake it in a fharp oven for three quarters of an hour, or more if it is a large one; then make a fauce for it as follows:—Boil a few afparagus heads tender, put them in a ftew-pan with a little gravy, a few pickled mufhrooms and force-meat balls; let it fimmer for fifteen minutes, raife up the lid of your pie, and pour it in.

A VEAL PIE ANOTHER WAY.

Cut the beft end of a neck of veal into fteaks, feafon them with pepper, falt, mace, and nutmeg, a little [161]

parfley, thyme, and three mufhrooms; fheet your difh with light pafte, lay in your fteaks with fome butter on the top, duft on a little flour, and put in a little broth,—clofe np your pie, ornament it, bake it one hour and a half in a quick oven; when done, raife up the lid, put in fome good gravy, and ferve it up hot for a first courfe.

A SWEET VEAL FIE.

Cut the beft end of a neck of veal into fteaks, feafon it with pepper, falt, and mace, fheet your difh with light pafte, lay in your fteaks, with half a pound of currants wafhed clean, and a few jar raifins ftoned; lay fix ounces of butter on the top, a little citron and orange peel, cover it over with light pafte, bake and ornament it. When it comes from the oven, put in half a pint of white gravy and a glafs of white wine. One hour and a half will bake it.

A RAISED SWEET PIE.

Cut the beft end off a neck of veal, feafon it as above, have ready a coffin made of hot pafte, lay in your fteaks, with a quarter of a pound of currants wafhed clean, a quarter of a pound of jar raifins ftoned, a good flice of butter, and half a pint of veal gravy; cover it up, and ornament it, — bind it round with paper to keep it from falling, bake it two hours, and ferve it up either hot or cold.

A PIE OF LARDED COLLOPS.

Take fome flices off a leg of veal, and lard them neatly in rows, feafon them with pepper, falt, and mace, flect your difh with light pafte, lay in your collops, with the udder of veal cut in flices and laid round them; put fome butter on the top, and a little gravy in it, clofe it up, ornament it, then bake it for one hour and a half. When done, raife up the lid, put in fome cullis or gravy, and ferve it up for a corner difh in a first course.

EEL PIE.

Skin, gut, and clean your eels well, cut them in pieces the length of your finger, feafon them with pepper, falt, and mace; fheet your difh with light pafte, lay in your eels, with fome butter, one anchovy, one glafs of Madeira wine, and a little good gravy; clofe it up, and one hour will bake it in a quick oven.

HARE PIE.

Cut your hare in little pieces, feafon it with mace, nutmeg, pepper, and falt; fheet your difh with pafte, lay in the hare with half a pound of butter, one glafs of Port wine, and a little gravy; clofe it up, and bake it two hours.

A RABBIT PIE.

Cut two rabbits in pieces, feafon them with pepper, falt, and mace, roll out a fheet of pafte, put it in your difh, lay in the rabbits, with a little gravy, butter, and a few bars of bacon on the top; clofe it up, ornament it, and bake it one hour and a half. Take it out of the baking-pan, and put it on a china difh; cut a hole in the top, and pour in half a pint of cullis, with two handfuls of afparagus peafe boiled tender, — give the pie a fhake to mix the fauce, and ferve it up for the first courfe.

You may make chicken pie the fame way.

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A GOOSE PIE.

Take a goofe, a turkey, a fowl, a duck, and a hare, and bone them, feafon them with pepper, falt, mace, cloves, nutmeg, and a little faltpetre; let them lie for two nights, then make ready fome good hot pafte, raife a coffin for them neatly, lay in a cold boiled tongue, with all the above things, one in another, with a goofe over all the reft; put in one pound of butter, clofc up your pie, ornament it neatly, and bake it for four hours in a foaking hot oven : when done, clarify a pound of butter and pour it in at the top. Serve it up cold.

A GIBLET PIE.

Kill your goofe, fave the blood in a bafon, ftir in a tea-cup full of oat-meal, and as much grated white bread, a little pepper, falt, and nutmeg, half a pound of beef fuet fhred very fine, with a little dried mint, penny-royal, thyme, and fweet marjoram, mixed all well together, with the yolks of two eggs and a teacup full of cream; then have ready the fkin of the neck of the goofe made very clean, fill it with the pudding, lay it in a deep difli fheeted with light pafte, with your giblets feafoned with pepper and falt; lay fome butter on the top of them, add half a pint of gravy, clofe up your pie, and bake it two hours.

A MUTTON PIE.

Cut the beft end of a neck or loin of mutton into chops, feafon them with pepper, falt, a little parfley and thyme; fheet your difh with light pafte, lay in your chops with a little broth, clofc it up, and bake it one hour and a half; when done, put in fome gravy, and ferve it up hot for a first course.

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A LOBSTER PIE.

Take two boiled lobfters, pick out the meat as whole as you can, feafon it with pepper, falt, and mace; fheet a difh with puff-pafte, lay in your lobfters, with twenty large oyfters, and a gill of fhrimps picked and wafhed clean, a few crumbs of bread, and fix ounces of butter; make a force-meat of ten oyfters, a little fuet, two anchovies fhred fine, and a few crumbs of bread, mix it well together with a little pepper and falt, and the yolks of two eggs; make them into a dozen balls, and put them into the pie, with the oyfter liquor and half a pint of gravy; cover it, ornament it, and bake it three quarters of an hour, -- then ferve it up hot for a fide or corner difh in a firft courfe.

A TURBOT PIE.

Take fome cold boiled turbot, cut it in flices three inches long and two inches broad, feafon it with pepper, falt, and nutmeg, two mufhrooms, parfley and thyme fhred fine; fheet a difh with light pafte, lay in your fills with fix ounces of butter and a little gravy, cover it up, ornament it, and bake it three quarters of an hour. Make a force-meat of ten oysters, a few fhrimps, and fome crumbs of bread, feafon it with pepper, falt, and mace, chop it fine, and mix it with the yolks of two eggs; make it into balls, and fry them brown in butter, put them in a ftew-pan with fome gravy, the tail of a lobster cut in dice, one anchovy, a little catfup and lemon juice, thicken it up with a picce of butter and flour; let it just boil. When the pie is baked, take off the lid, pour in the fauce, and ferve it up hot for a first courfe.

CALF'S FEET PIE.

Boil three calf's feet till they are tender, take out the bones, cut them in little pieces as big as half a crown, feafon them with mace and cloves, a little pepper and falt; fheet your difh with light pafte, lay in your meat with a quarter of a pound of jar raifins ftoned, a quarter of a pound of currants wafhed, a gill of red wine, a little fuet fhred, and fome orange and citron peel; clofe in your difh, and bake it one hour. When done, pour in a little gravy at the top, and ferve it up hot for a firft courfe.

CALF'S FEET PIE ANOTHER WAY.

Boil two calf's feet till tender, take out the bones and chop them very fine, add half a pound of beef fuet fhred fine, half a pound of currants, half a pound of raifins ftoned, fome fugar and fpice, a little red wine, and fome orange peel,—mix all well together; fheet your difh with light pafle, put in the meat, clofe it up, ornament it, and bake it one hour in a quick oven.

A RAISED BEEF STEAK PIE.

Beat fix rump fteaks very well with the rolling-pin, feafon them with pepper and falt, and three fhalots chopt fine; have ready a raifed coffin of pafte that will just hold them, lay in your fteaks, with a quarter of a pound of butter on the top, and half a pint of gravy; clofe it up, ornament it, bake it two hours, and ferve it up for the middle of the table in a first course.

A FRENCH PIE.

Take a breaft or a neck of lamb, cut it in pieces

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about the bignefs of a crown piece, feafon it with mace, a little pepper and falt; fheet your difh with pafte, lay in the lamb with a few oyfters, fome cock's ftones and combs, and a piece of butter, then clofe it up, and bake it one hour and a half. Take it out, cut a hole in the top, put in half a pint of cullis, with force-meat balls and made eggs ftewed in it, and ferve it up for a first courfe.

A PIGEON PIE.

Pick, draw, and finge fix pigeons, feafon them with pepper and falt, chop the livers with a little fat bacon, thyme, and parfley, put a piece into every pigeon, lay them into a difh fheeted with light pafte, with half a dozen hard yolks of eggs, fix artichoke bottoms boiled tender, and fix ounces of butter; fprinkle on a little flour, add fome gravy, clofe up the pie, and bake it one hour and a half.

A PEREGOE PIE.

Pick four pheafants clean, draw them, tuck in their lcgs as for boiling, feafon them with cloves, mace, nutmeg, black pepper, and falt: ftew one dozen of truffles for two hours; while they are cooling, make a coffin of hot pafte, put in your pheafants and truffles with two pounds of butter, one pound and a half of veal force-meat, and a few thin flices of bacon over the top of your pheafants; clofe up your pie, ornament it neatly, do it over with egg, and bake it three hours; when it comes from the oven, put in a pound, of clarified butter, and ferve it up cold.

A TURKEY PIE.

Raife a coffin neatly of hot pastc, bone your turkey,

feafon it with favoury fpices, add one pound of ham cut in flices, and a little force-meat, a little gravy, and half a pound of butter; clofe up the pie, ornament it, and fet it in the oven, where two hours will bake it.

ANOTHER WAY.

Raife a coffin for it as above, and cut your turkey up as for eating, feafon it with pepper, falt, mace, cloves, and nutmeg; lay it in the coffin with fome flices of ham and a pound of butter, clofe it up, ornament it neatly, bake it two hours and a half, and ferve it up cold.

VENISON PASTY.

Bone a fide of venifon, cut it into fquare pieces, put it into a ftew-pan with a little gravy, let it ftew for one hour, and fet it to cool; fheet your pafty-pan with pafte made with half the weight of butter as flour, feafon your venifon pretty high with pepper and falt, then put it into your pafty-pan, put fome butter on the top, and duft a little flour on it; roll out your pafte, cover it, ornament it, bake it two hours and a half, pour fome gravy into it, and ferve it up hot.

PETTY PATTIES BESH A-MELL.

Half roaft a fowl, and when it is cold cut it in fmall dice or in fillets, then put it in a ftew-pau; take a pint of cream, boil it till it grows thick, put in a little butter and flour, with pepper and falt to your tafte; put in your fowl, make it quite hot, add a little juice of lemon,—fheet your patty-pans with puff-pafte, and put a bit of meat in them to make a hole; cover them,

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do them over with eggs, and bake them. When they are done, take out the meat and put it in your fowls, then ferve them up hot for a corner difh in a first course.

PETTY PATTIES OF OYSTERS.

Open thirty large oyfters, put them into a ftew-pan, let them fimmer; ftrain your liquor into a bafon, wafh your oyfters; and put them to their liquor; feafon them with a little pepper, falt, and nutmeg, a little parfley and thyme chopt fine; fheet your patty-pans with puff-pafte, put in your oyfters with a bit of butter, and a few crumbs of bread on the top, and a little of the liquor; bake them, and ferve them up hot,—or you may lid them with light pafte, leaving out the bread.

PETTY PATTIES OF VEAL AND FOWL,

Raife five very fmall petty patties with hot pafte oval, mark them round the top infide and out, put fome force-meat at the bottom, bake them; have ready a ftew-pan with fome gravy, take a little of the infide of a cold loin of veal, and the breaft of a cold roaft fowl, fhred it fmall, put it in your ftew-pan, let it fimmer, feafon it with white pepper, falt, and mace; raife up the force-meat, and put in your veal and fowl, lay the force-meat on the top, bake fome pieces of pafte acrofs a pepper-box to look like handles, flick them acrofs your patties, and they will look like bafkets.

PETTY PATTIES FRIED.

Chop fix ounces of a leg of veal very fine, put it into a flew-pan with three ounces of butter, a few [169]

crumbs of bread, and a little of the fat of the leg of veal cut in dice, a little thyme and parfley, pepper and falt,—mix it all well together, fet your pan over the flove for twelve minutes, ftirring it all the time, and pour it into a difh to cool; have ready fome light pafte rolled out, and cut in pieces about the bignefs of a crown, or two inches fquare; lay a little of the meat on the top, wet the edge round, and lay on a lid, turning up the edges to keep in the gravy; fry them in a pan full of hog's lard of a nice light brown, and ferve them up hot.

ANOTHER WAY.

Cut a cold roaft fowl into fmall fillets, put it into a ftew-pan with a little white gravy, thicken it up with a little butter and flour; have ready fome hot pafte, roll it out the bignefs of your hand, put a fpoonful of your fowl in, and clofe it up exactly in the form of a pear, with an eye at one end and a ftalk at the other; tie them round with a piece of thread to keep them from opening, fry them in hog's lard of a fine light brown, and ferve them up hot. Six will make a pretty fide difh for a firft courfe.

PETTY PATTIES OF HOUSE LAMB.

Take the beft end of a neck of lamb, cut it in fteaks, trim them neatly, feafon them with pepper, falt, mace, parfley, and thyme fhred fine; make as much hot pafte as will make eight; form your pafte like a ball, put the end of your rolling-pin on the pafte, and work up the pafte in the form of your rolling-pin, three inches high and two inches wide, then flit it off the pin. When the eight are thus formed, put in a lamb Iteak with a piece of butter and a fpoonful of gravy;

clofe them neatly up, do them over with egg, and bake them half an hour. When they come from the oven, put in a spoonful of gravy, with a mushroom chopt amongst it; or mix a tea-cup full of white gravy, and a tea-cup full of cream, thicken it up with a little butter and flour, squeeze in a little juice of lemon, and put in a spoonful of this to make a change.

PETTY PATTIES OF VEAL.

Take half a pound of a leg of veal, half fat and half lean, cut it into fmall pieces the bignefs of a shilling, and flat them with a cleaver, put them into a ftew-pan with a piece of butter as big as a walnut, a little parfley, thyme, pepper, falt, and mace,—fet it for fome minutes over the fire, ftirring it all the time, then set it on a plate to cool; sheet your patty-pans with puff-paste, lay in your veal, one flice of fat and another of lean, till they are full,-then lid them, wash them over with egg, and bake them twenty minutes; take them out, put in a spoonful of gravy, and ferve them up hot. This is a genteel first course dish at a small expense.

You may make mutton patties the fame way.

PETTY PATTIES OF SOAL OR TURBOT.

Take cold foal or turbot, 'cut it in fillets half an inch long and very fmall; make a befh-a-mell fauce, the fame that is for the petty-patties of fowl; fheet your patty-pans with light paste, put in a piece of meat to make a hole, bake them, and take out the meat; warm up your fish in the fauce with a little pepper and falt, and a little juice of lemon, fill your petty patties with it, and ferve them up hot for a corner difh.

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OBSERVATIONS ON PUDDINGS.

White pot, bread, and cuftard puddings require a moderate oven; lemon, almond, and orange puddings fhould have a quicker oven, to raife the pafte.—When you boil a pudding, let your cloth be very clean, dip it in boiling water, rub on it a little butter, and duft on fome flour: if you boil it in a bafon, butter it, and tie a cloth over it; keep your pot conftantly boiling, with plenty of water. When your pudding is enough, take it out, dip it in cold water, take off the cloth, put your difh over it, and turn it carefully out.—If boiled in a cloth, put it in a fieve that will juft hold it, untie the cloth, turn it back, lay a difh on your fieve, and turn your pudding into it, taking the fieve and cloth carefully off.

TO MAKE BLACK PUDDINGS.

Put a quarter of a peck of groats into a pot with fome new milk, and let them flew till tender; when cold, add a little grated bread and three pounds of beef fuet chopt, one nutmeg, pepper, falt, and mace; feafon them with thyme, fweet marjoram, or mint, rubbed or chopt very fine,—add two quarts of fwine or beef blood, mix it all well together; then take the guts and fill them (but be fure the guts are well cleaned), tie them in links, and boil them very carefully. Let them not be too full, or they will burft in boiling.

BLACK PUDDINGS ANOTHER WAY.

Take fome cut groats (commonly called chimins),

put them into a clean mug, and pour on them fome boiling milk; let them foak all night, then ftrain on them some fwine's blood,-add some of the leaf of the hog, or fome fuet cut in fmall square dice; feafon it with pepper, falt, mace, and nutmeg, fome thyme, mint, and penny-royal, all rubbed or chopt fine, mix it all well together with the yolks of two eggs; let your guts be very clean, fill them (but not too full), tie them up in links, and prick them, put a little ftraw into the bottom of your pot, and a difh over it, and when it boils put in your puddings; let them boil twenty minutes, pricking them feveral times to keep them from burfting; take them up, lay them on fome ftraw, and keep them in a cool, dry place. When you use them, boil them in a little water, broil them crifp on a gridiron, ferve them up hot, and eat them with melted butter and muftard.

HUNTING PUDDING.

Take half a pound of flour and half a pound of grated bread, half a pound of fuet fhred, half a pound of currants, a quarter of a pound of jar raifins ftoned, four eggs, and as much milk as will make it into a ftiff batter,—then a little orange and lemon peel, a little nutmeg, falt, and brandy; mix it all together, then flour your cloth, put it into the pot, boil it four hours, and ferve it up hot for a firft courfe.

QUAKING PUDDING.

Take one pint of cream, the yolks of eight eggs, the whites of three, four fpoonfuls of fine flour, a little nutmeg, and as much fugar as will fweeten it; put it in a cloth, boil it three quarters of an hour, then ferve it up with melted butter and fweet wine.

CALF'S FEET PUDDING.

Boil two calf's feet tender, chop 'them very fine, add fix ounces of grated bread, boil a pint of milk and pour on it, add half a pound of beef fuet chopt fine, fix eggs, half a pound of currants, a little fine fpice, a few almonds fliced, a little orange and citron peel, one glafs of fweet wine, and as much fugar as will fweeten it; butter your difh, put it in, and bake it an hour.

WHITE PUDDINGS, IN SKINS.

Blanch one pound of rice in boiling water, drain it upon a fieve, put it into one quart of new milk, and boil it till it is foft,—add to it one pound of clean wafhed currants, one pound of beef marrow or hog's lard cut very fine, five eggs, a little mace and cinnamon pounded, and a little falt; mix them all well together, fill your fkins lightly, and boil them half an hour very flowly. When you use them, broil them on a gridiron.

ANOTHER WAY.

Take a quart of crumbs of bread, pour on it one quart of new milk and a quart of cream, the yolks of ten eggs, fix ounces of beef fuet fhred, three ounces of butter melted, with half a pound of currants wafhed and dried; feafon it with falt, cinnamon, mace, and nutmeg, fweeten it to your tafte, add a little preferved lemon and orange peel, and mix it all well together; let the guts be very clean, fill them (but not quite full) tie them up in fmall links, prick them with a needle to keep them from burfting; let them boil flowly for a quarter of an hour, take them out, and lay them on fome clean ftraw to cool. When you use them, boil them a few minutes, lay them on a gridiron to brown and crisfp, and ferve them up hot.

A SAGO PUDDING.

Pour one quart of boiling water on four ounces of fago, clofe it down for ten minutes and wafh it quite clean, put it into a fauce-pan with fome milk, boil it till it is foft and thick, add to it half a pint of cream, a little brandy, eight eggs (leaving out the whites of three), as much fugar as will fweeten it, with a little grated nutmeg to your tafte; fheet your difh with light pafte, put in your pudding, with a quarter of a pound of butter fliced and laid on the top: bake it forty minutes. When baked, grate fome fugar over it, and ferve it up with white wine fauce.

A YORKSHIRE PUDDING TO BAKE UNDER VEAL OR MUTTON.

Beat up fix eggs with three table fpoonfuls of fine flour, a little falt, a quart of new milk, and a little nutmeg,—mix it all together; butter your drippingpan and put it in,—when it is brown, cut it in fquare pieces, and turn it over to brown on the other fide, then ferve it up on a difli, with a flice of butter on a plate.

ALMOND PUDDING.

Blanch fix ounces of almonds, beat them finc in a mortar, add to them half a pound of butter, half a pound of fugar, a little brandy and fweet wine, the rind of one lemon grated, two tea-cups full of thick cream, a little nutmeg grated, and eight eggs, (leaving out the whites of four); mix it well together, fheet your difh with light pafte, put it in, and bake it three quarters of an hour; then ferve it up for a fecond courfe, garnifhed with flices of orange.

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TANSY PUDDING BAKED.

Take half a pound of grated bread, one quart of cream or new milk, boil it, and pour it upon the bread; cover it clofe down, add to it eight eggs (leaving out the whites of four), a few almonds fliced, —green it with fpinage juice, add four fpoonfuls of tanfy juice, as much fugar as will fweeten it, one glafs of brandy, fix ounces of butter, and a little nutimeg; butter fome writing paper, lay it in a mould or difh, put in your pudding, and bake it three quarters of an hour; when done, turn it into your difh, and garnifh it with flices of orange.

TANSY PUDDING BOILED.

Grate fix Naples bifcuits and three ounces of crumbs of bread, put to them one pint of boiling cream; when it is cold, put in the yolks of five eggs, two fpoonfuls of tanfy juice, and as much fpinage juice as will green it, adding a little nutmeg and a glafs of brandy; butter a cloth or a bafon, tie it up tight, boil it three quarters of an hour; take it up, put it into a fieve that will juft hold it, let it ftand for ten minutes, turn it into a difh, and ferve it up.

WHITE POT PUDDING.

Cut half a pound of bifcuit cake into thin flices, and lay it in a china difh, boil a quart of cream, with a few coriander fceds, a little cinnamon, and lemon peel, —take it off and lct it cool, add feven eggs, as much fugar as will fweeten it, with a little nutmeg, then ftrain it into the difh : three quarters of an hour will bake it. You may garnifh the brim of the difh with. light pafte, if you chufe it.

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COMMON RICE PUDDING.

Boil half a pound of rice in a quart of water for ten minutes, drain the water clean from it, and put to it one quart of new milk, a bit of the rind of a lemon, and a flick of cinnamon; let it boil till the rice is quite tender, take it off, and flir in a quarter of a pound of butter, a quarter of a pound of loaf fugar, half a pint of cream, and five eggs,—mix it all well together, and grate in a little nutmeg; butter your difh, and put it in. Three quarters of an hour will bake it.

GROUND RICE PUDDING.

Boil one quart of new milk with half a pint of cream, ftir in fix ounces of ground rice, let it boil a little, ftirring it all the time; put in a quarter of a pound of loaf fugar, fix ounces of butter, a little nutmeg, and five eggs well beaten; butter your difh, and put it in. Half an hour will bake it.

BOILED RICE PUDDING.

Boil five ounces of rice till it is tender, put it on a fieve to drain, and pound it fine in a mortar with the yolks of five eggs, a quarter of a pound of butter, and a quarter of a pound of fugar,—grate the rind of half a lemon, a bit of nutmeg, one fpoonful of flour, and a little falt; mix it all well together, and add half a pound of currants made clean,—butter a cloth, put in the pudding, and tie it tight; boil it three quarters of an hour, difh it, and ferve it up with white wine fauce.

CARROT PUDDING.

Rafp feven ounces of raw carrot, put to/it half a

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pound of grated bread, pour on it one pint of boiling cream, a little cinnamon and nutmeg, a little brandy, and the yolks of feven eggs,—beat it all well together, with fix ounces of butter, and fweeten it to your tafte; garnifh the difh with light pafte, put in the pudding, and bake it three quarters of an hour.

POTATOE PUDDING.

Boil fix large potatoes,—when tender, peel and bruife them fine, grate in two penny Naples bifcuits, a little mace and nutmeg, fome fugar, fix eggs, fix ounces of butter, and the juice of one orange; mix it all well together, put it into a difh fheeted with light pafte, bake it, and ferve it up with grated fugar.

PLAIN BREAD PUDDING.

Grate half a pound of foft bread, boil a pint of milk, and pour on it, let it ftand half an hour, add four eggs, a little nutmeg, fugar, and a little brandy; beat it well together, put it into a cloth, and boil it one hour.

NEW COLLEGE PUDDING.

Grate one pound of bread, and add half a pound of currants wathed and dried, a quarter of a pound of jar raifins ftoned and fliced, a quarter of a pound of almonds blanched and fliced, a little mace and nutmeg, half a pound of marrow or fuet chopt fine, half a pint of cream, a little fweet wine or brandy, feven eggs, as much fugar as will fweeten it, and fome candied orange or lemon peel,—mix it all well together; butter a dozen petty patty-pans, fill them with the pudding, and bake them half an hour; turn them ou upon a difh, grate fome fugar on them, garnish the difh with fome flices of orange, and ferve them up hot.

CUSTARD PUDDING.

Take one pint of cream, and mix it with fix eggs well beaten, two fpoonfuls of flour, half a nutneg grated, a little falt and fugar to your tafte; butter a cloth, and put it in when the water boils,—let it boil half an hour, and ferve it up with melted butter for fauce, and fweet wine.

MARROW PUDDING BOILED.

Pour one pint of boiling cream on the crumbs of a penny loaf, fhred three quarters of a pound of beef marrow very thin, add five eggs well beaten, a glafs of brandy, fugar and nutmeg to your tafte, a quarter of a pound of citron and orange peel, half a pound of currants wafhed clean, and a quarter of a pound of jar raifins ftoned; put it in a cloth, tie it up tight, and boil it one hour and a half; garnifh it with flices of orange, and ferve it up with melted butter and white wine.

MARROW PUDDING BAKED.

Boil a quart of cream with a flick of cinnamon, one quarter of a nutmeg, and a blade of mace, then mix it with eight eggs well beaten, a little falt, fack, and orange-flower water, flrain it, put to it fix Naples bifcuits grated, half a pound of currants wafhed clean, two ounces of jar raifins floned, and the marrow of two large bones; mix it all well together, put it in a flew-pan, flir it over the fire till it grows thick, then, put it into a difh garnifhed with light

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paste, laying on the top some pippin paste knots (green, red, and yellow), with some flices of lemon and citron peel: three quarters of an hour will bake it. Serve it up with sweet wine sauce.

MARROW PUDDING IN SKINS.

Blanch one quarter of a pound of almonds, pound them in a mortar, put them into a bafon with the crumbs of a penny loaf, pour on it one pint of boiling cream, and let it cool,—add the yolks of four eggs and the whites of two, with a little fugar and nutmeg to your tafte, and the marrow of two benes chopt fine; mix it all well together with half a pound of currants wafhed clean; make your fkins very clean, (do not fill them quite full, as they will fwell), and boil them gently for half an hour.

ORANGE PUDDING BAKED.

Pare four Seville oranges, boil the parings till they are tender, then pound them in a mortar till fine, add half a pound of butter, half a pound of lump fugar fifted fine, eight eggs (leaving out the whites of four), a little brandy, the juice of the four oranges, a little nutmeg, and three Naples bifcuits grated; fheet your difh with light pafte, put in your pudding, and bake it one hour.

ORANGE PUDDING BOILED.

Take half a pound of grated bread, pour on it one pint of boiled cream or milk, let it ftand a little, add to it the rind of three Seville oranges boiled tender, and pounded in a mortar,—add the juice of two oranges, the yolks of fix eggs, a little brandy, nutmeg. and fugar to your tafte; mix it well together, then butter a cloth to put it in, and boil it three quarters of an hour; when done, take it out, dip it in cold water, put it in a fieve, turn it out carefuliy into a difh, and make a fauce as follows:—Put a little thick melted butter into a ftew-pan, add to it the juice of one orange, a little fweet wine and fugar; let it juft boil, then pour it over the pudding, and ferve it up hot.

LEMON PUDDING.

Grate the rind of four lemons, put it into a bowl, ftrain to it the juice, add three quarters of a pound of butter, three quarters of a pound of lump fugar, the yolks of ten eggs, and the whites of five; mix it all well together, with a little nutmeg and a tea-cup full of brandy,—fheet a difh with light pafte, put in the pudding, and bake it three quarters of an hour.

ANOTHER WAY.

Take eight eggs (leaving out four whites), two ounces of almonds blanched and pounded, half a pound of butter, the juice and rinds of three lemons, a little grated bread, or three penny Naples bifcuits, a little brandy and fweet wine, and a little fpice; mix it together with as much fugar as will fweeten it, fheet your difh with light pafte, put it in, and bake it three quarters of an hour.

A STAFFORDSHIRE PUDDING.

Boil one quart of cream or new milk, with a flick of cinnamon, a few coriander feeds, and a little lemon peel : fet it to cool, add the yolks of feven eggs, and the whites of four; fweeten it with fugar: have

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ready your difh fheeted with light pafte round the edge; lay in a layer of bread, a little marrow or fuet, with a few currants, and fo till your difh is nigh full; then ftrain the cream and eggs on the top of it, and bake it three quarters of an hour.

BISCUIT PUDDING.

Grate half a pound of bifcuit cake, pour on it one pint of boiling cream; when it is cold, add to it the yolks of fix eggs, a little brandy, and half a nutmeg grated; mix it, then butter a cloth or bafon, put it in, tie it up tight, and boil it three quarters of an hour; when done, difh it up, garnifh it with currant-jelly, and ferve it up with wine fauce in a boat.

A HAMLET.

Take eight eggs, beat them, feafon them with pepper, falt, thyme, fhalot, parfley and nutmeg, a little good gravy, a little ham chopt fine, a quarter of a pound of butter broke in pieces; put a piece of butter in a pan, put in your hamlet, and fry it, but not too much: when done, put it into a difh, with a little good gravy and butter, and ferve it up for a fecond courfe.

APPLE FRITTERS.

Pare the apples, quarter them, and cut out the cores; make a batter of fmall beer and two eggs, and thicken it with flour; dip in your apples, fry them in hog's lard of a nice brown colour, lay them nicely in a difh, flrew fome fugar on them, glaze them with a falamander, and ferve them up for a fecond courfe.

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CLARY FRITTERS.

Beat up four eggs with four fpoonfuls of flour, half a pint of cream, and a little rofe-water; take eight clary leaves, dip them in the batter, and fry them in butter of a nice light brown: the remainder of the batter you must mix with eight clary leaves fhred fine, put it in a frying-pan, and fry it of a nice light brown; put it in a dish, garnish it with the eight clary leaves you fried first, and some flices of orange, strew some sugar over the top, and ferve it up hot. This is a pretty dish for a second course, or for fupper.

APRICOT FRITTERS.

Take eight dried apricots, make a batter for them with three fpoonfuls of flour and a little fmall beer; mix it well, let it be pretty thick, put in your apricots, and mix them with the batter; fry them in hog's lard of a nice brown, and quite crifp, drain them on a fieve, put them on a china difh, and fift fome fine fugar over them. They are a pretty fecond courfe diffe.

PLUMB FRITTERS.

Grate the crumbs of a penny loaf, pour on it a pint of boiling cream, let it ftand to cool, add the yolks of fix eggs, four ounces of fugar, half a pound of currants wafhed clean, a little nutmeg grated, and a fpoonful of brandy; mix it well together, and fry them in hog's lard, - one fpoonful is enough for a fritter. When fried, drain them on a fieve, difh them up as above, and ftrew fome fugar over them for a fecond courfe.

TANSY PANCAKES.

Put a pint of cream into a bowl, add eight fpoonfuls of flour, fix eggs, two fpoonfuls of fugar, two fpoonfuls of tanfy, as much fpinage juice as will green it, with a little grated nutmeg; mix it well together, fry them in butter in a fmall frying-pan, put them in a difh with fugar over them, and ferve them up for a fecond courfe.

CREAM PANCAKES.

Boil a pint of cream for five minutes, with a flick of cinnamon, a few coriander feeds, and two ounces of fugar; let it cool, mix in it feven table fpoonfuls of fine flour, and fix eggs beaten; flrain it through a hair fieve, and flir in it two ounces of melted butter, a little nutmeg grated, and a little falt; then put a piece of butter into a fmall frying-pan; when it is hot, put in a tea cup full of batter, fry them of a nice brown without turning, as they are very tender, and apt to break; turn a faucer within a china difh, and -put your pancakes on it, fift on fome fine fugar, garnifh them with flices of orange, and ferve them up for a fecond courfe.

BATTER PANCAKES.

Mix a quart of milk with fixteen fpoonfuls of fine flour, and fix eggs beaten, add a little falt and nutmeg grated; let it be well mixed, then put a little hog's lard into a frying-pan, make it hot, put in a little of the batter, and fry it on both fides. Serve them up with fugar over them.

BENNETS.

To half a pint of water add fome lemon peel and a

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piece of cinnamon; boil them for ten minutes, then take the bignefs of a walnut of butter and three fpoonfuls of flour, boil and flir it well over the fire; take it off and let it cool, put in a little falt and the yolks of four eggs; beat them well together, put a good deal of fat into a frying-pan, and when it is hot, drop them in with a tea-fpoon as big as a large nutmeg; fry them very gradually, that they may have time to rife, —take them out (when they are brown), flrew them over with fine fugar, and glaze them with a falamander. You may put fweetmeats in them, if you chufe. They are proper for a fecond courfe, or for fupper.

MILLET PUDDING.

Boil four ounces of millet in little more than a pint of milk for three quarters of an hour, put it in a bafon, add a quarter of a pound of butter, a little nutmeg and fugar, a glafs of brandy, four eggs (leaving out two whites); mix all well together, butter your difh, put it in, and bake it an hour in a moderate oven.

SEMOLIMA PUDDING.

Boil a pint of milk, ftir into it three ounces of femolima, let it fimmer fix minutes, ftirring it all the time; put it into a bafon, add a piece of butter, a glafs of brandy, four eggs (leaving out two whites), nutmeg and fugar to your tafte, a little rind of lemon grated; mix it all well together, butter your difh, and bake it in a moderate oven three quarters of an hour.

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OBSERVATIONS ON CAKES.

When you make any kind of cakes, have all your ingredients ready before you begin : let your eggs be well beaten.—The cakes that are to have butter, beat it up to a cream with the fugar, then put in the ingredients as the receipts direct. Lay in your cake-pan five or fix double of paper, butter it well, put in your cake, and bake it in a hot oven ; when it is a light brown, cover it over with two fheets of paper, ftopping the oven clofe up to foak it. Spanifh, Portugal, and queen cakes, and macaroons, require but a flow oven. —When you make icing for a cake, you muft put fome gum-dragon into rofe water the night before you want it, that it may diffolve : it makes the icing white and thick, and flick better on the cake.

TO MAKE WAFERS.

Take half a pint of cream and three table fpoonfuls of flour, a little orange flour water, a little nutmeg grated, a little rind of lemon rafped, and a quarter of a pound of fine fugar; ftir it well together, make your wafer irons hot over a charcoal flove, put as much batter as will cover your irons, keep them turning round till they are baked, roll them in the form of a funnel, one end fmall, the other wide. They are proper for a defert, but are often ufed to tca.

MACAROONS.

Put one pound of blanched Jordan almonds into cold water to cool, then dry them in a cloth; put B 3

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them into a mortar, beat them fine with a little rofe water, to keep them from oiling; take the rind of one lemon rafped and chopt very fine, and the white of three eggs beat up to a froth, with one pound of fine fugar; mix them all together, drop them upon wafer paper, fift a little fine fugar on the top, then put them into a flow oven to bake.

DROPPED BISCUI'TS.

Take fix eggs (leaving out two whites), whilk them well, put in eleven ounces of fine fugar pounded, eleven ounces of flour (a little at a time), the rind of a lemon grated and fhred fine, one ounce of carraway feed bruifed; beat them from the beginning one hour, drop them on a wafer paper the fize of a crown piece, duft on a little fugar, and bake them in a moderate oven, but not too flow.—You may make long bifcuits of them, leaving out the carraway feeds.

ITALIAN BISCUITS.

Take nine eggs, beat the whites to a froth, then put in the yolks, and beat them, add a pound and a half of fine fugar beaten and fifted, and a pound and a half of fine flour, putting a little in at a time, till it is all in; beat it well for one hour, drop it on wafer paper, with a few carraway comfits on the top; duft on a little fugar, and bake them in a good oven,—for if it is flow, they will run.

SPONGE BISCUITS.

Beat the yolks of eleven eggs, with a pound and a half of fine fugar, for three quarters of an hour; then whilk up the whites to a fine light froth, put them together, and whilk them well with thirteen ounces of flour,

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and the rind of a lemon grated; then put them into long bifcuit pans, fift fome fugar on the top of them, and bake them in a midling hot oven for fifteen minutes.

BISCUIT CAKES.

Whifk the whites of ten eggs to a light froth, put in the yolks, and beat them a little, then add a pound of double refined fugar beaten and fiften; beat it well together for twenty minutes, then add three quarters of a pound of flour, the rind of one lemon, rafped and chopt, and a little rofe-water; beat it together for a quarter of an hour, and bake it in a quick oven.

RATAFIA CAKES.

Take a quarter of a pound of fweet almonds, and a quarter of a pound of bitter almonds, blanch and beat them fine in a mortar with rofe-water, to keep them from oiling; add half a pound of fine loaf-fugar beaten and fifted, and the whites of two eggs beaten to a little froth; mix it well together, put it into a preferving pan, fet it over a moderate fire, ftirring it quick one way till it is fealding hot; take it off, let it eool, then roll it into fmall eakes, the fize of half a crown, lay them on wafer paper, fift fome fine fugar on them, and bake them in a flow oven.

RATAFIA DROPS.

Take one pound of fwect almonds, and fix ounces of bitter almonds, blanch and beat them fine in a mortar, with the white of one egg, and a little rofewater; add to it one pound and three quarters of fine fugar lifted, and the whites of four eggs beaten to a froth, mix it well together, drop them on wafer paper

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the fize of a nutmeg, fift a little fugar over them, and bake them in a flow oven.

SPANISH CAKES.

Put a pound of fine flour into a bowl, add to it half a pound of loaf fugar pounded, and half a pound of butter, rub it well together, then add half a pound of currants wafhed and dried, the yolks of five eggs, and whites of three, with fome cinnamon, mace, and nutmeg pounded; mix it lightly with a wooden fpoon, flour a tin, and drop it on in little cakes, then bake them in a moderate oven for twenty minutes. They are very pretty for tea, and will keep a long time in a dry place.

PORTUGAL CAKES.

Put a pound of flour into a bowl, with ten ounces of butter, and ten ounces of loaf-fugar pounded, rub it, till it is like grated bread; add fome cinnamon, mace, and nutmeg, half a pound of citron peel cut very fmall, two ounces of carraway comfits, and three quarters of a pound of currants wafhed and dried, with two ounces of almonds blanched and cut in flices; mix them well together with the yolks of fix eggs and the whites of three, adding a little brandy; then drop them on buttered tins, the fize of a crown piece, bake them in a flow oven for fifteen minutes; beat a little white of an egg, do them over with it, and fift on a little fine fugar,—fet them in the oven to dry, and ferve them up with tea or wine. They are very uice, and much better liked than macaroons.

SHREWSBURY CAKES.

Beat fix ounces of butter to a cream, put to it fix

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ounces of loaf-fugar, and ten ounces of flour, with one egg, and half an ounce of carraway feeds; mix all well together, let it ftand a little to grow ftiff, then roll it out in thin cakes the fize of a crown piece, put them on tins, and bake them in a flow oven.

SHREWSBURY CAKES ANOTHER WAY.

Take a pound of butter, one pound of double refined fugar fifted fine, put to it a little mace, and four eggs, beat them all well together till they arc light and look curdy,—mix in it two pounds of fine flour; let it stand two hours to grow stiff, roll it out in little cakes, put them on tins, and bake them in a flow oven.

TUNBRIDGE WAFER CAKES.

Rub a quarter of a pound of butter into a pint of flour,—add three ounces of moift fugar, and a few carraway feeds; wet it with a little new milk, make them pretty ftiff, roll them out into fmall thin cakes, and bake them on tins in a flow oven.

RICE CAKE.

Take fourteen eggs, (leaving out fix whites) beat the whites to a light froth,—then beat the yolks for half an hour, with ten ounces of loaf-fugar beaten and fifted fine; put in half a pound of rice flour fifted through a hair fieve; add a little brandy, and the rind of one lemon grated; put in the whites with a little grated nutmeg,—beat them all well together, put it in a cake pan, and bake it in a quick oven for three quarters of an hour.

QUEEN CAKES.

Take one pound of butter, three quarters of a pound of fugar beaten and fifted, put it down before the fire to warm, then beat it for half an hour; put in one pound of fine flour, eight eggs well whifked, a nutmeg and cinnamon beaten, a few almonds fhred, and one pound of currants; mix it well together,—butter fome fmall pans and put it in, with a bit of lemon and orange peel: on the top, and a little fugar dufted on them, then bake them fifteen minutes in a moderate oven. You may make them without currants if you chufe.

WHITE FRUIT CAKE.

Put a pound of loaf-fugar beaten and fifted into a bowl, add to it one pound and a half of butter, beat it well, put to it ten eggs, a pound and a half of flour, two pounds of currants wafhed and picked, half a pound of almonds blanched and fhred, half a pound of orange and lemon peel, a little brandy and fpice; beat it all well together, butter the cake-pan, put it in, and bake it two hours in a foaking oven.

SEED CAKE.

To one pound of loaf-fugar beaten and fifted, add a pound and a half of butter, beat it half an hour; put to it one pound and a half of flour, and twelve eggs well whifked; beat them together with two ounces of carraway feeds; butter your cake-pan, put it in, and bake it in a foaking oven one hour and a half, or more, if not enough.

RICH PLUMB CAKE.

Put one pound and a quarter of butter into a bowl, with three quarters of a pound of loaf-fugar beaten and fifted; beat it for half an hour, then add a pound of fine flour, twelve eggs well whifked, (leaving out four whites); beat it well together, with a pound and a half of currants, half a pound of jar raifins ftoned and fliced, half a pound of almonds blanched and fliced, one pound of citron, lemon, and orange peel, a little fine fpice, and a little brandy, or cinnamon water; mix it all well together; butter your cakepan, put it in, and bake it two hours in a good foaking oven. When done take it out and ice it.

ICING FOR A PLUMB CAKE.

Beat a pound and a half of treble refined fugar, fift it through a fine fieve, and put it into a bowl, with the whites of five eggs well whifked, a bit of gumdragon (half the fize of a nutmeg) diffolved in rofewater; whifk it an hour, till it grows white and thick, —if it is thin it will run off the cake. When the cake is baked, take it out of the pan, and put it on a tin; then fpread on half of the icing with a knife, dry it in the oven,—take it out and fpread on the other half, then dry it as before. This will make it look much whiter than laying it on at once.

A PLUMB CAKE.

Take three pounds and a half of fiour, one pound of butter, and one pound of fugar, -- rub them well together; add half a pint of warm cream, half a pint of thick yeaft, a quarter of a pint of brandy, a little cinnamon, mace, and nutmeg, and four eggs; mix it all well together; add two pounds and a half of currants, one pound of raifins ftoned, one pound of lemon and orange peel, and half a pound of almonds fliced; mix it all well together, then fet it down before the fire to raife; paper and butter the hoop, put in the cake, and bake it three hours in a foaking oven.

RICH PLUMB CAKE.

Put three pounds of butter into a bowl, beat it to a cream, — put to it one pound and a half of loaf-fugar beaten and fifted; beat it a little, then add to it twenty-four eggs well beaten, three pounds of flour, a little cinnamon, mace, and nutmeg, three pounds of currants wafhed and dried, one pound and a half of almonds blanched and fliced, and one pound of jar raifins ftoned and fliced; beat them all well together, with a quarter of a pint of brandy, three quatters of a pound of citron peel, – orange and lemon peel, of each one pound; mix them all well together; tie three fheets of paper round the bottom of the hoop, butter it well, put in the cake, and bake it three hours in a foaking oven. When done, take it out, and ice it.

RICH FRUIT CAKE.

Take thirty ounces of butter, eighteen ounces of loaf-fugar pounded, beat it well together for half an hour; add fourteen eggs, leaving out four whites, let them be well beaten,—put three fpoonfuls of thick yeaft, one pound and a half of flour, two pounds and a quarter of currants, three quarters of a pound of almonds fliced, half a pound of citron, a quarter of lemon pcel, the fame of orange, a quarter of an ounce of cinnamon, mace, and nutmeg, and a quarter of a pint of brandy; beat it all well together for a quarter of an hour; put two doubles of paper in the bottom of the cake-pan, and one round the fides,—butter it well, put in your cake, and bake it two hours in a foaking oven. When done, take it out, and ice it.

BATH CAKES.

Take two pounds and a half of flour, rub into it three quarters of a pound of fresh butter, and half a pound of sugar; rub it till it is like grated bread; add three quarters of a pound of currants washed and dried, grate into it half a rice of ginger, half a nutmeg, three eggs beaten, half a pint of thick ale yeass, and four spoonfuls of fack; then make a hole in the middle of the flour, put in the yeass and eggs, and as much warm milk as will make it into a light passe; make it into eighteen little cakes, put them on tins, fet them into a warm place to rife, wash them over with egg, flrew them over with carraway comfits, and bake them in a quick oven for half an hour.

GOOD WIGS.

Rub ten ounces of butter, and ten ounces of fugar into three pounds and a half of flour, till it is like grated bread,—adding to it a little nutmeg, and a few carraway feeds; make a hole in the middle, and put in half a pint of thick ale yeaft, three eggs, and as much warm milk as will make it into a light pafte; roll it out, and make it into eighteen wigs; fet them on tins, a little diftance from the fire (for one hour), to rife, then bake them in a quick oven.

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GINGERBREAD CAKES, OR NUTS.

Take three pounds and a half of flour, three ounces of rice ginger beaten and fifted, three ounces of carraway feeds bruifed, and three quarters of a pound of fugar; mix them well together, make a hole in the middle, melt three quarters of a pound of butter in a fauce-pan, put to it three pounds and a half of treacle; let it be juft warm, put it into your flour with four eggs,—beat it well for half an hour with a woodenfpoon, then put into it half a pound of lemon and orange peel; butter the cake-pan, put it in, and bake it in a foaking oven two hours and a half. You may let it ftand to cool, then make it into nuts, and bake them on tins.

LUN'S CAKE.

Rub four ounces of butter into one quart of fine flour; add a little yeaft, three eggs, and as much warm milk as will make it into a light pafte; fet it before the fire to rife for one hour; put it into an earthen pot to bake; when done cut it in round flices, butter it, and ferve it up hot for breakfaft.

FRENCH BREAD.

Beat two eggs with a little falt, put them into half a pint of thick ale yeaft, which has been in water over night to take off the bitter; have ready three pounds of fine flour, make a hole in the middle of it,—melt one ounce of butter in a little milk,—put your yeaft into the flour, with as much milk as will make it foft and light; cover it over, and fet it before the fire to rife for two hours, then make them up into little rolls or bricks as you chufe; when they are baked, rafp off

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the outfide. These rolls are generally used hot at breakfast, or to put into soup.

LEMON CHEESE CAKES.

Grate the rinds of two lemons into a bowl, and fqueeze in the juice; add fix ounces of butter and fix ounces of fugar, the yolks of fix eggs, a little brandy, fine fpice, and two ounces of almonds beaten fine; mix it well together, fheet your cake-pans with light pafte, put it in, and bake them for fifteen minutes in a moderate oven.

ALMOND CHEESE CAKES.

Blanch a quarter of a pound of almonds, and beat them,—add fix eggs, leaving out two whites, fome lemon fkin grated, a little brandy and fpice, feven ounces of butter, and as much lump fugar as will fweeten it; mix it well, then fheet the pans with light pafte, put it in, and bake them for fifteen minutes.

LITTLE ALMOND CAKES.

Blanch one pound of almonds in boiling water, beat them in a mortar with a little rofe water; when they are fine, add to them half a pound of double refined fugar, two eggs, two fpoonfuls of flour, half the rind of a lemon chopt fine, beat them all well together; butter little pans, put them in, duft over them fome fine fugar, bake them of a nice brown, and keep them in a dry place.

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OBSERVATIONS ON POTTING AND COLLARING.

Every thing for potting muft be well feafoned, covered with butter, and tied down with paper; bake it till tender, take it out of the butter, lay it on a difh to cool. If it is beef, veal, or hare, you muft pick the ftrings and finews from it before you fhred or pound it, or it will not look well. Lobfter, trout, char, pigeons, and wild fowls muft be put whole into the pot, and well feafoned, and covered over with clarified butter. When you collar any thing, roll it up tight, bind it clofe, and boil it till tender: when it is cold, put it into a pickle made of falt and water (with the cloth on) for three days; then boil frefh pickle, take off the cloth, and lay it in.

TO MAKE SAL MAGUNDY.

Take a piece of cold roaft veal, the breaft of a turkey, pheafant, and partridge, and cold ham; fhred each fort by itfelf,—turn a plate down on a china difh, and lay each fort by itfelf in rows with two onions and two apples fhred; wafh fix anchovies, take out the bones, curl them, and put them on the top, and a piece of cellery fluck in the middle; garnifh them with fhalot, pickled cucumbers, and mufhrooms, and eat it with oil and vinegar.

TO POT SALMON.

Take the fkin off two pounds of falmon, feafon it with pepper, falt, mace, and cloves; add a little faltpetre pounded, put it in a pot with a pound of butter over it, and bake it; when it is baked, pick the bones out, and fhred it, add a little of the butter it was baked in, and put it down in a pot, and cover it with the butter in which it was baked.

TO COLLAR SALMON.

Take a piece out of the middle of the falmon, fplit it down the back, take out the bone and guts, fcrape off the fcales, and wash it very clean; put it in a dish with half an ounce of faltpetre, rub it well, or feason it with pepper, falt, mace, and cloves beat; let it lie all night, then spread a little fennel, parsley, and thyme, put it on your falmon, and roll it tight in a cloth, and tie it at each end, and the middle; boil it flowly in half water and half vinegar for one hour, take it out, and tie it tight at each end, when cold put it into the pickle it was boiled in, and ferve it up cold.

TO POT LOBSTER.

Boil four lobfters fifteen minutes, take out the meat as whole as you can, feafon it with pepper, falt, mace, and nutmeg; put it into a pot with a pound of butter over it, and fome of the fpawn pounded, to colour the butter; tie a paper over the pot, and bake it half an hour, then take out the meat, and put it clofe down in your potting pot; when it is cold, take the butter in which they were baked clean from the gravy, warm it, and pour it over the lobfter:—if this is not enough, clarify a little more, for it must be covered well with butter.

TO POT LAMPREY.

Skin and gut them very clean, feafon them with

pepper, falt, mace, and nutmeg; lay them in a pot with fome butter, and bake them till tender; take them out, put them in a potting pot, pour the butter over them, and, when cold, cover them with paper.

TO POT EELS.

Skin and gut fome large eels, wipe them dry with a cloth, feafon them with pepper, falt, mace, and nutmeg; put them in a pot with their backs downwards; cover them with butter, tie them down with paper, and bake them three quarters of an hour in a moderate oven; when done, take them carefully out with a flice, lay them in a plate to cool, put them into the pots with their backs downward, and pour over them the butter they were baked in. When you ferve them up, dip your pot in hot water, turn them out on a difh, and garnifh them with parfley.

TO POT PIGEONS.

Pick, clean, and draw the pigeons, trufs them as for boiling, feafon them with pepper, falt, mace, and cloves; put them in a pot, cover them with butter, tie them down with paper, and bake them till tender; take them out, lay them in a plate to cool, then put them in the potting pots, and pour the butter over them.

TO POT MOOR GAME.

Pick and draw three moor game, make them very elean, tuck in their legs, feafon them with pepper, falt, mace, cloves, and nutmeg beaten very fine, and mixed well together; make them pretty high with the feafoning, and put them into a mug that will just hold them, with two pounds of butter over them; tie a

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paper over the mug, and fet it into an oven to bake till they are tender, but not too much done; then take them out of the butter, let them cool, and put each into a potting pot that will just hold them, fill the pots up with the butter in which they were baked, if it is not enough, clarify fome more, and fill them up.

TO POT WOODCOCKS.

When they are clean picked, take out the gizzards, but not the trail (for that is the beft); feafon them with mace, nutmeg, pepper, and falt; lay them in a pot with as much butter as will cover them, bake them three quarters of an hour, then take them out, and put them into pots that will juft hold them, cover them over with the butter in which they were baked; if this is not enough, clarify fome more, and fill them up.

TO POT BEEF.

Seafon three pounds of lean beef with cloves, mace, nutmeg, pcpper, and falt; lay it in a mug, with as much butter as will cover it; bake it till it is tender; take it out, chop it very fine, and pound it in a mortar with fome of the butter it was baked in; prefs it clofe down in the potting pot, and pour the remainder of the butter over it.

· TO POT HAM AND FOWL.

Chop a piece of cold boiled ham fine, beat it in a mortar, with fome pepper, mace, nutmeg, and a little clarified butter; put a little of it into a glafs bowl; then beat fine the breaft of a fowl, feafon it a little as above; then lay fome fowl into the glafs, then a

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a layer of ham, and fo on of each alternately till the glafs is filled; prefs it tight down, and pour clarified butter over it.

TO POT HARE.

Cafe a hare, and cut it up as for eating; take away the head and fmall bones, feafon the four legs and the back with pepper, falt, mace, and nutmeg; put them in a pot with a pound of butter over it; tie it down with paper, and bake it in a moderate oven one hour; when done, pick out the bones, fhred it fine, pound it in a mortar with fome of the butter it was baked in, put it tight down in a pot, and pour fome clarified butter over it.

TO POT VENISON.

Bone a piece of venifon, feafon it well with pepper, falt, mace, and nutmeg; put it in a pot, with as much butter as will cover it; tie it over with brown paper, and bake it till tender in a moderate oven; when done, take it out of the gravy, let it cool,—pick out the fkins*and finews, fhred it fine, and pound it in a mortar; then take the butter clean from the gravy it was baked in, and put amongft it: if it is not high enough feafoned, add more: put it down in a pot, and cover it with clarified butter. Hare is potted the fame way.

TO POT MARBLE VEAL.

Cut a piece off a fillet of veal, feafon it pretty high with pepper, falt, mace, and nutmeg; put it into a pot with fome butter over it, and bake it till it is tender; take it out of the gravy, flired it, put it in a mortar with fome of the butter it was baked in, and pound it till it is like a pafte; take it out of the mortar, lay it on a plate, then take fome boiled tongue or ham, chop it fine, and pound it in a mortar with a little of the butter the veal was baked in : lay fome of the veal in the bottom of the pot, and fome ham or tongue in lumps over it, then a layer of each till the pot is full; prefs it down, and cover it with clarified butter. When you ferve it up, cut it in flices, and garnifh it with parfley.

TO COLLAR A PIG.

Kill your pig, fcald it, and take the hair clean off; draw it, fplit it down the belly, and bone it; feafon it well with pepper, falt, and beaten mace; lay fome ham and tongue in rows, with fome yolks of hard eggs, parfley, and fweet herbs between the rows, the fame way as in veal; roll it tight up, tie it in a cloth, put it into a pot with fome foft water, a bunch of fweet herbs, and a few bay leaves, and let it boil flowly for one hour and a quarter; when done, tie it tight up at each end; when it is cold, put it in a pickle, the fame as for brawn, and ferve it up in flices.

TO COLLAR A CALF'S HEAD.

Take a calf's head with the fkin on, fcald off the hair, rip it down the face, take out the bones from the meat, fteep it in warm milk and water to make it white, rub it with the white of an egg, and feafon it with white pepper, falt, mace, and nutmeg; fhred fome parfley and thyme very fine, lay it all over the head; cut off the ears, lay them on the thin part of the head, roll it up tight, tie it in a cloth, then boil it one hour and a half in foft water and a little milk, to

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keep it white; when done, tie it up tight as before. When it is cold, put it in a pickle, the fame as for brawn, and ferve it up in flices.

TO COLLAR EEL.

Skin and bone a large eel, wafh it clean, dry it with a cloth, lay it flat, and feafon it with pepper, falt, mace, and nutmeg; lay on it a good deal of parfley and fweet herbs fhred fine; roll it up, tie it tight in a cloth, put it in a fauce-pan with fome water and a little vinegar, a bay leaf, one onion, and the bones of the eel; let it boil flowly for half an hour; take it out, tie the cloth tight, and keep it in the liquor it was boiled in. When you ufe it, lay it in a difh, with parfley round it: or you may ferve it up in flices.

TO COLLAR VEAL.

Bone a breaft of veal, lay it flat upon a table, and feafon it with pepper, falt, mace, and nutmeg; cut fome tongue and ham half an inch thick and four inches long, lay them in rows on your veal; fhred fome parfley, thyme; and fweet marjoram, and lay it between one row, with the yolks of fix hard eggs in another row, and fo on till you have done the whole; then, roll it tight up, and tie it in a clean cloth; put it into a pan with the bones of the veal over it, a little water or broth, one onion, and a bunch of fweet herbs; ftop it clofe down, and let it boil flowly for an hour and a half; when done, take it out, tie it tight at each end, and fet it on a difh to cool. You may ferve it up whole or in flices, and keep it in pickle, the fame as brawn.

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TO COLLAR BEEF.

Take the thin part of a flank of beef, rub it well with falt and faltpetre, let it lie for four days,—wafh it, and feafon it well with pepper, mace, cloves, and nutmeg; fhred a great deal of thyme, parfley, fweet marjoram, and favoury very fine, lay it on the beef, roll it up tight, and tie it in a cloth; put it in a pot with fome water, three bay leaves, one onion, and fome black and clove pepper; ftop it clofe down, let it ftew for three hours, or more, if not tender; when done, take it out, and tie it tight at each end, lay it on a table, put a weight on it to prefs it down, and let it lie all night. When you ufe it, cut it in thin flices, lay it in a difh, and garnifh it with parfley.

TO COLLAR A SWINE'S FACE.

Make it clean, and rub it with falt and a little faltpetre; let it lie a week, then boil it tender, take out the bones while it is warm,—have ready two cow's heels boned, put them on the cheek, roll them tight up, put it in a cloth, and boil it one hour; take it out, and tie it tight at each end; lay it on a table, and put a weight on it to prefs it down. When it is cool, keep it in a pickle the fame as brawn, cut it even at each end, and ferve it up whole or in flices.

MOCK BRAWN.

Take a piece of the belly part of pork and a cheek, rub it with falt and faltpetre, let it lie for four days, then boil the cheek and take out the bones; bone two ox feet that have been boiled tender, cut the head and them into flices, lay them on the pork, and roll it [204]

tight up; tie it in a cloth, and boil it in foft water for three hours; when it is done, take it out, and tie it tight at each end; fet it up on one end, with a trencher and a weight on the other to prefs it; when it is cold, take off the weight and cloth, bind it round with a fillet, and keep it in pickle as above.

TO MAKE BRAWN.

When it is cut up and boned, put it into cold water for one day and night,—take it out, dry it with a cloth, rub it well with falt and a little faltpetre, and let it lie for eleven days and nights; dip it in warm water, roll it up tight, tie it in a coarfe cloth, and boil it in hard water till tender; when done, bind it very tight with filleting; when it is cold, put it in a pickle made as follows:—Boil fome water with a handful of chifel, and two handfuls of falt for half an hour, then ftrain it; when it is quite cold, put in the brawn: or you may keep out the chifel, and boil falt and water.

TO SALT TWO LARGE HAMS.

Put two ounces of faltpetre and two ounces of coarfe fugar among two pounds of falt; dry it well before a fire, then rub your hams well with it,— the more you rub them the better they will take the falt; lay them in a tub, or a large tray, and put the falt over them that is left after rubbing; let them lie nine days, turn them once in that time, rub on them one pound of falt, and let them lie ten days more; take them out of the pickle, ferape and dry them with a cloth, fprinkle on them a little more falt, and hang them up to dry. Tongues are cured the fame way.

TO SALT BACON.

When the pig is cut up, take off the head and the hams, cut off the chine bone, but leave in the fpare ribs, as they will keep the bacon from rufting; fprinkle on it two ounces of faltpetre pounded fine; let it lie all night, rub it well with common falt dried before the fire, lay it on a table that the brine may run from it; let it lie for twelve days, then turn it, and rub it well with falt; let it lie ten days more, fcrape and dry it with a cloth; fprinkle on a little falt or chiffel, and hang it up to dry.

TO MAKE ASPIKE JELLY.

Spread fome flices of veal and ham in the bottom of a flew-pan, with a carrot and turnip, and three onions; cover it over, and fet it on a flow fire to fweat; when it is brown, add to it three quarts of broth, made as for foup, and three ounces of ifinglafs,—let it fimmer for one hour and a half, ftrain it through a fieve into a clean flew-pan, fkim off the fat,—when it is cold, add to it the whites of five eggs, a fpoonful of tarragon vinegar, and the juice of two lemons; fet it on the fire to boil, ftirring it all the time; let it boil for three minutes, then run it through a jelly bag till fine, and ufe it as follows.

A FOWL IN ASPIKE JELLY.

Take a bowl that will hold a fowl, pour in a little of the above jelly, and let it ftand till cold; cut fome carrots, turnips, and girkins in pretty fnapes; lay them on the jelly with fome parfley leaves cut in pretty fmall flowers as you pleafe; pour two fpoonfuls of jelly over the fhapes and flowers to fasten them; then

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bone a fowl, and ftuff it with fome veal force-meat, roll it up in a piece of paper, and either roaft or bake it; when quite cold, lay it in the bafon with the breaft downwards, pour fome more jelly to it, and let it cool; then fill up the bafon with jelly, and let it ftand all night to cool: dip the bafon in warm water, and turn it out upon the difh. Serve it up for a fecond courfe.

A FOWL IN ASPIKE JELLY ANOTHER WAY.

Let your fowl be boned, feafon it with pepper, falt, and fpice, put a pound of veal force-meat into it, few it up, and fet it to ftew in fome gravy three quarters of an hour; when done, fet it on a plate to cool; take a bafon or mould that will hold it, put in a little of the jelly,—let it be cold; then cut fome little fprigs of amulet, and lay them on the jelly,—put in the fowl with the breaft down; pour on fome more jelly, when it is cold and quite ftiff, dip your bafon in warm water, and turn it out into the difh; garnifh it with fome coloured jelly, and ferve it up for a fecond courfe.

VEAL IN ASPIKE JELLY.

Take a pound of a fillet of veal, butter a paper and roll it up; put it in a baking-pan with a little water or gravy under it, and bake it twenty minutes; when done, take off the paper, and fet it to cool, then cut it into diamonds or pretty leaves; put fome favoury jelly in the bottom of a foup-plate; when it is cold, layin the veal in a pretty form, and garnifh it round the edge with amulets cut in fmall diamonds, or half ones; pour on fome jelly, let it ftand till quite ftiff then turn it out; put round it a little coloured jelly chopt, with fome curled parfley, and ferve it up cold for a fecond courfe.

AMULETS FOR ORNAMENTING.

Take three deep halfpenny plates, break into one of them three eggs, beat them, and ftrain them through a fieve, adding a little cochineal to make them red; then take fix eggs, break them, put the whites into one plate, and the yolks into another; beat them and colour the whites with fpinnage juice to make them green; let the yolks be of their own colour for yellow; have ready a flew-pan with fome boiling water,—fix the plate that it may juft touch the water, put a cover over it, and fome fire on the cover, —let the flew-pan boil flowly, keeping the fire on the top of the cover; when the eggs are hard, take out the plate, and put in another, and fo on, till they are all done. You may cut them into fhapes of flowers, &c. for ornamenting, and ufe them as the receipts direct.

LOBSTER IN SAVOURY JELLY.

Boil a fet of calf's feet to a ftrong ftock, ftrain it into a ftew-pan, fkim off the fat, add to it two ounces of ifinglafs diffolved in a pint of boiling water; let it ftand till cold, —then add the whites of four eggs, a tea-cup full of tarragon vinegar, the juice of one lemon, and the rind pared very thin; fet it on the fire to boil for ten minutes, ftirring it all the time with a whifk, then run it through a jelly-bag, till it is fine. Put a little into the pot that you defign for a lobfter; let it cool; take a fmall lobfter that has been boiled, lay it with the back downward upon the jelly, and ornament each fide of the lobfter with fprigs of amulet,

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fome curled parfley, and flices of lemon neatly placed; pour on a little jelly gently to fasten your ornaments; when cold, fill your pot up with jelly, let it stand till cold, and turn it out.

SMELTS IN SAVOURY JELLY.

Make your fmelts clean, put them in a ftew-pau with fome water, a little falt, and two fpoonfuls of vinegar; fet them on the fire to fimmer for fifteen minutes, then take them carefully up and drain them; put fome of the above jelly in a deep plate; when it is cold, lay in the fmelts, pour fome more jelly over them, and (when cold) turn them out.

CRAY-FISH IN SAVOURY JELLY.

Boil fix cray-fifh in falt and water; when they are cold, take a bowl with a little favoury jelly, fet on three čray fifh with their backs down; a few fprigs of parfley, fome fmall flices of lemon, and pour on a little jelly, the fame as for lobfter; let it ftand-till cold, then lay in the other three cray-fifh, and pour in fome more jelly; when cold, turn it out, and garnifh it with parfley.

PRAWNS IN SAVOURY JELLY.

Put fome jelly into a deep plate, —when cold, make a ftar of amulet, and lay it in the middle of the plate; take fome cold boiled prawns, pick off the beards, lay them neatly round the amulet with the backs down; pour on a little jelly; when fet, fill up the plate with more jelly; when cold, turn it out.

SOALS IN SAVOURY JELLY.

Take a lage foal, boil it in falt and water,—when cold, cut it out in handfome fillets, lay them neatly into the difh you intend to ferve them in, with fome parfley leaves over them; mix a little pepper, falt, vinegar, a fhalot fhred, and a tea fpoonful of oil all together, and pour it over the foal; then take fome jelly that is cold, and with a fpoon place it neatly over the foal, garnifh it with cold parfley, and ferve it up for a fecond courfe.

CHICKENS IN SAVOURY JELLY.

Roaft two fmall chickens; when they are cold, have ready a little of the jelly in a bafon that will juft hold them; when it is fet, lay in the chickens with the breafts down, pour in a little jelly, and let it ftand to cool; then fill up the bafon, let it ftand all night to cool, turn it out, garnifh the difh with fome coloured jelly and parfley, and ferve them up for a fecond courfe.

ANOTHER WAY.

Take two cold roaft chickens, cut them up the fame way as for eating, pick off the fkin, put them in a ftew-pan with a little oil and vinegar, pepper, falt, and fhalot fhred fine, give them a tofs in the pan to mix them well; put the two breafts in the middle of the difh, placing the lcgs and wings neatly round them; put over them fome parfley leaves, with a fpoon place fome cold jelly loofely over them, and ferve them up for a fecond courfe.

A SAVOURY CAKE.

Take three pounds of veal chopt fine, and two

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pounds of beef fuet chopt fine; feafon it with pepper, falt, and fpice, pound it well in a mortar, add to it the yolks of eight eggs, and two pounds of ham cut in dice, mix it well with a wooden fpoon, put it in a round deep pan that will juft hold it, and bake it one hour and half in a moderate oven. You may ferve it up hot with fome cullis under it; or you may let it cool, and make a fnail's houfe, &c. by ornamenting it with butter and amulet.

A BEE-HIVE OF A SAVOURY CAKE.

Let your favoury cake be made as above, put it in a deep flew-pan, form it a little wider at the bottom than at the top; bake it in a flow oven,—when done, fet in a difh to cool; then cut a hole in the fide, the fame as a bee-hive has; ornament it with butter in round rows, bind it round with fhreds of laurel leaves to imitate the brier that binds the ftraw together when they make the hives; colour fome afpike jelly yellow with a little faffron; when it is cold, lay it round the hive to look like honey, and ferve it up for the middle of a fecond courfe.

If it is neatly done, it will look very pretty.

A HARE CAKE.

Cafe your hare, wash it clean and bone it, shred it very fine, put to it one pound of beef fuet, and one pound of a leg of mutton; mince it all very fine, add to it fome fweet herbs, pepper, falt, mace, cloves, and nutmeg; pound it in a mortar; add to it the yolks of fix eggs, one pound of ham, and half a pound of fat bacon cut in dice; mix it up together, put it into a stew-pan sheeted with bacon, and some flices of bacon over it, and fet in the oven to bake; when done, fet it on a plate to cool,—when cold, raife a rim of butter round it, garnifh it with amulets, green parfley, laurel leaves, red beet and one carrot, cut in flowers; take fome favoury jelly made as for lobfter; colour fome of it red and fome green, place it neatly over the top, and ferve it up for a fecond courfe.

A HAM IN JELLY.

Let your ham be foaked in water, and boiled till tender; pare it neatly, let it ftand all nightto be thoroughly cold, put fome favoury jelly in a deep difh,—when it is fet, place fome fprigs of amulet on it, fome carrots and turnips cut in fhapes, and pour fome more jelly on to faften the ornaments; when it is quite cold, place the ham in the difh that you intend to ferve it in, and put round it three handfuls of picked parfley; then dip the difh with the jelly in warm water, turn it carefully over the ham that you do not break it, and ferve it up for a fecond courfe.

TO MAKE CALF'S FEET JELLY FOR A MARBRAY, &c.

Put a fet of calf's feet well cleaned into a pot with four quarts of water,—boil it gradually four hours to reduce the flock to two quarts, then flrain it into a dcep flew-pan; let it fland all night, take off the fat, put to it the whites of four eggs whifked, a bottle of mountain wine, a few coriander feeds, the juice of two lemons, a quarter of a pound of ifinglafs diffolved in a pint of boiling water, and as much fugar as will fweeten it to your tafte; fet it over a clear fire, let it boil fifteen minutes, run it through a jelly bag till it is quite fine, and ufe it as follows.

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TO MAKE A MARBRAY.

Put a quarter of a pint of the above jelly into a fmall china bowl, let it ftand till it is cold,—then cut fome green amulets in lengths and leaves, lay it on the jelly in the form of a tree, and at the ends of the fprigs put fome dried apricots or cherries, then pour on a little more jelly; when that is cold, lay fome more green amulet in fprigs round the fide of the bowl, and at the end of each fprig lay fome red amulet, cut in the form of grapes, with fome like rofes, and any other pretty fhapes; then pour a little more jelly gently on to faften the fprigs; when that is cool, fill your bowl up with more jelly, and let it ftand all night; dip the bafon in warm water,—put a china difh on the top of the bafon, turn it upfide down, and ferve it up for a fecond courfe difh.

ARTIFICIAL FRUIT.

TAKE fome of the above jelly, put it into a flewpan with the yolks of three eggs, the juice of two oranges, and a bit of fugar; fet it over a fire, and ftir it all the time till it is near boiling; take it off, let it ftand till almost cold; then dip a feather in a little fweet oil, and do your peach or apricot mould lightly with it; dip your finger in a little carmine, and colour the fides of the moulds with it,—fill the moulds with jelly, and let them ftand till they are cold; open the moulds, take them carefully out, lay them in a china difh, with a fprig of laurel at the end of each fruit; garnifh them with fome green leaves, and ferve them up for a fecond courfe, or for fupper.

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A MARBRAY WITH ARITIFICIAL FRUIT.

Put some clear call's feet jelly in a basket mould, let it ftand till it is cold, then lay in fome artificial apricots or peaches :-- (they must be quite stiff and cold, or elfe they will break and mix in the jelly): cut a piece of green amulet in the form of a fprig, lay it to one end of the peach or apricot, then pour on a little more clear jelly, just warm enough to pour, (for if it be any hotter it will melt the fruit, and fpoil the jelly); garnish the fides of the mould with amulet cut in fprigs and flowers; then pour in a little more jelly,-when that is cold, pour in a little more, and do to till the mould is full :--let it ftand all night, dip the mould in warm water, and turn it carefully into the difh. Serve it up for a fecond courfe. If the jelly is very fine, and the fruit laid neatly in, it will look very handfome.

A HEN'S NEST.

Take four fmall pullet eggs, make a hole at each end, blow out the infide, ftop one of the holes with a bit of pafte, and fill it full of blamonge; let them ftand to cool, — then put fome clear calf's feet jelly in a bowl, fet a fmall bafon in the middle of the jelly, and let it ftand till it is cold; than put a little warm water in the bafon to loofen it, — take out the bafon, and peel the egg-fhells of the blamonge, and put them in the hole where the bafon was. Have ready fome lemon fkin cut like ftraw, boiled in fugar and water to take off the bitter, — lay them round the eggs, pour on fome more clear calf's feet jelly, let it ftand till it is quite cold and ftiff, — dip it in warm water, put the difh on the top of the bowl, turn it out, and lerv eit up for a fecond courfe, or for fupper.

BLAMONGE.

Pick three ounces of ifinglafs, put it into a flew-pan with a pint of boiling water, let it fimmer on a flow fire till. it is quite diffolved, add to it one quart of cream, a flick of cinnamon, a few coriander feeds, the rind of one lemon pared very thin, and two laurel leaves; let it boil for three minutes, and fweeten it to your tafte; take it off, and flrain it through a fieve, flirring it till almoft cold:—then do your moulds with a little fweet oil, wipe them with a clean cloth, and put in the blamonge; let it fland till it is cold and fliff, then loofen it round the edges of the mould with a pin, take it carefully out, lay it in the difh, and ferve it up for a fecond courfe, or for fupper.

A CHERRY TREE IN BLAMONGE

Take fome clear calf's feet jelly, colour it red with fome prepared cochineal, and fill the cherry moulds with it; let it ftand till it be cold and quite ftiff; then cut fome green amulet in fprigs and leaves, put them in the bottom of a bafon in the form of a tree, —take the cherries out of the moulds, and put them to the end of each fprig, and pour on a little blamonge (almoft cold) to faften them; when that is fet, pour on them fome more,—and do fo till your bafon is full:—let it ftand all night to cool, then dip the bafon in warm water, turn it out upon a difh, and ferve it up for a fecond courfe.

A FISH-POND WITH GOLD AND SILVER FISH.

Fill fome fifh moulds with blamonge, let them ftand till they are cool and ftiff; put fome clear calf's feet jelly in a bowl,—when it is fet, take the fifh out of the moulds, and gild one half of them with gold, and the other half with filver leaf, lay them neatly in the jelly, and pour on a little more to faften them; when that is cold, fill up the bowl with clear jelly, and let it ftand all night to ftiffen; then dip the bowl in warm water, turn it out on a difh, and ferve it up for a middle or corner difh in a fecond courfe.

A FLOATING ISLAND.

Take a preferved apple or orange, do it over with gum water, ftrew it over with green fhot comfits : put a little clear calf's feet jelly in a china difh; when it is cold put the apple or orange in the middle of it, with fome green fprigs ftuck in the top of it, to look like fhrubs : break a little clear jelly and put round it just before you fend it to table,—place fome fwans round it, and ferve it up for a fecond courfe, or for fupper.

DUTCH FLUMMERY.

Put two ounces of ifinglass (picked and bruifed) into a pint of boiling water, let it fimmer on a flow fire till it is quite diffolved, adding to it a flick of cinnamon, a few coriander feeds, the juice of two lemois, and the rind of one, with a pint of white wine, and the yolks of feven eggs: fweeten it to your taste, flir it over the fire till it fimmers, (but do not let it boil,) —ftrain it through a fine fieve, and when almost cold, put it into your moulds.

A PYRAMID.

Take fome clear calf's feet jelly, let it be pretty fliff, —wet the pyramid mould, fix it in a pot, to be fleady and even, fill the top part of it (to the first flep) with clear calf's feet jelly, with a drop of prepared faffron amongft it, to give it a yellowifh caft; let it ftand till it is ftiff; take fome almonds that have been blanched and fteeped all night in water, cut them the broad way, pare them neatly round in the form of a heart, and place four of them on each corner, with fome fprigs of green amulet to come from them; then half fill the fteps with jelly coloured with cochineal; when that is cold, fill up the mould with Dutch flummery, let it ftand till it is cold, turn it out on a difh, and ferve it up for a fecond courfe.

A PINE APPLE OF DUTCH FLUMMERY.

Dip the pine apple mould in water, fill it with Dutch flummery, let it ftand till it is cold and ftiff; then loofen it round the mould with a pin, turn it out upon a difh,—dip a feather in a little greening, and colour the leaves with it; put fome green leaves or coloured jelly round it, and ferve it up for a fecond courfe.

You may make melons, peaches, &c. of Dutch flummery. You must colour the melon green after you turn it out of your mould. If peaches rub the infides of the moulds with a little oil, and colour them with carmine, then fill them; when cold, turn them out, and stick a green sprig in the end.

TO PREPARE COCHINEAL.

Pound four pennyworth of cochineal fine in a mortar, put it in a quarter of a pint of boiling water, add to it a piece of alum the fize of a nutmeg, let it boil for fifteen minutes, ftrain it through a piece of muflin, put it into a phial bottle, cork it down, and ufe it as the receipts direct. T 217]

A GREEN FOR COLOURING.

Put two pennyworth of gamboge into a quarter of a pint of water, and put half an ounce of ftone blue into a little water, (as much as will diffolve it); when they are both diffolved, put them into a pan with a little fugar and a bit of almond pounded; ftir it over the fire till it is hot, but do not let it boil; then ftrain it through a piece of muflin, put it into a fmall fweetmeat pot, cover it down with a bladder, and ufe it as your receipts direct.

TO PREPARE SAFFRON.

Put eight pennyworth of faffron into a bafon, with a bit of alum pounded; pour on it a quarter of a pint of brandy, let it ftand to infufe for fourteen days, add to it a bit of fugar, ftrain it, put it into a phial bottle, cork it up, and ufe it as the receipts direct.

TO SPIN A GOLD WEB.

Beat five ounces of double refined fugar in a marble mortar, put half of it into a brafs ladle, fet it over a charcoal flove that has burnt clear; flir it with a wooden flower till it juft boils, take it off the fire, and have ready a tin mould or china bowl turned down upon a difh; rub it over with a little oil to make it come off, — dip the point of a knife into a ladle, and begin to fpin over the mould as long as it will draw; then heat it again; the only art being to keep it of a proper heat; for if it is too hot, it will not draw, — and if too cold, it is equally bad; but if you keep it in a proper heat it will draw to a very fine thread. You muft fpin it acrofs and round the mould till it is quite covered. When half of the fugar

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is ufed, clean out the ladle, put the other half in, and fpin it round the mould till it is all on; taking care that you do not drop any in lumps, or it will fpoil the beauty of the web. When it is done take it off the mould, lay it over the fweet-meats, and ferve it up for a fecond courfe, or for fupper.—If you do not want it immediately, fet it in a deep difh, put a tin cover and a cloth over it, to prevent the air getting in, and fet it at a diftance from the fire :—it requires to be kept warm, but not hot, for the heat will diffolve it; and if cold, it will fall.

TO SPIN A SILVER WEB.

Put three ounces of double refined fugar in one lump upon a pewter plate before the fire, fetting it a little aslant ; when it begins to run like clear water to the edge of the plate, have ready a tinned mould that is oiled over, turn it upon a difh, and fet it close to the plate; take as much on the point of a clean knife as it will hold, and a fine thread will come from it, which you must draw as fast as possible forwards and backwards and round the mould, as long as it will fpin from the knife; then dip the knife into the fyrup again, and take up fome more, and fo keep fpinning on till the web is thick enough, or till the fugar is done. If you have not fugar enough, put fome more down on a clean plate, then take a clean knife, and fpin it till it is thick enough. When done, ferve it up over fweet-meats. If you do not want it immediately, keep it the fame way as the gold web.

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OBSERVATIONS ON CREAMS, CUSTARDS, CHEESE-CAKES, &c.

When you make any kinds of creams and cuftards, take care that your pan be clean : You must always boil your feafonings in the cream, and let it ftand to cool before you put in the eggs, otherwife they will curdle. When you make lemon or almond cheefecakes, do not make them long before you bake them, or they will oil with standing, and grow fad. You must bake them in a moderate oven; for if it is hot, they will be fcorched,---if too flow, they will not rife. -Those creams that are set over a stew-pan of boiling water to congeal, are better done with the infide fkin of a foul or chicken's gizzard, then with runnet, as it is not fo apt to break with the fkins: take care that the fire is not too hot on the top, nor that the water boil too fast, or it will break, and that spoils the beauty of them.

RASP ICE CREAM.

Mix half a pound of rafp jam in a pint of thick cream, add to it half a tea-fpoonful of prepared cochineal to give it a fine coldur; ftrain it through a fieve to take out the feeds, and put it into a tin or lead mould that has a clofe cover and will hold two quarts, which is generally called an ice-well; then put it into a pail of broken ice, with a good deal of falt in it,—work the mould round for half an hour, and keep the ice clofe to the fides of it; take off the cover, and take great care that you do not let any of the falt or ice get into it, or it will Ipoil the cream; ftir it from the edges

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of the mould, and do fo till all the cream is frozen up; then put it into a fluted lead mould that will hold a pint, put a piece of paper over it, put the cover clofe on, fet it in the middle of a pail, with ice and falt under and over it, and let it fland among the ice for two or three hours, to grow fliff. When you want it, dip the moulds in cold water, turn it out on a plate, and ferve it up with the defert after dinner.

BROWN BREAD ICE.

Take half a pound of brown crumbs, put them into a pint and a half of good thick cream, fweeten it to your tafte with clarified fugar, put it into an ice-well with a cover on as before, then fet it into a pail of broken ice and fome falt; work it well for half an hour, and as the cream freezes to the edge of the mould, ftir it down; continue this till the cream is quite frozen; put it into a fluted lead mould, with a paper and a cover on it; put it in a pail with ice and falt under and over it, and let it ftand for two hours. When you want it, dip it in cold water, and turn it out on a plate.

Bifcuit ice is made the fame way; only grated bifcuit is used instead of crumbs of bread.

SHADDEROT CREAM.

Pare two lemons very thin, and put the parings into a pint of water, fqueeze to them the juice; let it ftand for one hour, then ftrain it through a fieve, and fweeten it to your tafte with clarified fugar; put to it a little effence of fhadderot to give it a fine flavour, then put it into an ice-well, cover it down, and freeze it as before; put it into four or five fhadderot moulds; lap each of them in a fheet of brown paper, and put them into a pail of broken ice and falt. When they are wanted, dip them in cold water, turn them out on a plate, and flick a fmall fprig of laurel in the larger end; do them over with a brufh dipped in a litle prepared faffron, and ferve them up as before.——Four or five will make a pretty plate.

ITALIAN ICE CREAM.

Boil a pint of cream with a few coriander feeds, a flick of cinnamon, and a piece of lemon fkin, for ten minutes; put in as much loaf-fugar as will fweeten it, flrain it into a bowl, and let it cool,—then put it into an ice-well, and ice it as before. When it is grown fliff, you may put it into what fhape-moulds you pleafe; lap them up in brown paper, put them into a pail with ice and falt under and over them; let them lie for two or three hours, and turn them out as before. If you chufe to have them yellow, when you take them out of the moulds, brufh them over with a little prepared faffron.

ORANGE ICE CREAM.

Squeeze the juice of three Seville oranges into a bowl with a pint of water, the rind of one orange, and as much fugar as will fweeten it; let it ftand for two hours, ftrain it, put it into an ice-well, and freeze it; then put it into leaden orange moulds, lap them up in paper, put them into a pail with ice and falt under and over them, and let them ftand two hours or more; dip them in water, turn them out upon a plate, and garnifh them with green leaves.

Lemon cream is made the fame way.

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PEACH ICE CREAM.

Put half a pound of peach jam into a pint of water, add to it the juice of two lemons, mix it well, and ftrain it through a fieve; if it is not fweet enough, add to it a little clarified fugar; put it into an ice-well, and freeze it pretty ftiff; then put it into peach moulds, lap them up in paper, put them into a pail with ice and falt under and over them, and let them lie two hours to ftiffen. When you want to ufe them, dip them in cold water, turn them out on a plate, colour them with a little prepared cochineal, and garnifh them with green leaves.

ICE CREAM OF APRICOTS.

Pare and ftone fourteen apricots, put them into a preferving pan with three quarters of a pound of loaffugar, and a pint and a half of water; fet it over the ftove to boil for twenty minutes; when they are boiling, bruife them with a fpoon, take them out, and rub them through a hair fieve into a bowl:—when the apricots are cold, put to them one pint of cream, mix it well together, put it into the ice-well, and freeze it pretty ftiff; then put it into apricot moulds, lap them in paper, and put them into a pail with fome ice and falt under and over them; then let it lie two or three hours to freeze. When you want them, dip them in cold water, turn them out on plates, colour them with cochineal to look like apricots, and garnifh them green leaves.

ICE CREAM ANOTHER WAY.

Squeeze the juice of eight fweet oranges into a bowl, add to it half a pint of water, and as much fugar as will fweeten it; ftrain it through a fieve, put it into an ice-well, and freeze it till it is ftiff; put it into a lead pine-apple mould, lap it well up in paper, put it into a pail of ice, and falt under and over it, and let it ftand for three hours. When you want it, dip your pine apple in cold water, turn it out on a plate, green the leaves of the pine-apple with fpinage juice, and garnish it with green leaves. You may put this cream into melon and pear moulds. If a melon, you must green it with fpinage juice; if a pear mould, you must ftreak it with red.

TEA CREAM.

Put three quarters of a pint of milk into a ftew-pan with a quarter of an ounce of fine green tea, and let it boil for five minutes; ftrain out the leaves,—put to it half a pint of thick cream, as much fugar as will fweeten it, and two fpoonfuls of runnet; put it in a difh, let it fet, garnifh it with fweet-meats, and ferve it up for a fecond courfe, or for fupper.

COFFEE CREAM.

Grind one onnce of coffee, put it into three quarters of a pint of boiling milk,—let it boil for ten minutes, then take it off, and let it ftand a little to fettle; pour it clear off from the grounds into a clean bowl; add to it two ounces of fugar, with half a pint of thick cream, and put to it the infide fkins of two fowls' gizzards; let it ftand for one hour, ftrain the cream two or three times backwards and forwards; then put it into a china difh, fet it over a ftew-pan of boiling water, with a cover over it, and fome charcoal on the cover; it will foon fet: when it is done, fet it in a cool place, and ferve it up for a fecond courfe.

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CHOCOLATE CREAM.

Scrape fine two ounces of chocolate, put it into a marble mortar, with a little boiled cream, to diffolve it; pound it for half an hour; take it out, and put it into a chocolate pot, with one pint and a half of boiling cream: fet it on the fire to boil, and mill it all the time; put it into a bowl, and fweeten it to your tafte; when it is almost cold, put in two infide fkins of gizzards, washed clean; let it ftand for one hour, ftrain , it through a piece of muslin into a china difh, fet over a ftew-pan of boiling water, with a cover and fire on it as before; when it is fet, take it off, —let it cool, and ferve it as above.

RASPBERRY CREAM.

Put one pint and a half of cream into a china bowl, add to it half a tea-fpoonful of cochineal, to give it a colour, whifk it to raife a froth,—and as it rifes, take it off, and lay it on a fieve; when you have got as much froth as will ferve to cover the cream, put into your bowl half a pound of rafp jam, mix it well together, ftrain it through a fieve to take the feeds quite out of it; put it into a glafs bowl or deep china difh. and the froth over it. It is proper for a corner difh for a fecond courfe, or a middle difh for fupper.

HARTSHORN CREAM.

Boil a quarter of a pound of hartfhorn fhavings in two quarts of water, till it comes to half a pint; run it through a jelly bag, put to it one pint of thick eream, a flick of einnamon, and two laurel leaves; fet it to boil for five minutes, take it off, let it fland a little, then pour it into jelly glaffes, and let it fland all night to cool; dip your gluffes in warm water, turn them out into a difh, and flick them over with flices of almond cut longways. Serve it up for a fecond courfe, or middle difh for fupper.

ITALIAN CREAM.

Put one pint and a half of cream into a ftew-pan with a flick of cinnamon, a few coriander feeds, and a little rind of lemon; fweeten it to your tafte; fet it on to boil for five minutes; take it off, let it ftand till almost cold, and put in the inner skin of two gizzards washed clean; let it stand for one hour and a half, strain it through a fieve two or three times, pour it into a china dish clear from the settlings, set it over a stew-pan of boiling water with a cover and fire on it; when it is set, take it off, and set it to cool,—colour a little cream with cochineal, whisk it up to a froth, drain it on a fieve, lay it on the top of the cream, and ferve it for a corner dish for dinner, or a middle dish for supper.

PISTACHO CREAM.

Boil a quart of cream with a flick of cinnamon, and as much fugar as will fweeten it to your tafte; take a quarter of a pound of pillacho nuts, take off the fkins, pound them in a mortar, mix them with the cream, and green it with a little fpinage juice; put to it the infide fkins of two gizzards, let it fland for one hour and a half, flrain it, put it into a difh, and fet it over a flew-pan of boiling water, with a cover and fire on it; when it is fet, take it off, and fet it in a cool place, garnifh the edges of your difh with whole piftacho nuts peeled, and ferve it up as before.

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SNOW CREAM.

Take the whites of eight eggs, beat them to a ftrong froth, and put to them a fpoonful of treble refined fugar; have ready a ftew-pan with fome milk and water,—when it boils, put in the froth, and let it just boil; take off the pan, and have ready fome custard in a china dish, take the froth carefully up with a flice, lay it on the custard, ferve it up for a corner dish for dinner, or a middle dish for supper.

ANOTHER WAY.

Beat up the whites of eight eggs to a ftrong froth as before, adding a little fugar; have ready a broad ftew-pan with boiling milk and water, put in the froth, and let it boil two minutes; take up the froth, cut it into fquare pieces, and lay it neatly in a difh, cut fome fweet-meats in pretty fliapes, and lay them on each fquare, pour fome nice boiled cuftard round it, and ferve it up as before.

BURNT CREAM. '

Boil a pint of cream with a little fugar, and a bit of the rind of a lemon, then beat the yolks of fix eggs and the whites of three; when the cream is cold, put in the eggs, with a fpoonful of rofe-water, fet it over the fire, and keep ftirring it till it is thick; pour it into a difh, and when it is cold fift fome`fugar on the top,—then hold a hot falamander over it till it is very brown, and ferve it up for a fecond courfe.

RHENISH CREAM.

Put one pint of Rhenish wine in a stew-pan, with a stick of cinnamon, the juice of two Seville oranges, [227]

the yolks of fix eggs, and half a pound of loaf-fugar; fet it on the fire, ftirring it all the time till it grows thick, (but do not let it boil, or it will curdle) ; when it is as thick as cream, strain it through a fieve into a china difh, or put it into jelly glaffes. All other wine creams are made the fame way.

LEMON CREAM.

Boil a pint of cream; when it is cold, add to it the yolks of four eggs, three ounces of loaf-fugar, and the rind of a lemon grated; fet it over a fire, and ftir it ' till it is pretty hot; put it in a bafon to cool, then lay lemon peel cut like straws over the top,-or you may put it into glaffes, and fet it round a defert frame among jellies.

WHITE LEMON CREAM.

Take three lemons, pare them very thin, put the parings and juice together in a bason with a pint of water for two hours, - add a few coriander feeds, a flick of cinnamon, the whites of feven eggs, a little rofe-water, and half a pound of fugar; fet it on the fire to fimmer, but not boil (it must be as thick as cream); then strain it through a fieve, put it into a glass bowl, and ferve it up cold. If you would have it yellow, add the yolks of two eggs.

ORANGE CREAM.

Take four large Seville oranges, grate off the rind, and put it in a bason with a pint of water, and the juice of the oranges; let it ftand one hour, add fix eggs, leaving out three yolks; whilk it all well together, ftrain it into a ftew-pan, with as much fugar as will fweeten it; fet it on the fire, ftir it all the time, and when it grows thick take it off, and ferve it up in jelly glaffes on a falver or defert frame, or in a glafs bowl.

TRIFLES.

Take three long bifcuits, cut them in flices, and lay them in a difh; pour as much white wine over them as they will drink, then take a pint of cream, put in a little fugar, and fqueeze in a little of the juice of a lemon, and a bit of the rind; whifk it up to a froth, and lay it on a fieve; take a little cream, put it in a ftew-pan with a flick of cinnamon, the yolks of three eggs, and fugar to your tafte; fet it over a gentle fire, ftir it one way till it is thick, then take it off, and pour it over the bifcuits into the difh: when cold, put on the frothed cream, lay round it different coloured fweet-meats, and ferve it up for a fecond courfe.

CUSTARDS.

Take one pint of cream, fet it to boil with a flick of cinnamon, a few coriander feeds, a bit of the rind of a lemon, and two laurel leaves; let it boil ten minutes, take it out, and let it cool,—add the yolks of fix eggs well beaten, and fweeten it to your tafte, then ftrain it into a flew-pan, fet it on a fire, let it fimmer, but not boil, flirring it all the time with a whifk : when it grows thick, take it off, put it into a bowl, and flir it till it grows cold,—add to it a fpoonful of brandy, a fpoonful of rofe-water, and a few almonds blanched and fliced, put them in cuftard cups, and f crve them up for a fecond courfe.

ALMOND CUSTARD.

Take a quart of cream, put it in a stew-pan with a

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fick of cinnamon, two blades of mace, and three laurel leaves; boil it, and fet it to cool; blanch two ounces of fweet almonds, beat them fine in a marble mortar with rofe-water, mix it with cream, and fweeten it to your tafte; fet it on a flow fire, ftirring it till it grows thick; do not let it boil, for it will curdle,—ftir it till it is almost cold, and put in the cups.

SACK POSSET.

Grate-a quarter of a pound of bifcuit cake, put it into a ftew-pan with a pint of cream, a flick of cinnamon, and a bit of lemon peel; fet it on a clear fire, and let it boil five minutes; take it off, and take out the rind of the lemon, and the cinnamon; put to it a quarter of a pint of fack or fweet wine, grate in a little nutmeg, and as much fugar as will fweeten it,—ftir it till it is almost cold, and put it into a china difh or glafs bowl; whifk fome cream with a little fugar and wine, to a light froth, and put over it,—ftrew fome coloured comfits on the top, and ferve it up for a fecond courfe for dinner, or for fupper.

A WHIPT POSSET.

Put a quart of eream into a deep bowl, add to it two glaffes of white-wine, a picce of the rind of a lemon, a flick of cinnamon and a piece of fugar; let it fland a little to take the tafte of the lemon and cinnamon; take a whifk, and whip it to a nice light froth; as the froth rifes, take it off with a fpoon, and lay it on a hair fieve to drain. The cream mult not be two thick, or it will make your froth heavy,—neither muft it be two thin, or it will not rife. Half fill the poffet glaffes with white or red wine, put a piece

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of fugar, (half the bignels of a nutmeg) in each glass; when the froth is well drained, fill the poffet glass with the froth as high as you well can, and ferve them up on a defert frame, or on a falver, with jellies.

A WHIPT SYLLABUB.

Put a pint of cream in a bowl with a quarter of a pound of loaf-fugar, the rind of one lemon grated and fhred fine, the juice of two lemons, two glaffes of Madeira wine, and one glafs of brandy; let it ftand one hour, whifk it well, and as the froth rifes take it off, and put it into the fyllabub glaffes, —fill them as high as you can, and do fo till all your cream is whifked; let them ftand all night; the next morning they will be clear at the bottom. Serve them up with jellies as before.

LEMON SYLLABUB.

Put a pint of cream into a bowl with three quarters of a pound of loaf fugar, the juice of five lemons, the rinds of two rafped fine, half a pint of fweet wine, whifk them well for half an hour, and put them into glaffes as above. They are better for ftanding all night.

CREAM CHEESE.

Take two quarts of thick cream, let it ftand two days, then lay a wet napkin four double in a deep difh, pour in the cream, and let it ftand three days; turn it into another clean wet napkin, and let it ftand three days more, take it out, lay it on a plate, and fprinkle on it a little falt. It will be fit to eat in ten days.

BLADDER CHEESE.

Take a dried calf's bladder, fill it full of thick cream, tie it with a ftring, and hang it on a nail; then, as the whey drops from it, you muft tie it tighter; let it hang in the bladder ten days, then cut the bladder up the fide, and turn it out on a plate. It will be fit to eat in three days.

CREAM CHEESE ANOTHER WAY.

. Take fix quarts of milk from the cow; boil two quarts of cream with two ounces of loaf-fugar, put it into the milk, and add the yolks of two eggs; ftampafew marygold leaves in a mortar, put a little milk to them, and strain it through a lawn fieve into the milk and cream, to give it a colour; add to it two quarts of boiling water, and ftir it all together; when almost cold, put to it two fpoonfuls of runnet, and let it ftand till it comes to a curd,-break it with a difh, and have ready a thin cloth; hold it at each end, put in the curd, and move it backwards and forwards till the whey is run from it; then lay the cloth in a cheefevat, cover the cheefe over with the cloth, and lay on the finker with a weight of fix pounds, to prefs it; turn it twice in four hours into clean cheefe cloths, let it lie all night with the weights on,-then take it out, and falt it the next day; put it into a clean piece of flannel, and lay it among fresh nettles every day. It will be ready to eat in fourteen days.

SLIPCOAT CHEESE.

Take feven pints of new milk, and one quart of cream warmed,—put it together, with as much runnet as will turn it; when it is come, do not break-it as

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for other cheefe, but lay a cloth into a cheefe-vat; take up the curd with a fkimmer, as whole as you can, lay it in the cheefe-vat, and as it drains, put in more, without otherwife touching it, till all is in; then caft over it the other half of the cloth, put on the finker, and lay a pound weight on it, for that is enough; in two hours turn it into a clean wet cloth, next morning falt it lightly, and lay it in clean doggrafs, and as that withers, lay it in frefh. It will be ready to eat in fourteen days.

PORTUGAL CREAM.

Simmer three quarters of an ounce of ifinglafs in half a pint of boiling water, till it is quite diffolved; add twelve bitter almonds blanched, and beat in a mortar, and the rind of half a lemon pared very thin; let it fimmer a little; add half a pint of cream, the yolks of three eggs, and as much fugar as will fweeten it to your tafte: ftir it over the fire a little, but do not let it boil; ftrain it through a piece of muflin; when almost cold, pour it into a difh, and when it is ftiff, cut it out with the jiging-iron; lay it in a china difh in rings, and garnish it with flowers or fweet-meats.

TO MAKE A HEDGE-HOG.

Blanch a pound of almonds, beat them in a mortar very fine, with a little rofe-water; put them in a ftew-pan, with half a pint of cream, the yolks of fix eggs, and the whites of three; grate in a rind of lemon, and as much fugar as will fweeten it to your tafte; ftir it over a clofe fire till it is thick; put it in a difh, and make it in the form of a hedge-hog; flice fome almonds longways, and flick it all over to look like briftles; put round it a pint of boiled cuftard.

APPLE PUDDING.

Pare and core fix apples, ftew them tender, beat them to a fine pulp; add four ounces of melted butter, a glafs of brandy, the juice of two lemons, and rind of one; the yolks of five eggs, and the whites of three; a little cunnamon and nutmeg, and as much fugar as will fweeten it to your tafte; mix it well, fheet your difh with light pafte, bake it in a moderate oven one hour.

LITTLE BAKED PUDDINGS.

Put half a pint of water, and four ounces of butter to boil in a ftew-pan; then add four table fpoonfuls of fine flour, ftir, it over the fire fix minutes; take it off, put it into a bafon to cool; add the yolks of fix eggs, the rind of ouc lemon grated, and half the juice; a glafs of brandy, fome nutmeg, and fugar to your tafte, mix it well together; butter fix common white tea cups, and put it in; bake it half an hour in a quick oven, turn them out on a difh, and ftrew fugar over them.

CURD CHEESE CAKES.

Put a fpoonful of runnet into two quarts of new milk juft warm; when it is fet, break it with a fpoon; put it on a fieve to drain the whey from it, work the curd through the fieve, with four ounces of butter; add fix eggs, leave out three whites, a glafs of brandy, nutmeg, and fugar to your tafte; a few currants; mix it all well together; flieet your cheefe cake pans with puff pafte; put in the meat, and bake them half an hour in a quick oven; ftrew fugar over them when you ferve them up.

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ORANGE FRITTERS.

Break two eggs in a bafon, beat them, add half a pint of milk and four fpoonfuls of flour, a little falt and nutmeg, mix it well together; pare two Seville oranges, and cut them in round flices not very thin, put them in your bafon, ftir them in; have ready your frying-pans with lard hot, drop in your fritters, fry them of a light brown, put them in a china difh, and flrew fugar over them, and ferve them up hot.

DROP BISCUITS.

Beat the whites of four eggs with a knife upon a plate to a froth, put it in a bafon, add the yolks of two, beat it a little, add nine ounces of lump-fugar beat, eight ounces of flour, and the rind and juice of half a lemon; mix it all well together, drop them on white paper buttered, ftrew fugar over them, and bake them in a quick oven.

ORANGE JELLY.

Boil a pound of hartfhorn fhavings in three quarts of water, for four hours, and till it is reduced to one quart; ftrain it-through a fieve, let it ftand all night; grate the rinds of four Seville oranges very thin, and the juice of fix, add half a pint of water, let it ftand all night to infufe, ftrain it in a ftew-pan with your jelly, the rind and juice of one lemon; fet it on the fire to melt, add the whites of three eggs well beat, with fugar to your tafte; boil it fix minutes, run it through a bag till fine; when it is near cold, put it in orange moulds, or any other fhapes you pleafe; let them ftand all night to cool, then turn them out on a china difh.

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OR ANGE JELLY ANOTHER WAY.

Diffolve an ounce of ifinglafs in a pint of water, add to it the juice of four Seville oranges, and the rinds of two, a little brandy, fweeten it to your tafte; let it fimmer, ftrain it through a piece of muflin; when near cold, put it into your moulds, and let it ftand to ftiffen.

You may do lemon jelly the fame way.

TO MAKE OZYAT.

Blanch half a pound of bitter, and half a pound of fweet almonds, beat them fine in a mortar with fome orange flower water,—add to it two quarts of fpring water, work it through a napkin, put it into a preferving pan, with two pounds of fine fugar, boil it half an hour: when it is cold, put it into bottles.— When you want to ufe it, fhake the bottle, and put a tea-cup full into a pint of water; if that fhould be too fweet, add more water to your tafte.

TO MAKE LEMONADE.

Put three quarts of boiling water into a mug, fqueeze to it the juice of twelve lemons, and the rinds of fix pared very thin, and as much fugar as will fweeten it; let it ftand eight hours, ftrain it through a clean napkin, and ferve it up in glaffes.

GRATED ORANGE MARMALADE.

Grate the outfide rinds of twelve Seville oranges into a mug, cut them through, fqueeze to it the juice and pulp, but no feeds,—weigh it, and put it into a preferving pan; to every pound put a pound and a

half of fugar; boil it over a flove till it looks clear and will jelly, which it will do in half an hour, then put it into your pots.

CALF'S FEET JELLY.

Take four calf's feet, make them very clean, and fet them on the fire in a pot with four quarts of water; let it boil till it is reduced to two quarts, ftrain it off, and let it ftand till it is cold; fkim off the fat, put it in a ftew-pan with four whites of eggs whifked, add fome coriander feeds, a ftick of cinnamon, and a piece of lemon fkin; fet it on to boil, and add one bottle of white wine, one gill of brandy, the juice of four lemons, and as much fugar as will fweeten it; let it boil ten minutes, throw it througha jelly bag till it is fine; put it in the glaffes, and ferve them up on falvers or round defert frames.

HARTSHORN JELLY.

Set half a pound of hartfhorn to boil with three quarts of water; let it boil till it comes to a jelly, (which you may know by fetting a little up in a fpoon to cool), and if it jellies, ftrain it into a ftew-pan; let it cool, put in five whites of eggs, fome coriander feeds, and fome cinnamon, fet it on the fire to boil for fifteen minutes, add the juice of three lemons, and rub the rinds of two lemons on the fugar that is to fweeten the jelly, add a little brandy and a bottle of white wine; let it boil ten minutes, ftrain it through a jelly bag till fine, then put it in your glaffes, and ferve it up as above.

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QUINCE MARMALADE.

Pare three pounds of quinces, cut them in quarters, take out the cores, put them in a fauce-pan well tinned, cover them with water, put the parings on the top, ftop them clofe, let them boil flowly till they are tender and of a pink colour; take them out from the parings and water, drain them on a fieve; when cold, pound them in a mortar very fine, put three pounds of fugar in a preferving-pan, with a pint and a half of water; boil it fifteen minutes, put in the quinces with the juice of two lemons, boil it till it is thick and clear, ftirring it all the time, to keep it from burning; put it in pots, and cover them with brandy paper.

APRICOT MARMALADE.

Pare four pounds of apricots, take out the ftones, put them in a preferving-pan with a pint of water, fet them on a ftove to ftew; when tender, take them out and beat them to a fine pulp; then put three pounds of fugar in your pan with a pint of water, and a pint of apple jelly, let it boil twenty minutes, fkim it clean, ftir it all the time to keep it from burning, put it in your pots, and cover it as above.

RED CURRANT JELLY.

Pick twelve quarts of fine red currants, put them into a preferving-pan with half a pint of water; fet them on a flove to boil flowly till all the juice is come out, but do not let them burn to the bottom of the pan; ftrain the juice through a fieve, and to every pint of juice put a pound of fugar pounded; boil it till it will jelly.

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TO PICKLE KIDNEY-BEANS.

Put fmall kidney-beans into falt and water for five days, boil it up, then fet them to green in a brafs pan with equal quantities of alegar and hard water; when they are quite green, take them out and put them in a jar; boil as much white wine vinegar as will cover them, with clove and black pepper, rice ginger, and a handful of falt,—then ftop them clofe down.

All pickles fhould be kept in a cool, dry place; if damp it will quite fpoil them. When you use the pickles, take them out with a fpoon, and do not put in your fingers, for that will make them mothery.

TO PICKLE MUSHROOMS.

Take the fmall button mufhrooms, put them into milk and water, and rub them well with a flaunel; put on fome water with a large handful of falt, and let it boil, then put in the mufhrooms, let them boil two minutes, take them off, ftrain them, and dry them in a cloth; when they are cold, put them into bottles with a little mace, white pepper, and nutmeg fliced; fill the bottles with the beft double-diftilled vinegar, cork them down tight, and tie a piece of bladder over them. You may put fome*fweet oil on the tops, to preferve them.

TO PICKLE CAULIFLOWERS.

Take clofe, round, and fmall cauliflowers, fet on to boil fome falt and water, fo ftrong as to bear an egg, —when it boils, put in the cauliflower, and let it boil for two minutes, then take it out, and let it drain upon the fieve; when it is quite cold, put it into a fmall glafs jar, fill it up with the beft double-diftilled vinegar, add to it some white pepper, a sliced nutmeg, mace, and a handful of falt; cover it close up.

TO PICKLE WALNUTS.

Gather the walnuts before they fhell, prick them in feveral places with a needle, then put them into a ftrong falt and water; let them lie twelve days, but change them once in that time,—then put them in a hair fieve, and let them ftand all night to drain, then put them into a jar, and make a pickle for them as follows:—Put as much white wine vinegar as will cover them in a fauce-pan, with fome brown muftardfeed bruifed, two or three rices of ginger, a few black pepper-corns, and a few cloves; let it boil for ten minutes, and pour it upon the walnuts; when they are cold, flick three or four cloves of garlic on a fkewer, and put amongft them to give them a flavour, —then cover them down clofe with bladder and leather.

TO MAKE INDIA PICCALILLO.

Put a hard white cabbage (cut into lengths, but not fmall) into an earthen mug, ftrew two handfuls of falt on it, and let it lie all night,—then take three cauliflowers, pick them in bunches, lay them in an carthen difh, ftrew a handful of falt over them, and let them lie all night; next day put them on a fieve to drain, ftrew a handful of falt over them, and dry them in the fun, or before the fire. Dry the cabbage on a fieve, the fame way as the cauliflowers, with fome falt thrown on it,—or you may hang them on lines near the fire. Then peel two quarts of fmall onions, give them a boil in ftrong falt and water for two minutes, and throw them on a fieve to drain; then take fome large encumbers, cut them in what form you pleafe, take out the feeds, falt them, and let them lie all night; give them a fimmer over a fire in a little vinegar, drain them on a fieve, and make a pickle for them as follows:—Put a gallon of vinegar into a fauce-pan, with an ounce of turmeric, a little mace, cloves, black pepper-corns, and a rice of ginger, and let it boil ten minutes; put the above ingredients into a jar with four mangoes, and a few cloves of garlic; when the pickle is cold, pour it into the jar, cover it clofe down, and keep it in a cool, dry place.

TO PICKLE ONIONS.

Peel fome fmall white onions, and boil them among falt and water and a little milk for a minute, ftrain them on a fieve, rub them in a cloth till they are quite dry, and when they are cold, put them into widemouthed bottles; fill them up with the beft doublediftilled vinegar, a fliced nutmeg, mace, white pepper, and a little falt,—cork them down, and cover them over with a bladder.

TO PICKLE RADISH PODS.

Take the pods off the radifhes when quite green and young, flit them at the fmall end with a needle, put them into falt and water for five days, fhifting them into frefh water every other day,—then green them in alegar and hard water; when green, put them into a jar,—boil as much of the beft white wine vinegar as will cover them, with fome black and clove pepper, rice ginger, and a little falt,—pour it on them boiling hot, and ftop them clofe down.

TO PICKLE POTATOE APPLES.

Gather them when they are young, put them in cold

falt and water for fix days, green them with alegar and hard water, then take as much vinegar as will cover them, boil it with mace, cloves, black pepper, rice ginger, and a little falt; pour it on them boiling hot, and ftop them clofe down.

WALNUT CATSUP.

Put fome walnuts in a ftrong ftone jar, cover them with ftrong beer vinegar, tie them clofe down with a bladder or leather, and let them ftand nine months, then ftrain the vinegar into a ftew-pan; to three quarts of this liquor put in fix ounces of anchovies, one quart of red wine, half an ounce of mace, half an ounce of cloves, one ounce of black pepper, and an ounce of rice ginger; fet it over a quick fire for three quarters of an hour to reduce it,—when cold, bottle it up, and keep it for ufe.

Boil fome white wine vinegar with a little feafoning,—when cold, pour it over the walnuts, and cover them down for ufe.

MUSHROOM CATSUP.

Bruife fome full-grown mufhrooms with your hands, throw on them a handful of falt, and let them ftand all night; then put them into a quick oven to bake for one hour,—take them out, and ftrain it through a fieve; to two quarts of this liquor add black and clove pepper, mace, and cloves, in all half an ounce, and a little common falt; boil it for half an hour pretty quick, then put it into a mug, - when it is cold, bottle it up, and keep it for ufe.

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ANOTHER WAY.

Put three quarts of old ftrong beer into a ftew-pan with one quart of red wine, one pound of anchovies, a quarter of a pound of fhalots peeled, with mace, nutmeg, and cloves, each half an ounce, and one ounce of ginger cut in flices; boil it till one-third is reduced; when it is cold, bottle it, and keep it for ufe. It will keep a long time very good.

TO MAKE SUGAR VINEGAR.

Put ten pounds of brown fugar to feven gallons of water, boil it for a quarter of an hour, then put it into a tub, and when almost cold, put to it a little yeas, and let it work for four days; then turn it into an iron-hooped barrel, stop it close down, and set it in the fun. You may make it in February or March, and it will be fit to use in September.

GOOSEBERRY VINEGAR.

Take the yellow and ripeft goofeberries you can get, bruife them with your hands in a tub; to three pecks of goofeberries put feven gallons of water, mix them well together, and let them ftand for three weeks, ftirring them twice a day; ftrain the liquor through a fieve, and prefs the goofeberries; put to it fix pounds of brown fugar, feven pounds of treacle, and a little yeaft; let it work for three days, ftirring it twice a day, then turn it into an iron-bound cafk that will juft hold it; when it is done fermenting, ftop it tight down, keep it one year, and then it will be fit for ufe.

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TO PICKLE RED CABBAGE.

Take the fineft red cabbage you can get, cut it in thin fhreds, put it in a mug, ftrew on it a handful of falt, and let it lie all night; the next day put it on a fieve to drain, dry it in a coarfe cloth, and put it into a fauce-pan with a little vinegar; ftir it over the fire till it is quite hot, put it into a jar, pour the liquor from the cabbage into a pan, and add as much vinegar to it as will cover the cabbage, with a little rice ginger, fome black and clove pepper, a little faltpetre, and a bit of allum; let it boil ten minutes, then pour it over the cabbage, and when it is cold cover it over with bladder and leather.

TO PICKLE BEET ROOTS.

Boil the reddeft beet roots you can get in hard water half an hour, cut them in flices, in flowers, or in what fhapes you pleafe, and put them into a jar; boil as much vinegar as will cover them, with a rice of ginger, a little mace, fome black pepper-corns, a little falt, and a little prepared cochineal to give it a colour; let it boil ten minutes, pour it over the roots, and cover them as before.

TO PICKLE BARBERRIES.

Gather the barberries when they are ripe and of a fine colour, pick off the leaves and bad berries, and tie the others up in little bunches; make a bag of old white cloth, into which put the berries, and put it into a jar; then pound two handfuls of barberries in a mortar, put them into three pints of hard water, then frain it through a fieve, add to it three handfuls of falt to make it a ftrong brine, with a fpoonful of prepared

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cochineal; pour it on the barberries, put a thin flate on them to keep. them down, and cover them with leather and a bladder as above.

TO PICKLE GIRKINS.

Take girkins free from fpots, put them into a jar, and pour fome boiling falt and water on them; let them ftand four days, changing the water once in that time,—then put them into a brafs pan with a cabbage leaf under and over them; cover them with one half alegar, and the other half hard water; fet them on the fire till they are quite hot, then hang them a little higher, and keep them hot till they are quite green, but do not let them boil; when they are green, take them out, drain them on a fieve, and put them into a jar,—then put fome of the beft white wine vinegar into a fauce-pan, with fome black and clove pepper, rice ginger, and a handful of falt; fet it on the fire, when it boils, pour it on the girkins, and cover it clofe down.

TO PICKLE ROCK SAMPHIRE.

Let the rock famphire be frefh picked and not bruifed, wafh it clean, cut off the roots, tie it up in fmall bunches, put it into a brafs pan with a cabbage leaf under and over it, fill it up with one half alegar, and the other half hard water, and fet it on the fire till it is quite hot; hang it a little higher, and keep it hot till it is quite green,—then take it out, drain it, and put it into a jar. Put fome white wine vinegar into a fauce-pan with fome black and clove pepper, and fome rice ginger; fet it on the fire, let it boil five minutes, pour it on the famphire, and cover it clofe down.

TO MAKE MANGOES.

Take large green cucumbers, cut a picce out of the fide one inch square, and take out the feeds ; pour on them fome boiling falt and water, let them lie for three days,... then change the water, and let them lie three days more; fet them on to green in a brafs pan with an equal quantity of alegar and hard water to cover them; when green, take them out, and fill them with multard-feed, a clove of garlic, a bit of horse-radish, black and clove pepper, mace, cloves, nutmeg, and a little rice ginger fliced,-then put in the pieces, tie it close, and put it into a jar; pour fome white wine vinegar into a pan, with a handful of falt (as much as will cover them), when it boils, pour it on them, and ftop them clofe down.

TO PRESERVE PEACHES IN BRANDY.

Take twelve of the largest peaches before they are too ripe, wipe off the lint with a cloth, cut them down the feam with a pen-knife, fkin deep, put them into a jar, and cover them with the best French brandy for four days; clarify two pounds of doublerefined fugar, and let it ftand till the fyrup is quite cold; pour it into the jar to the peaches, give it a good fhake every day for a week, or the fyrup will link to the bottom, --put a thin blue flate on the top of the peaches to keep them under the fyrup, or they will lofe their colour, and cover them down with a damp bladder, that no air may get in.

TO PRESERVE GREEN MELONS.

Take a green melon, put it into falt and water for a week, changing it twice, cut a piece out of one fide \mathbf{v} 3.

about an inch square, and take out the feeds, set it on the fire to green with hard water and a little alegar, cover it over with vine or eabbage leaf, and when it is green, take it out, and put it in water for one night; then make a thin fyrup of half a pound of fugar, put the melon into it, let it boil for five minutes, and let it by for eight days; then warm up the fyrup, and pour it on the melon, doing this three times; then take it out of this fyrup, and drain it. Boil up as much double-refined fugar to a fyrup as will eover the melon, with a flick of einnamon, fix cloves, the juice of one lemon, and the rinds eut like ftraws; put in the lemon, and let it boil four minutes,-put the lemon, einnamon, and eloves into the melon, fasten in the piece with a fmall wood pin, put it into the jar, pour the fyrup over it, and eover it with a paper and bladder.

TO PRESERVE QUINCES WHOLE.

Pare the quinces very thin and round, put them into a fauee-pan that is well tinned, with two pewter fpoons in the middle to make them red; fill up the fauee-pan with hard water, lay the parings over the quinces and keep them down,—eover them clofe that no fteam may get out, and fet them over a flow fire to ftew till they are tender, and of a fine red eolour: take them carefully out, and when they are cold, weigh them, —and to two pounds of quinces put two pounds and a half of double-refined fugar; put it in a preferving-pan with one quart of water, fet it over a clear charcoal fire to boil, fkim it elean, and when it looks elear, put in the quinces; boil them twelve minutes, then take them off, and fet them by for four hours to eool, fet them on again, and let them boil three minutes; take them off, and let them ftand [247]

two days; then boil them again for ten minutes with the juice of two lemons; fet them by till they are cold, put them into the pots or jars, and pour the fyrup over them; cover them with paper dipped in brandy, tie them clofe down with a piece of leather or bladder, and fet them in a cool, dry place.

TO PRESERVE QUINCES ANOTHER WAY.

Take one pound and a half of quinces, pare them, cut them in quarters, and take out the cores, put them into a preferving-pan with one pound and a half of fugar and a pint of water; fet them on the fire to . ftew till they are tender, and break them with a fpoon till they are finc,-then divide it into four parts, and tie it up into four pieces of muslin; put the end of the quinces cut off in parings into four fmall fweet-meat pots, with the outfide uppermost,-fet the mullin in them, and it will make a dent, and look like a whole one; let them ftand in the pots three days in a dry place, that they may grow fliff,-then make a fyrup for them as follows :- Put one pound and a half of fugar into a preferving-pan with a pint of water; fet it to boil, fkim it clean, and when it looks clear, put to it half a pint of ftrong apple jelly; let it boil for eight minutes pretty fast, turn the quinces out of the muslin into the fweet-meat pots, pour the fyrup over them, and when cold, cover them as before mentioned.

TO MAKE APPLE JELLY.

Take twelve large apples, cut them into thin flices, put them in a preferving-pan with three pints of water to them; boil it till it comes to a quart, flrain it through a lawn fleve into a clean pot, and use it as the

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receipts direct. Codlins are the beft apples to make it of.

TO PRESERVE APRICOTS IN JELLY.

Take two pounds of apricots, and pare them neatly; put one pound of fugar into a preferving pan with one pint of water, and let it boil till it looks clear,-then feald the apricots in boiling water, taking care you do not break them, - put them into the fyrup, let them fimmer flowly for five minutes (turning them gently), and fet them off for half an hour; fet them on again, and as foon as they boil, take them off. Set them by for three days, warming them up once every day,then put them on a fieve to drain, and make a fyrup for them as follows :-- Put one pound and a quarter of double-refined fugar into the preferving-pan, with three quarters of a pint of water; fet it on the fire for fifteen minutes, skim it clean, and add to it half a pint of strong apple jelly, and let it boil ten minutes; wipe the apricots with a clean cloth, and put them into the fyrup,-let them just fimmer, to make them look clear, then take them out carefully with a fpoon, and put them into the pots; pour the fyrup over them, keeping a little in a faucer to cover them when they are cold,-cover them with paper dipped in brandy, and a bladder or leather tied over it.

TO PRESERVE APRICOTS ANOTHER WAY.

Pare the apricots, thrust out the stones with a skewer; to every pound of apricots put one pound of double-refined sugar, pound it in a mortar, and strew it over them,—sprinkle on them a little water, and let them lie all night; crack the stones, take out the kernels, peel them, and put them in the infide of the apricots; put them over a flow fire, and give them a gentle boil,—take them off to cool, and do fo three different times; then fet them by till next day. Take them carefully out of the fyrup, and put them into pots; boil up the fyrup, fkim it clean, pour it over the apricots, and when cold, cover them as above.

TO PRESERVE GREEN APRICOTS.

Gather the apricots before the ftones are hard, put them into a coarfe cloth with a handful of falt, and rub them; put them into a pan of hard water with vine leaves under and over them, and fet them on a flow fire till they are of a fine light green. If there are any broken, or of a bad colour, pick them out. Weigh the beft, and to one pound of apricots put one pound of double-refined fugar; make it into a fyrup with a pint of water, fkim it clean, and put in the apricots; give them a boil, and fet them by for three days, giving them a gentle boil each day; add to them the juice of a lemon, boil them for five minutes, put them into pots, and cover them as above.—Of the bad ones you may make a tart for prefent ufe.

TO PRESERVE GREEN COOSEBERRIES.

Take the largeft and fineft you can get while they are green, and take out the feeds; put them in a brafs pan, with fome vine leaves under and over them, and cover them with hard water, adding a bit of alum; eover them clofe down that no fteam may get out, hang them up high in the chimney to go very flow all night; take them off next morning, and hang them on at night, and do fo till they are green, taking care that they do not boil, or they will not green. When they are green, drain them on a fievc, weigh them, and for every pound of goofeberries put a pound of double-refined fugar into a prefervingpan, with a pint of water, and boil it till it is clear; let it ftand till it is cool,—put in the goofeberries, fet them on a flow fire, keep them ftirring, and let them fimmer; fet them by till the next day, then add to them the juice of a lemon, and boil them on a flow fire till they are clear; put them in pots, and when cold, cover them with a brandy paper and bladder, tie them down. You may leave the feeds in if you will.

TO PRESERVE GREEN GOOSEBERRIES LIKE HOPS.

Take large green goofeberries, cut them in four quarters at the ftalk end, leaving the other end whole, and take out the fceds; put them into a brafs pan with vine leaves under and over them, cover them with hard water, put to them a fpoonful of powderfugar, a bit of almond, and a tea-cup full of alcgar,fet them over a flow fire to warm; fet them by for ten days, warming them up once each day,-and if they are not green in that time, hang them over a flow fire till they are fo, then drain them on a fieve. Take a needle with a ftrong thread, making a knot at the cnd, run the needle through fix or eight goofeberries, placing them one within another,-cut off the thread, and make a knot at each end 'to keep them together, and do fo till you have done them all. Weigh them, and to one pound of goofeberries put one pound of double-refined fugar, and make it into a fyrup ; put in the goofeberries, let them boil, and fet them by for three days, warming them up once each day,-add to them the juice of a lemon ; let them boil till they are clear, put them into fmall pots, cover

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them with paper dipped in brandy and a bladder, tiethem down, and keep them for use.

TO PRESERVE ANGELICA.

Take the tender stalks, put them into a prefervingpan, with vine and currant leaves under and over them; cover them with hard water, and add to them a bit of alum, hang it over a flow fire to green, and when it is greened, boil it in the fame water till it is tender; drain it, pick off the ftrings with a pen-knife, and tie it in knots, or in what form you pleafe. Take their weight of double-refined fugar, and pound it, put the angelica into a preferving-pan, ftrew the fugar over it, and let it lie three days and nights. To every pound of fugar and angelica put three quarters of a pint of water,-boil and skim it till it is quite clear, put it in pots, and when it is cold put on some paper dipped in brandy, cover it, and tie it down .---If you choose to candy it, you may take it out of the fyrup, wipe it dry with a cloth, and lay it on glass plates; dust on some fine sugar, put it into a stove to dry, and keep it in paper boxes in a dry place.

TO PRESERVE GREEN GAGE PLUMBS.

Take the fineft plumbs you can get just before they are ripe, weigh them, and put them in a brafs pan with fome vine leaves in the bottom and top; put in a bit of roche alum, and cover them with hard water, fet them over a flow fire; when they are hot, and the fkins begin to rife, take them out, and take the fkins carefully off,—put them in a difh as you do them, lay them in the fame water, with leaves over them, cover them clofc down to keep in the fteam, then hang

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them a great diftance from the five till they are green, which will be in fix or eight hours. Take half their weight of fugar, clarify it, put in the plumbs, give them a gentle boil, and do fo for four days. Take the other half of the fugar, clarify it, add to it half a pint of ftrong apple jelly, and put in the green gages; let them have a fimmer, put them carefully in the pots, and pour the fyrup over them, but always mind to fave a little to put over them when they are cold; lay on papers dipped in brandy, and cover them clofe down.

TO PRESERVE GREEN GAGES ANOTHER WAY.

Take green gages which are ripe, weigh them, nick them lightly down the feam with a pen-knife,—clarify half their weight of fugar, and let them be fealded in hard water; when the fkin begins to rife, take it carefully off, lay them in the fyrup, let them fimmer, and fet them off the fire for one hour; put them on again, and do fo for three times; then fet them by for eight days, giving them a warm each day. Clarify the other half weight of fugar, add to it half a pint of ftrong apple jelly, put in the green gages, and let them fimmer; take them carefully out, and put them in the pots,—let the fyrup fimmer for five minutes, pour it on the green gages (keeping a little out to put on them when they are cold), and cover them as above.

TO CLARIFY SUGAR.

To every pound of double-refined fugar put one . pint of water, fet it over a charcoal fire to boil, and fkim it clean; when it looks clear, dip in a fpoon : if it is enough done it will drop thick. Ufe it as the receipts direct.

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TO PRESERVE GREEN CODLINS.

Gather them when they are half grown, lay them in a brafs pan with fome vine leaves under and over them, put to them fome water, cover them clofe down, and fet them on a flow fire; when the fkin begins to rife, take them out and peel them,-put them into the pan again, with fome hard water, and the leaves under and over them, - add to them half a pint of vinegar, and a piece of roche alum; cover them clofe down; to prevent the fteam from getting out,-then hang them over a flow fire till they are quite green, taking care they do not crack. Take them out, and with a fmall pen-knife make a hole in them to the heart, and take out the feeds; weigh them, and to every pound of codlins put one pound and a quarter of double-refined fugar : clarify half of it, put in the codlins, and fet them to fimmer, ftirring them all the time. Pound the other part of the fugar, and fprinkle on fome; let them fimmer, take them off, and let them stand a little; put them on again, and do fo for three times, adding the fugar till it is all in; fet them by for fix days, turning them every day,-then fet them on the fire, let them boil for five minutes, keep flirring them, that they may do all fides alike : put them in the jars; when they are cold, lay on them a brandy paper, and cover them with bladder.

TO PRESERVE GREEN CODLINS ANOTHER WAY.

Let the codlins be greened as before, then weigh them, and to every pound of codlins put one pound and a half of fugar. Have ready the rinds of two lemons cut like ftraws, and boiled tender; clarify the fugar, put in the codlins, lemon peel, and a flick of cinnamon, let them fimmer flowly till they are quite clear, moving them all the time; take them off, and let them fland till they are almost cold : fet them on again to fimmer, and do fo for three times, that they may be boiled to the heart,—otherwife they will fhrivel, which fpoils the beauty of them; fet them by for three days, turning them every day, then add the juice of two lemons, fet them on to boil for five minutes, and fkim them clear; then put them into a jar, and cover them clofe down as before. When you use them, put fome of the lemon peel over them.

TO PRESERVE GOLDEN PIPPINS.

Let the pippins be quite ripe, free from fpots, and not bruifed; pare them neatly, make a fmall hole with a pen-knife, and take out the cores; weigh. them; and to every pound of pippins put one pound and a half of double-refined fugar; clarify it; add to it the rinds of two lemous cut like ftraws, and boiled tender. Let the pippins be boiled in foft water, and when they begin to crack, take them out, and put them into the fyrup; fet them on to fimmer till they look clear, moving them all the time; fet them by for two hours, put them on again, and let them fimmer, and do fo for three times; fet them by for fix days, turning them every day to take the fugar. Then put the juice of the two lemons, a pint of codlin jelly, and three quarters of a pound of fine fugar pounded; fet it on to boil for eight minutes, take out the pippins, put them into jars; let the fyrup boil for ten minutes longer, pour it on the pippins, and when cold, cover them as before.

TO MAKE A COMPOTE OF PIPPINS.

Take golden pippins that are ripe and free from fpots, pare them neatly, and take out the cores; weigh them, and boil them in foft water for ten minutes: if they are like to crack take them out. Clarify half their weight of fugar, put them in, with the rind of a lemon cut like ftraws, and boiled tender; let them fimmer flowly ten minutes. Put the pippins into a difh, and boil the fyrup till it looks clear, and will drop in two or three places of the fpoon,—then pour it over the pippins, and when cold, ferve them up for a fecond courfe. You must not keep them above eight days, or they will fpot with mould, being only made for prefent ufe. If you do not ufe them in that time, you may make tarts of them.

TO STEW PEARS.

Take twelve large baking pears, pare them neatly, leaving on the ftalks, ftick in them a few cloves, put them into a jar with a bottle of red wine, two pounds and a half of fugar, two pennyworth of cochineal pounded, and two new pewter fpoons; tie brown paper over them, bake them in a flow oven till tender. If the fyrup is not clear, put it into a preferving-pan, boil it for a quarter of an hour; pour it into the pears, cover them with a bladder and leather, fet them in a dry place, and keep them for ufe.

TO MAKE A COMPOTE OF APRICOTS.

Pare one pound of ripe apricots neatly, and pufli out the ftones with a wooden fkewer, clarify three quarters of a pound of fugar, put in the apricots, let them fimmer flowly for five minutes, keeping them z 2 moving all the time; fet them off for half an hour, then fet them on again to fimmer, but not boil, and do this for three times. Take the apricots carefully out that you do not break them, lay them in the difh, and boil the fyrup till it is as thick as above, pour it over the apricots, and when cold, ferve it up for a fecond courfe. If not ufed, you may ferve it up another day with a crowcant over it; or you may make a tart or tartelets of them.

TO MAKE A COMPOTE OF CHERRIES.

Take large morelle cherries when they are quite ripe, weigh them, and to every pound of cherries put three quarters of a pound of fugar, and clarify it. Cut off half of the ftalks of the cherries, leaving the other half on; nick them in the feam with a penknife, put them in the fyrup, and let them fimmer for five minutes; fet them off one hour; fet them on again for three minutes, and do fo three times; take them carefully out with a fpoon, and lay them in a difh: boil the fyrup till it is thick, pour it over the cherries, and ferve them up as before.

TO PRESERVE A GREEN PINE-APPLE.

Lay a green pine-apple into hard water with a little falt; let it lie in it for fix days, changing it every day, —then fet it on in a brafs pan with hard water and a little falt, half a gill of vinegar, a piece of roche alum, and fome vine leaves under and over it; cover it clofe down, and let the fire be very flow under it. When it is quite green; put it into a mug of hard water, letting it ftand all night to take off the tafte of the vinegar; make a thin fyrup of a pound of fugar, and [257]

a pint of water, put the apple into a jar that will juft hold it, and when the fyrup is almoft cold, pour it on, tie it down, and let it ftand eight days; then boil up the fyrup again, and when near cold, pour it over the apple, doing fo for three times. If the pine-apple is large, take three pounds of double-refined fugar, make it into a fyrup with a pint and a half of water, and let it boil a quarter of an hour; fkim it well, add the juice of two lemons, and let it boil a little longer; pour it into a jar, put the pine-apple into it, and cover it down.

TO PRESERVE GREEN CUCUMBERS:

Take fome fmall and fome large green cucumbers, free from spots, and the greenest you can get, put them into a jar, and pour over them fome boiling falt and water; let them stand for a week, changing the water three times; put them in a brafs pan, with a cabbage leaf under and over them; cover them with hard water, a little falt, and half a pint of alegar, hang them over a flow fire till they are quite green. Take them out, and cut a piece off the end, or out of the fide of the large ones, and fcoop out the feeds : you may let them remain in that form, or cut them in . quarters, or in flowers, fprigs, half-moons, or in what form you please,-the small ones to remain whole. Run a large needle through them, that the fugar may penetrate into them, and put them into hard water for two days and nights. Take them out, weigh them, and to every pound of cucumbers put a pound and a half of double-refined fugar; make a thin fyrup of one-third of it, and when it is cold, put in the cucumbers, and let them stand for a fortnight, boiling up the fyrup twice a weck for that time. Clarify the

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remainder of the fugar, and put to it a few cloves, a flick of cinnamon, two nutmegs, the juice of two lemons, with the rinds cut like ftraws, and a littleginger cut in flices; let them fimmer for ten minutes, —then put in the cucumbers, and let them fimmer for three minutes; take them off, put them into the jars, and pour the fyrup over them. When they are cold, cover them with a brandy paper and bladder, and keep them in a dry, cool place.

TO PRESERVE MAGNUM BONUM PLUMBS.

Let the plumbs be quite ripe, and clear from gum and bruifes, nick them in the feam with a pen-knife, weigh them, and put them in a preferving-pan with fome foft water; fet them over a ftove, keep them moving all the time, that they may be done all alike; when the fkins begin to rife, take them out, peel them, and to every pound of plumbs put one pound and a quarter of double-refined fugar. Clarify half of it, and put in the plumbs; let them fimmer very flowly for ten minutes, then take them off the fire for two hours, turning them often; fet them on again, and let them fimmer for three minutes,-take them off, and fet them by till next day; lay them on a sheet of white paper,-take them off the paper and warm them up,-lay on the paper again, and repeat this for three days : ,take them out, and lay them on a fieve to drain. Clarify the remainder of the fugar, and put to it one pint of codlin jelly; let it fimmer for twelve minutes, put in the plumbs, and let them just boil; take them carefully out with a fpoon, put them in the pots, pour the fyrup over them (keeping out a little to put over them when they are cold), and cover them with brandy paper and a bladder.

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TO PRESERVE MAGNUM BONUM PLUMBS ANOTHER WAY.

Take the plumbs when they are half ripe, weight them, put them into a preferving-pan, with fome vine leaves under and over them; put to them fome hard water, a piece of roche alum, and half a pound of foft fugar; fet them upon the ftove till the water is milkwarm, then fet them by for twelve days,-doing the fame once a day. Set them over a flow fire to green ; when they are green, take them out, and put them into a fieve to drain. Take their weight of doublerefined fugar, and elarify it; wipe the plumbs dry with a cloth, and put them in one at a time; fet them on a ftove, and let them fimmer for three minutes, then fet them by three days, warming them up each day; then take them out, lay them in a difh to drain, and put them into pots. If any fyrup remains in the difh, put it into the preferving-pan, adding to it fome codlin jelly. If there are three pounds of plumbs, put to them one pint of codlin jelly; let the fyrup fimmer for ten minutes, pour it to the plumbs (keeping a little out to put over them when they are cold), and cover them with brandy paper as before.

TO PRESERVE CHERRIES IN JELLY.

Put three pounds of double-refined fugar into a preferving-pan, pounded, add to it one pint and a half of eodlin jelly, fet it over a flow fire, let it boil for fifteen minutes, and fkim it well; put in two pounds of Kentifh cherries ftoned, let them boil a little, but not too faft; fet, them off the fire for fome time, -- fet them on again; when they are tender, let them boil very faft till they will jelly, which you may fee by its dropping thick off the fpoon. Put them into pots or glaffes, and cover them as before.

ANOTHER WAY.

Weigh three pounds of cherries, ftone them, and make a fyrup for them of half their weight of fugar; put in the cherries, and let them fimmer for eight minutes; fet them by for three days, warming them up each day, then put them on a fieve to drain. Put the other half weight of fugar into a preferving-pan, with one pint of codlin jelly, and half a pint of water; fet it on the flove to boil very faft for one quarter of an hour; put in the cherries, and boil them for one minute, then put them into your pots (faving a little of the fyrup to put over them when they are cold,) and cover them as before.

TO PRESERVE WINE SOURS.

Take the fineft wine fours you can get, pick off the ftalks, nick them down the feam with a pen-knife (fkin deep), and weigh them. Take half their weight of loaf-fugar, pound it, and lay the wine fours in a jar, with the fugar between them; fprinkle on them half a pint of water to melt the fugar, tie over them a brown paper, and fet them into a flow oven when the bread comes out. When the fkins begin to crack, take them out, and fet them by till next day; pour the fyrup from them, and boil it,—pour it on them, and do fo for three days. Then take the other half of the fugar, clarify it, and ftrain it into the fyrup in which the plumbs were baked; let it fimmer, and put in the wine fours; let them fimmer for eight minutes, tkim them well, put them into jars, pour the fyrup

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over them when cold, cover them. with a piece of white paper and fome rinded mutton fuet half an inch thick, then tie them over with paper and leather.

TO PRESERVE DAMSONS LIKE WINE SOURS.

Weigh fome of the largeft damfons you can get, and flit them down the feam with a pen-knife; put them into a jar, clarify their weight of fugar, and pour it on them; tie them down with a piece of paper, put them into a flow oven, and let them bake till the fkins begin to crack; take them out, and fet them by for three days, warming up the fyrup each day: the laft day boil the plumbs and fyrup together for eight minutes, then take out the plumbs, and boil the fyrup a little longer; put the plumbs and the fyrup together, and let them ftand till quite cold, put them into jars, and cover them with paper and rinded fuet as before.

TO PRESERVE DAMSONS FOR TARTS.

Take the fmall long damfons, pick off the ftalks, flit them down the feam with a pen-knife, weigh them, and put them into a jar; to every pound of damfons take three quarters of a pound of common loaf-fugar, clarify it, and pour it on them; tic them down with a piece of paper, bake them in a moderate oven; take them out, and let them ftand till next day, —then put them in a preferving-pan, and let them boil five minutes; take out the damfons and put them into a jar; boil the fyrup a little more, pour it on them, and let it ftand till it is quite cold; put them into fmall jars or wide-mouthed bottles, cover them. with a paper and rinded fuet as before.

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TO PRESERVE MORELLE CHERRIES.

Get the cherries when they are quite ripe, weigh them, cut off half the ftalks, and take out the ftones; to every pound of cherries put one pound of loaf-fugar pounded; put the cherries in a preferving-pan, and ftrew the fugar over them; put to them one pint of the juice of red currants, and let them ftand all night; fet them over a flow fire to fimmer for fix minutes, then take them off, and fet them by another night; give them another boil, take the cherries carefully out, put them in the pots, boil the fyrup till it is thick, and pour it on them.

TO PRESERVE RED RASPBERRIES.

Gather the rafpberries when they are quite ripe, pick out the largeft and beft of them, weigh them, lay them in a deep difh, and ftrew over them their weight of double-refined fugar. Put the fmall and broken rafpberries into a preferving-pan with a quart of red currants, and half a pint of water; let them boil flowly twelve minutes, ftrain the juice from them, and put it into the preferving-pan with the whole rafpberries, and let them fimmer a little; fprinkle in half a pound more of fugar, and take them off for two hours; fet them on again and make them hot, doing fo three times, and let them fimmer a little the laft time, to make them clear; put them in pots: when cold, cover them with papers dipped in brandy, and tie them down, with a bladder.

White rafpberries are done the fame way, only take white currants inflead of red.

TO PRESERVE RED GOOSEBERRIES.

Gather the largeft and reddeft goofeberries you can get, pick and weigh them; to every pound of goofeberries put one pound of loaf-fugar, put it into a preferving pan, with half a pint of water to a pound of fugar; boil it pretty thick, and put in the goofeberries, let them boil a little, and fet them off for one hour; put them on again, give them a fimmer, and repeat this for three times. Let them ftand two nights, then fet them on to boil till they look clear and the fyrup is thick; put them in the pots, and cover them as before.

TO PRESERVE RED GOOSEBERRIES FOR TARTS.

Take four pounds of red goofeberries,—clarify two pounds of fugar, put in the goofeberries, and let them fimmer ten minutes; take them off for one hour; fet them on again, and let them boil pretty faft till they grow thick, and begin to fall to the bottom; keep them flirring, otherwife they will burn at the bottom. When the fyrup drops thick off the fpoon, they are enough. Put them into jars, and cover them as before. When you make tarts or tartlets of them, put a fpoonful of water in each.

TO PRESERVE RED CURRANTS IN BUNCHES.

Gather the fineft and largeft red currants you can get, ftone them, and tie them up in bunches to a finall fkewer two inches long; to a pound of currants put one pound and a'half of double-refined fugar into a preferving-pan, with a pint of water; boil it fifteen minutes, and let it ftand to cool, put in the bunches, put the paper clofe to them, and fet them by till next [264]

day; then make them fcalding hot. Set them by again for three days, then fet them on to boil for three minutes; take them off, and put them into the pot; boil the fyrup a little thicker; when it is cold, pour it on the currants, and cover them with brandy paper.

TO PRESERVE CURRANTS FOR TARTS.

Take three pounds of the fineft red currants you can get, and ftrip them clean; put one pound and a half of loaf-fugar into a preferving-pan with half a pint of water; let it fimmer for twelve minutes, and put in the currants,—let them boil pretty faft till they look clear and will jelly, then put them into pots, and cover them as before.

TO PRESERVE BARBERRIES IN BUNCHES.

Take the ripeft barberries you can get, pick out the largeft bunches, and take out the feeds with a quill; tie fix bunches to a fmall piece of flick, doing fo till they are all tied, then weigh them. Take the loofe ones, and put them into a preferving-pan with a pint of water; let them boil till they are foft, ftrain the liquor, and put it in a preferving-pan with one pound and a half of double-refined fugar; let it boil fifteen minutes, then put in the barberries, juft let them have a boil, and fet them by for eight days, warming them up every other day. Set them on to boil ten minutes, take out the bunches, and put them in the pots; boil the fyrup a little more, pour it on them, and cover it as before.

TO PRESERVE BARBERRIES FOR TARTS. Pick the female barberries from their ftalks, and pound their weight of loaf-fugar; put the barberries into a jar, and the fugar over them; put the jar in a kettle of boiling water, till the fugar is melted, and the barberries are foft; let them ftand in the jar two days, then put them in a preferving pan, let them boil twenty minutes, put them into fmall jars, and cover them in a dry, cool place.

TO PRESERVE STRAWBERRIES WHOLE.

Take one pound of fcarlet ftrawberries with the ftalks on, and put them in a deep difh, pound two pounds of double-refined fugar, and ftrew over them. 'Take a few ripe ftrawberries, bruife them, put them into a jar with half a pint of water and a little fugar; fet them into a flow oven till the fugar is diffolved, and the fyrup comes out of them; ftrain the fyrup through a fine fieve or a muflin rag, into a prefervingpan, and put to it the whole ftrawberries and fugar; let them be juft warm, then take them off, and let them ftand till they be quite cold,—fet them on again to warm, and do fo for fix times. Take the ftrawberries out, put them in pots or glaffes, and boil the fyrup for ten minutes; when it is cold, put it over the ftrawberries, put brandy paper and a bladder over them, and tie them clofc down.

TO PRESERVE CHERRIES IN BRANDY.

Take two pounds of the largeft morelle cherries you can get, when they are quite ripe and free from bruifes; cut the ftalks half off, and flit them down the feam, fkin dcep, with a pen-knife, then boil one pound and a half of loaf-fugar to a candy height; when it is cold, mix it with a pint of brandy, put it

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into a jar, and put in the cherries. If the fyrup does not cover them, fill them up with brandy, and put a fmall weight on them to keep them under the fyrup; tie them down with bladder and leather, and keep them in a cool, dry place. As the fyrup waftes, fill them up with brandy.

CHIPP'D ORANGE MARMALADE.

Cut fix pounds of Seville oranges, and fqueeze out the juice into a bafon; fet on the fkins to boil till tender, then cut them in very thin flices half an inch long. Put feven pounds and a half of fugar into a preferving-pan, add feven pints of water, fet it over the ftove, and let it boil one hour; then put in the juice and flices of the oranges, let it boil till it is quite clear, and will jelly; put it in pots, and when it is cold, cover it with a paper and bladder.

TO PRESERVE ORANGES CARVED.

Take the largeft thick-rinded Seville oranges you can get, let them be clear from fpots, and cut the rinds with a pen-knife in what forms you pleafe; draw out the part of the peel as you cut them, cut a round hole at the ftalk end the bignefs of a fixpence, and take out the feeds with a fhank of a tea-fpoon; put them into water for two days and nights, changing them once a day to take off the bitter; take them out, and weigh them, put them on to boil in a panful of water, taking care they do not break. To every pound of oranges put one pound and a half of doublerefined fugar; clarify it, put in the oranges, and let them boil for twelve minutes, then fet them by for twelve days, warming them up twice in that time; add to them the juice of two lemons, with the rind cut in ftraws and boiled tender; fet them on to boil till the oranges and fyrup look clear; put them into fmall pots that will juft hold them, and pour the fyrup over them; let the hole of the orange be down till you cover them, and then you must turn it up, and put in the piece; lay fome brandy paper on them, and cover them with bladder and paper as before.

You may preferve whole oranges without carving the fame way.

TO FICKLE RED CURRANTS FOR GARNISHING.

Boil two quarts of white wine vinegar, with two handfuls of falt, and four ounces of brown fugar, for ten minutes,—add fome cochineal prepared; put it in a jar, let it ftand all night,—then gather fome of the fineft bunches of red currants, and put them in your jar : let them be well covered with the pickle, or they will fpoil.

ONIONS IN MANGO.

Peel four large onions, put them into fome boiling falt and water,—let them fimmer four minutes; take them out; when cold, take a little of the infide out, fill them with muftard-feed and feraped horfe-radifh, with black and clove pepper, and rice ginger cut in flices; tic upon the hole a piece of the onion you take out of the middle, put them in a jar; boil two quarts of vinegar, with two pennyworth of cochineal to make them red,—put in the pickle boiling hot.

TO PICKLE GREEN APPLES.

Take fome green apples, put them in a brafs pan

with vine leaves under and over them, with hard water,—fet them on the fire, ftop them clofe to keep in the fteam; when the fkin rifes, take them out, peel them, put the apples into a pan to the fame water; fet them on the fire again, let them fimmer, but not boil; when green, take them out to drain; when cold, put them in a jar. Boil as much vinegar as will cover them, with a little black and clove pepper, mace, and a little falt.

TO PICKLE LEMONS.

Take fix lemons, grate the outfide rind off them, cut them acrofs the end half an inch down each way, put them in a difh, and cover them with falt; let them lie ten days, rubbing them every day with the fame falt; boil two quarts of white wine vinegar, fome mace, white pepper, and ginger; put in your lemons, and let them have a fimmer, but not boil, then put them in a jar, and keep them for ufe.

ORANGE CARES.

Take a pound of Seville oranges, cut them in quarters, pick out the feeds, boil them in water till tender, and dry them with a cloth; fhred them very finc, then put a pound and a quarter of fine fugar in a preferving-pan with half a pint of water; boil it till it comes to fugar, then put in the oranges, and ftir it a little; fet it on to boil flowly till it looks clear, fkim it well, then put it into flat glaffes or moulds, and dry them in a ftove. When they are candied on the upper fide, turn them out of the moulds upon a difh, and dry the other fide; then keep them in paper boxes in a dry place.

TO MAKE RED CURRANT JELLY.

Gather the red currauts when they are ripe, ftrip them off the Italks, wash them clean, put them into a jar, tie a paper over them, and let them stand in a flow oven to infuse till all the juice comes out; then strain it through a cloth or lawn sieve, measure it, and to every pint of juice you must have one pound of fine sugar; clarify it, and skim it clean; put in the juice, boil it till it will jelly, skim it well, and put it into pots or glasses: when cold, cover it with brandy paper, tie it down with paper and bladder, and keep it in a cool, dry place.

RED CURRANT JELLY ANOTHER WAY.

Take two quarts of red currants and two quarts of white, pick and wafh them clean, and put them into a preferving-pan with half a pint of water; fet it over a flow fire to fimmer till all the juice comes out, ftrain it through a lawn fieve, and for every pint of juice take one pound of fine fugar; put it in a preferving-pan, and to every pound of fugar put half a pint of water; boil it till it is candy height, and put in the juice; boil it till it jellies, which you may know by putting a little in a fpoon to cool: if it jellies it is enough. Put it in the pots, and cover it as before.

BLACK CURRANT, JELLY.

Gather the currants when they are ripe, pick and wash them clean, and put them into a jar that will hold them. To fix quarts of currants put one quart of water, tic them down with a brown paper, and put them in a flow oven for two hours. Take them out, and ftrain them through a thin cloth or fieve; for one quart of juice you must have two pounds of fugar; clarify the fugar to a candy height, put in the juice, and boil it till it jellies; put it in pots, and cover it as before.

RED RASP JAM.

Take four pounds of rafpberries when they are ripe and dry, and pick out the ftalks; put them into a preferving-pan, and bruife them with a filver fpoon; put to them four pounds of fine fugar pounded, and add one pint of currant juice; fet them over a ftove, boil them pretty quick for half an hour, fkim them clean, put them into pots, and cover them as before.

ANOTHER WAY.

Take three pounds of rafps, let them be clean picked, bruife them, and ftrain them through a coarfe fieve to take out the feeds; put to it three pounds of fine fugar, and one pint of currant juice; boil it pretty quick for twenty minutes, put it into the pots, and cover it as before.

RED STRAWBERRY JAM.

Take two pounds of fcarlet ftrawberries when they are ripe, pick and bruife them fine, put them in a preferving-pan, with two pounds and a half of fine fugar, and one pint of red currant juice; fct them over a clear fire, boil them quick for twenty-four minutes, put them into pots or glaffes, cover them as before, and keep them in a dry place.

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RED CURRANT JAM.

Take two pounds of red currants when they are quite ripe, put them in a preferving-pan, and boil them for ten minutes; put them through a hair fieve to take out the feeds, put it into a preferving-pan with one pound and a quarter of fine fugar, fifted; fet it over a fire, and boil it fifteen minutes, ftirring it all the time; fkim it clean, put it in pots, and cover it as before.

BLACK CURRANT JAM.

Pick two pounds of ripe black currants, bruife them fine with a wooden fpoon, put them in a prefervingpan with one pound and a half of loaf-fugar beaten fine; boil it twenty minutes, fkim and ftir it all the time, put it into pots, and cover it as before.

RED GOOSEBERRY JAM.

Pick three pounds of red goofeberries clean, put them into a preferving-pan with two pounds of fugar pounded; bruife them very fine, fet them on the fire, and let them boil for half an hour pretty fast; skim them clean, put them into pots, and cover them as before.

BULLACE CHEESE.

Take four pounds of bullace when they are quite ripe, put them into a jar with a pound of fugar pounded, and tie them down with paper; bake them in a flow oven till they are foft, then rub them through a hair fieve; to every pound of pulp put three quarters of a pound of fine fugar, fet it over a flow fire, and boil it three quarters of an hour,—or more,

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if it is not enough; keep ftirring it all the time, put it into flat pots, cover it as before, and keep it in a dry place.

DAMSON CHEESE.

Put three pounds of ripe damfons into a jar with half a pound of loaf-fugar pounded, tie them down with a coarfe paper, and bake them in a flow oventill they are foft; rub them through a hair fieve, and to every pound of pulp put one pound of fugar pounded; put the pulp and fugar in a preferving-pan, fet it over a fire, boil it till it grows clear and thick, ftirring it all the time, put it in flat pots, and cover it as before.

OBSERVATIONS ON DRYING AND CANDYING.

All fruits must be preferved before they are candied; they are better for lying in the fyrup a month or more, for in that time the fugar will penetrate into them. Take them out, wipe them dry with a cloth, and lay them on a fieve,—then boil fome fugar to a candy height, and put the fruit into it; when they are candied over, take them out, lay them in difnes, and put them in a drying flove to dry gradually; when they are done, put them in paper boxes, with white paper between them, and keep them in a dry place for ufe.

TO BOIL SUGAR TO A CANDY HEIGHT. Put a pound and a half of double-refined fugar

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into a preferving-pan, and put to it three quarters of a pint of water; fet it over a clear fire,---when it boils, Ikim it clean as it rifes; when it begins to look clear and candies about the edges of the pan, it will then be high enough for any kind of fruit.

GOOSEBERRY PASTE.

Split one pound of red-ripe goofeberries, and take out the feeds, put them into a preferving-pan with one pint of red currant juice,—boil them till they are tender, and rub them through a hair fieve: put a pound and a half of double-refined/fugar pounded, and half a pint of water, fet it over a flow fire, and boil it to fugar again; then put in the pulp of the goofeberries, flir it over a flow fire for half an hour, but do not let it boil; pour it into glaffes, or what fhapemoulds you pleafe, but not too thick,—dry it in a flove, turn it out of the moulds, and keep them in paper boxes in a dry place.

APRICOT PASTE.

Pare and ftone one pound and a half of apricots, and boil them in water till they are tender; put a pound and a half of double-refined fugar pounded into a preferving-pan, with as much water as to wet it, and boil it till it comes to fugar again; rub the apricots through a fieve with a wooden fpoon, put it into the preferving-pan to the fugar, flir it well till the fugar is melted, and fet it over a flove to fimmer (but not boil) for twenty minutes, flirring it all the time; when done, pour it into what moulds you pleafe, dry them in a flove, and when they are fliff, turn them out; put them on glafs plates, and fet them in a flove, turning them every day till dry, put them in paper boxes, and keep them in a dry place.

ORANGE CHIPS.

Pare fix Seville oranges (keep the parings whole if you can), put them into falt and water for two days, then take them out and weigh them; boil them in fpring water till they are tender; make a thin fyrupof half their weight of fugar, put in the parings, and boil them till they look clear; fet them by for eight days to take the fugar, warming them up twice in that time, and lay them on a fieve to drain. Take the other half weight of fugar, dip it in water, and put it in a preferving-pan,—boil it till it will candy, put in the chips, flir them over a flow fire till the fugar looks white, and hangs upon them; then take them up, lay them upon fieves, put them into a flove to dry, and keep them in paper boxes in a dry place.

TO DRY CHERRIES.

Pick and ftone two pounds of morelle cherries, put them into a pan with two pounds and a quarter of fine fugar beaten, and fifted over them, add half a pint of water; let them ftand all night, and the next day take the cherries out of the fugar; boil up the fyrup, fkim it clean, put in the cherries, and let them fimmer flowly for ten minutes; fet them by till the next day, —warm them up again, and do fo for three times; put them on a fieve to drain, and fet them in a ftove to dry, on fieves or glafs plates, turning them every day: keep them in paper boxes in a dry place for ufe.

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TO DRY CHERRIES ANOTHER WAY.

Stone one pound of cherries, put them in a preferving-pan with one pint of water, fet them on the fire, and let them boil for one minute; drain them on a fieve, put them in a preferving-pan, and ftrew on them three quarters of a pound of fine fugar pounded; let them lie all night, fet them on the fire to fimmer for five minutes, then take them off, and let them ftand till cold; do this three times, drain them on a fieve, and dry them in a ftove.—You may make treble cherries of them by faving the ftalks, and wrapping, five or fix cherries one upon another. Put them in paper boxes, and keep them in a dry place.

TO DRY CURRANTS IN BUNCHES.

Stone one pound and a half of currants, tie them up in bunches, put two pounds of fine fugar into a preferving-pan with one pint of water; let it boil for five minutes, then take it off; when it is near cold, put in the currants, with a plate on them to keep them under the fyrup. Set them by till the next day, then warm them, and turn them in the fyrup, doing fo for four days; give them a boil, let them lie all night in the fyrup, and turn them often in that time; lay them on a fieve to drain, dry them in a flove, and fift fome fugar over them,—put them in a paper box, and keep them in a dry place.

/ TO DRY GREEN GAGE PLUMBS.

Put half a pound of fugar into a preferving-pan with a pint of water, boil it, and fkim it clean,—then flit one pound of plumbs down the feam, and put

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them into the fyrup; fet them on the fire, and let them fimmer flowly till they are quite tender, turning them carefully that all fides may be done alike. Set them by all night with a paper over them to keep them under the fyrup, otherwife they will lofe their colour; then put three quarters of a pound of fine fugar into a preferving-pan with a quarter of a pint of water,—boil and fkim it clean. Let the fyrup be cold, drain the plumbs from the firft fyrup, and put them into the other, and fet them on the fire to fimmer till they look clear; fet them by in a mug for ten days, then drain them, dry them in a flove, and keep them as before.

WHITE CURRANT CLEAR CAKES.

Pick fome white currants, wafh them clean, and put them into a jar, cover them over with a piece of paper, and bake them in a flow oven till the juice comes out; ftrain it through a clean fieve, and then through a piece of muflin. Put one pound and a half of treble-refined fugar pounded into a preferving-pan, with half a pint of water, and let it boil till it will candy, then ftir in a pint of currant juice; let it fimmer a little over a flow fire; take it off, pour it into plates or glaffes, and fet them in a flove to dry; when they are about half dry, cut them into rounds, half rounds, and quarters; lay them on glafs plates, and turn them till they are quite dry; put them in paper boxes, and keep them in a dry place.

You may do red currants and rafpberries the fame way.

TO CANDY ANGELICA.

Take angelica that has been preferved, and lain in

the fyrup for a month, wipe it dry, and lay it on a fieve; put one pound of treble-refined fugar into a preferving-pan with half a pint of water; boil it till it comes to fugar again, rub it with the back of a fpoon to the fide of the pan, ftrew it over the angelica, lay it upon plates, dry it in a flove, and keep it as above.

ORANGE IN SLICES CUT LIKE LAUREL LEAVES.

Cut fix thick-rinded Seville oranges in quarters, take out the pulp, cut each quarter into three thin flices, like laurel leaves; boil them till tender, weigh them, and to every pound of flices put a pound and a half of fine fugar; clarify your fugar with a pint of water to a pound of fugar; fkim it clean, put in your flices, and let them boil twelve minutes; fet them by for two days, then boil them till they look clear; take out your flices, and put them in jars; add to the fyrup the juice of two lemons, give it a boil, fkim it, pour it on your flices: let them be well covered with the fyrup, or they will fpot with mould. They will make a very pretty fupper difh, and are very ufeful.

TO MAKE WHITE CAPS.

Put three quarters of a pound of flour in a bowl, make it into a pafte with a quarter of a pound of butter boiled in a little water; divide the pafte into four pieces, and roll it out thin. Take four large flewed pears, put one into each fheet of pafte, clofe them up neatly, put them into a baking-pan, and bake them in a moderate oven. When done, take them out, and ice them the fame way as you do fruit-cake; dry them in an oven, and ferve them up for a fecond courfe, or for fupper.

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BLACK CAPS.

Take eight large apples, cut a bit off the bloffom. end, wet them with a little wine, and grate on them fome fugar, put them into a tin baking-pan, fet them in a quick oven, and bake them for half an hour. If they are not black in that time, take them out, and hold a falamander over them till they are black; then put them into a deep china dish, boil a little currant jelly and red wine over them,-or you may ferve them up with a boiled cuftard round them.

TO BOTTLE GOOSEBERRIES.

Pick fome green walnut goofeberries, put them. into bottles, fill them up with clear hard water, pour a little rinded fuet over the top of them, cork and refin them down, tie a piece of bladder and leather over them, and keep them in a dry, cool place.

TO BOTTLE GCOSEBERRIES ANOTHER WAY.

Gather the gooseberries when they are quite dry, pick off their eyes and stalks, and put them in bottles; cork them down tight, and bake them in a flow oven (only just warm) for fix hours; beat the corks down tight, refin them over, cover them with leather and bladder, and keep them in a cool, dry place.

You may keep bullace and damfons the fame way.

OBSERVATIONS ON MADE WINES.

Before you begin to make any wines, be fure to have your utenfils quite clean and fweet. When you make wines, make more than will fill the cafk, for it will wafte in working, and will require fome to fill it up.—Made wine fhould be kept twelve months in the cafk. If it is not fine in that time, draw a pint of it out of the cafk, and put half an ounce of ifinglafs into it; let it ftand four days to diffolve, ftirring it twice a day; put it into the cafk, ftir it well about with a ftick, and bung it clofe down,—but you muft raife the fpile to give it vent, as you muft do to every kind of wine when you bung it down, or it will burft the cafk. When it is quite fine, you may bottle it, and put a piece of fugar into each bottle : as to the reft, you muft follow the receipts.

RAISIN WINE.

Pick thirty pounds of Malaga raifins clean from the ftalks, chop them a little, put them in a tub, and pour on them five gallons of water; let them ftand to ferment for ten days, ftrain them through a fieve, and prefs the raifins dry. Put it into a cafk with a quart of brandy; when it is done fermenting, ftop it clofe down, but do not put the peg too tight in.

ANOTHER WAY.

Boil nine gallons of water, let it ftand till almost cold, then pour it on twenty pounds of raisins chopt a -little, and let it ftand eight days, ftirring it twice a day; then ftrain it through a hair fieve, and fqueeze B b 2 the raifins dry,—add the rinds and juice of eight lemons, twenty-four pounds of lump-fugar, and three fpoonfuls of thick yeaft; flir it well together, and work it for three days, flirring it three times a day: then take out the rind of the lemon, and tun into an iron bound cafk that will just hold it. Let it ferment for eight days, and add to it two quarts of brandy; ftop it clofe down, keep it twelve months, and then bottle it.

COWSLIP WINE.

Boil twenty quarts of water with eighteen pounds of fugar, put it into a tub, and when it is near cold, add to it five pounds of cowflip flowers bruifed a little in a mortar, with the rind and juice of eight lemons; let it ftand for one day; add to it two fpoonfuls of yeaft, and let it ftand for three days. Strain it through a fieve, put if in a cafk that will juft hold it, let it ferment for eight days, and put to it three pints of brandy; ftop it clofe down, keep it in the cafk for twelve mouths, and then bottle it.

ELDER WINE.

Strip a quantity of elder berries, bake them in an oven, and run the juice through a fieve; to one gallon of juice add four gallons of water, and eighteen pounds of lump fugar; boil it altogether, fkim it well, and when it is near cold, add to it a little yeaft, work it for two days, then tun it, and add three pints of brandy; let it ferment for eight days, ftop it clofe down, keep it twelve months in a cafk, then bottle it.

ELDER WINE TO IMITATE PORT.

Bake the elder berries, ftrain the juice through a

fieve, and to a gallon of juice put four gallons of cyder and ten pounds of lump fugar, with a little yeaft; let it ferment together three days, ftirring it twice a day, and run it into a cafk that will juft hold it; add to it one quart of brandy. When it has done fermenting, ftop it clofe down for twelve months, and bottle it. —If the cyder be right good, it will drink very little inferior to Port wine.

BLACK CURRANT WINE.

Boil fix gallons of water, put it into a tub, and when it is near cold, add to it thirty-fix pounds of black currants bruifed; let them ftand for two days, and ftrain the juice through a fieve; add to it twenty pounds of loaf-fugar and a little yeaft; let it ftand for three days, ftirring it three times each day, tun it into a barrel, with two quarts of brandy; when it has done fermenting, ftop it clofe down, keep it for twelve months, and then bottle it.

GINGER WINE.

Boil four gallons of water with fifteen pounds of ' Lifbon fugar, and three ounces of ginger, for fifteen minutes; put it into a tub, and when it is near cold, add to it the rinds of fix lemons pared very thin, the juice of eight, and two fpoonfuls of yealt; let it ferment together for two days, ftrain it, and tun it into a cafk that will juft hold it, with one quart of brandy: when it has done fermenting, ftop it clofe down, and keep it as above.

ORANGE WINE.

To five gallons of water put eighteen pounds of is b 3 [282]

lump fugar, boil it for fifteen minutes, and put it into a clean tub; when it is near cold, add to it the juice of fifty oranges, the rinds of ten pared very thin, and a little yeaft; let it ferment for two days, ftirring it three times a day,—then ftrain out the rind, and tun it with the juice of fix lemons made into a fyrup, with one pound of fugar; add two quarts of brandy. When it has done working, ftop it clofe down, keep it twelve months, and bottle it.

RED CURRANT WINE.

To four gallons of water add fifteen pounds of fugar, and boil it for ten minutes, pour it into a clean tub, and when it is near cold, add to it twenty pounds of red currants bruifed, fix pounds of red rafps, and a little yeaft; let it ferment for three days, ftirring it three times a day,—then ftrain it through a fieve, and prefs the currants dry; tun it into a clean cafk that will juft hold it, with one quart of brandy. When it has done fermenting, ftop it clofe down, keep it twelve months, then bottle it.

You may make white currant wine the fame way, only use white rafps instead of red.

WHITE CURRANT WINE, OR ENGLISH CHAMPAIGN.

Boil three gallons of water with twelve pounds of loaf-fugar, put it into a tub, and when it is near cold, add to it four quarts of white currants picked and bruifed₂ the juice of eight lemons, the rind of one pared very thin, and two fpoonfuls of yeaft; let it ferment for three days, then firain it through a fieve, and tun it into a cafk that will juft hold it, with a pint and a half of brandy. When it has done working,

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ftop it clofe down, keep it for fix months, then bottle it.

GOOSEBERRY WINE.

To eight gallons of water add thirty pounds of fugar, boil it for ten minutes; when it is near cold, add to it fixty pounds of ripe goofeberries bruifed, with three fpoonfuls of yeaft; let it ferment for three days, ftrain it through a fieve, prefs the goofeberries dry, tun it into a cafk, and add to it two quarts of brandy. When it has done fermenting, ftop it clofe down for twelve months, then bottle it.

GREEN GOOSEBERRY VINEGAR.

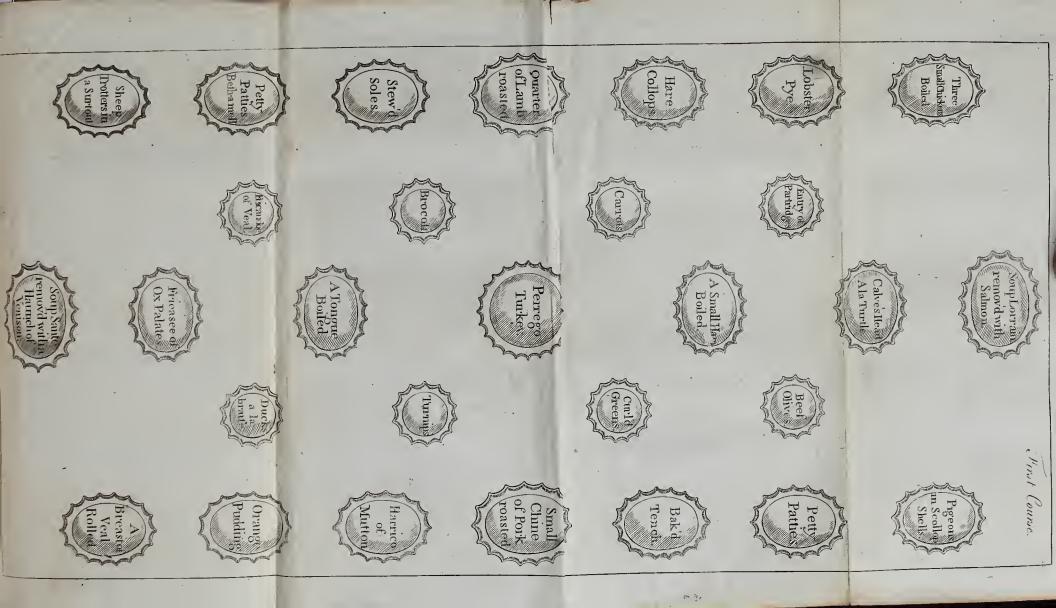
Boil ten gallons of water with fix pounds of brown fugar, put it in a tub; when near cold, add two pecks of green gooleberries bruifed, and two fpoonfuls of yeaft; let it ftand to ferment fourteen days, ftir it every day,—then ftrain it, put it in your cafk, and keep it in a warm place till it is four.

LEMON WINE.

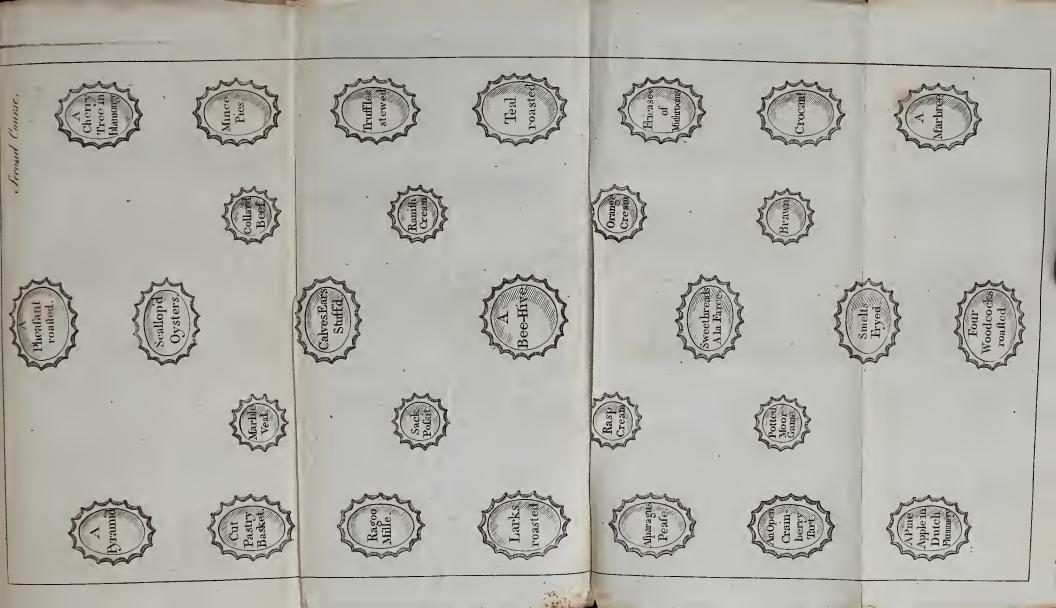
Pare two dozen of lemons very thin, put the parings in four bottles of brandy, let it ftand twelve days to infufe; put the juice of the lemons into a prefervingpan, with five pounds of loaf-fugar and two quarts of water, boil it ten minutes; boil ten gallons of water with thirty pounds of lump-fugar, put it into a pot. When cold, add two fpoonfuls of yeaft, let it work two days; then add the brandy, parings, and juice; ftir it well together, tun it in a clean cafk that will juft hold it, put your bung in flightly for twelve days, and ftop it clofe; keep it twelve months, and them bottle it.

BALM WINE.

Boil four gallons of water with fourteen pounds of fugar for three quarters of an hour, and put it into a tub; add to it four pounds of the tops of balm when they are in flower; bruife them a little; put to it a little yeaft, let it ftand two days, then ftrain and tun it. When it has done working, put to it a pint and a half of brandy, ftop it close down, keep it fix months₂ then bottle it.









BILLS OF FARE.

FOR JANUARY.

FIRST COURSE.

Soup sante removed with crimp salmon

Petty patties

Brown yeal collops

Stewed cellery

Plain butter

Turkey boiled with oyster sauce

Fennel sauce

Sallad

Fricassee of chickens

Baked bread pudding

Fore quarter of lamb roasted

SECOND COURSE. Pheasant roasted China'oranges

Buttered lobster

Preserved quinces

Jellies

Tartalets

Preserved barberries in bunches

Golden pippins

Flummery

Asparagus pease

Hare

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FOR FEBRUARY.

FIRST COURSE.

Soup le-rain removed with turbot

Fowl broiled, with mushroom sauce

Pigeon cutlets

Lobster sauce

Veal_pie

Pickles

Fricassee of sheep trotters the Italian way.

Anchovy sauce.

Roast beef

Cellery

Mutton chops

SECOND COURSE.

Three partridges roasted

White pot pudding Preserved oranges in quarters

Prawns

Preserved pine-apple

Whipt posset

Preserved ginger

Preserved rasps

Collared pig

Preserved currant tart

Four sweetbreads roasted

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FOR MARCH.

FIRST COURSE.

Onion soup removed with stewed soals

Greens

Pigeon pie

Harricot of mutton

Calf's head a-la-turtle

Melted butter

Veal cutlets

Wine sauce

Pease pudding Tansy pudding

Leg of pork boiled >

SECOND COURSE.

Two small chickens roasted

Apricot fritters

Lemon cream

Preserved cherries

Asparagus boiled

Stewed pears

Compote of gold pippins

Peaches in brandy

Blamonge

Almond cheese cakes

Scolloped oysters

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FOR APRIL.

FIRST COURSE.

, Vermicelli soup removed with stewed carp

Broccoli

Petty patties of lamb

Three small chickens boiled

Plain butter

Ham boiled

Parsley sauce

A neck of yeal boiled Spinage

New college puddings baked

Saddle of mutton roasted

SECOND COURSE.

Young ducklings roasted with green sauce

Preserved apricots

Buttered crabs

Jellies

Custards

Fried smelts

Pistachio nuts,

Apples

Preserved oranges

Cream pancakes

Pigeons roasted with parsley sauce

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FOR MAY.

FIRST COURSE.

Rice soup removed with stewed carp and white sauce

Beef collops

Two small chickens boiled

Turnips

Wine sauce Plumb pudding

> Plain butter Tongue boiled

nips , Parsley and butter <mark>S</mark>heep's rumps and rice

Pig roasted

Currants for the pig Cauliflower Pigeon in the form of a moon

Loin of veal roasted

SECOND COURSE.

Green goose Fricassee of lobsters Potted veal

Desert frame Artichokes Preserved green gages

Marinade eggs

Green gooseberry tart

A leveret roasted

Custards

Rasps in jelly Green pease Cherries

Fried smelts

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FOR JUNE:

FIRST COURSE.

Green pease soup removed with mackarel

Fricassee of chickens

Neck of mutton boiled with caper sauce

Fish sauce

Hare collops

Calf's head pie

Pigeons in surprize

Currant jelly

Tongue boiled

Papiets de veau

Haunch of venison roasted

SECOND COURSE.

Two turkey pouts roasted

Cheese cakes .

Ragoo of mushrooms

Preserved codlins

Crowcant

Compote of apricots

Collared pig

Blamonge

Artichokes

Potted beef

Weet cars roasted

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FOR JULY.

FIRST COURSE.

Soup with artichoke bottoms removed with crimp cod

A breast of yeal Young potatoes ragoo'd

Beef steaks a-la-mode

Parsley sauce Anchovy sauce

Swine's cheek boiled Venison pasty Windsor beans

Plain butter

Shrimp sauce

Sallad

Lamb's feet with mustard

De quez de polard a-la-fanch herb

Leg of mutton roasted with stewed cucumbers

SECOND COURSE.

Two ducklings roasted

Trifle

Dutch flummery

Cray fish.

Green gages

Artichoke bottoms forced

Peaches

Custards

Apricot tart

Potted char

Melon *

Apricots

A leveret roasted сс2

Ragout mille

Italian cream

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FOR AUGUST.

FIRST COURSE.

Soup sante removed with haddocks

Tenderon of yeal with parsley

Rabbit collops

French beans,

Fish sauce

Pickled mangoes

Chicken pie

Ducks and green Mutton cutlets pease

. Plain butter

Rock samphire

Sallad

Lamb sweetbreads crumbed and fried

Fricando of veal

in papers

Roast beef

SECOND COURSE.

Leveret roasted

Fricassee of mushrooms

Collared eel

Grapes

Three pigeons roasted

Lemon pudding

Salver with jellics Fried smelts

Plumbs

Potted lobster

Foe-graw

Currant tart

Two moor-game roasted

Pine-apple

Cherries

′<u>Г 293</u> 7

FOR SEPTEMBER.

FIRST COURSE. Soup cresse removed with crimp cod The fish removed with a roast goose Three chickens boiled Fried tripe Fish sauce Rabbit pie Parsley sauce Melted butter Papiets de veau Ox palates Boiled cauliflower Calf's head Ham boiled Shoulder of mutton roasted in epigram Kidney beans Ragoo of pigeons Sheep's tongues the Spanish way Petty pattics of oysters Currant jelly Apple sauce Venison sauce Turkey and oy-Pork steaks ster sauce

> Soup-la-rain removed with stewed tench Fish removed with a haunch of venison

SECOND COURSE. Pheasant roasted

Crowcant

Artichokes the Italian way Peaches Potted char Plumbs

Pine-apple Rasp cream Tartlets

Ragout mille

Cray-fish Desert frame Crabs drest in their shells

Eggs the Prussian way A trifle Cheese cakes

Mushroom fricassee Melon A'green codlin

Four partridges roasted cc3

Pears Collared cel

Grapes

tart

F 294 1

FOR OCTOBER.

FIRST COURSE.

Soup sante removed with a roast pig Pigeons in Rabbits boiled scollop shells with onion sauce Stewed cellery Potatoes Greens Sheep's trotters Marrow pudding Beef collops forced Sweet wine and sugar Melted hutter in a hoat A chine of pork A breast of veal A peregoe in a surtout turkey roasted Apple sauce Gravy sauce Ducks a la-braize Petty patties fried Chickens fricassee Turnips and carrots Sallad Pickles A tongue boiled Calf's head a-la-turtle Lobster soup removed with a saddle of mutton

SECOND COURSE.

Three moor-game roasted

Custards

Peaches

Collared pig

Hamlet

Cauliflower and Parmazan cheese

Six dottrels roasted

Mawbray

Filberts

Pears

Two teals roasted Plumb tart Walnuts

Apples

Attalets of sweetbreads

Potted lobster

Morelles forced

Grapes

Italian cream

Hare roasted

Blamonge

F 295 J

FOR NOVEMBER.

FIRST COURSE.

Lentil soup removed with turbot

A hare jugged

Mutton rumps and kidneys

Pig roasted

Apple sauce Pork steaks

Sweetbreads a-la-daube

Lobster sauce

Lemon pudding

Currants in a saucer Cauliflower

A raised beef steak pie

A leg of veal larded

Greens Sorrel sauce

Fricassee of double Rabbits in tripe ·

surprize

Venison sauce

Pigeons in fancy

Fowl a-la-farce

Mutton cuflets

in paper

Melted butter

· Onion soup removed with a haunch of venison

SECOND COURSE.

A pheasant roasted Apricot fritters Carmel cream Grapes Brawn Maccaroni Smelts in jelly Walnuts Preserved orange Truffles the Italian Salver Spinage and fried with jellies way bread Preserved cherries. Chesnuts Made eggs with Potted Sturgeon cream moor game Pears

Cheese cakes Apple tart Four woodcocks roasted

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FOR. DECEMBER.

FIRST COURSE.

Pease soup removed with jowl of salmon

Pigeons in sun fashion Calf's head in surprise - Sallad

Fore quarter of Petty patties Fricassee of ox lamb roasted palates Mint sauce Fennel sauce Sheep's tongues sliced Beef trom-blanch Mutton kebob'd-Parsley sauce Melted butter Turkey pie Harricot of Breast of yeal porcupined venison Broccoli Hog's feet and ears Two chickens ragoo'd boiled

Ham roasted -

SECOND COURSE.

Two wild ducks roasted Mince pies Peu de more Pears Potted venison Ragoo of cock's Asparague combs Medlars Chesnuts Larks roasted Desert frame with dried Snipes roasted sweetmeats and jellies Walnuts Grapes Brawn Spinage and cream Stewed lobster Apples Cream pancakes Tartlets Hare roasted

CORRECT LIST

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THINGS IN SEASON,

For every Month in the Year.

FISH. Salmon Cod Turbot Soles Carp Tench **Eels** Lampreys Flounders Plaice Whitings Thornback Skate Smelts Sturgeon Cray fish Haddock Crahs Lobsters Prawns **Ovsters** MEAT.

Beef Veal Pork House lamb Mutton

JANUARY.

POULTRY. Turkeys Capons Chickens Fowls Tame pigeons Pheasants Partridges Hares Rabbits Woodcocks Snipes Larks

VEGETABLES. Purple and white broccoli Cabbage Sprouts Spinage Savoys Cardoons Cellery Chervil Beets Sorrel Salsifie Endive Lettice Cresses

Mustard Young onions Turnip radishes Scorzonera Tarragon Thyme Savory Hyssop Rochamble Carrots Turnips Leeks' Parships Potatoes Shalots Sage Parsley You may have mushrooms and asparagus raised in a hot-bed FRUIT.

Pine-apples Pears Grapes Medlars Apples Chesnuts China oranges

F 298 7

FEBRUARY.

House lamb Pork

> POULTRY. Turkeys Capons Fowls Larks Chickens Pigeons Pheasants Woodcocks Snipes Partridges

VEGETABLES. Purple and white broccoli Spinage Savoys Curled greens Cabbage Sprouts Beets Parslev Chervil

MARCH.

Crabs Cray-fish Prawns Oysters

MEAT. Beef Mutton Veal House lamb Roasting pigs Cellery Scorzonera Sorrel Lettice Salsifie Young onions Mustard Cresses Mint Carrots Turnips Parsnips Leeks Asparagus Thyme Sage Savorv

FRUIT. Golden pippins Nonpareils Pears Chesnuts China oranges

POULTRY. Spring fowls Small chickens Ducklings Pigeons

VEGETABLES. Carrots Turnips Parsnips Colewort

FISH. Turbot Cod Salmon Soles Whitings Haddocks Sturgeon Skate Plaice Flounders Smelts Tench Carp Lamprey Eels Crabs Lobsters Ovsters Prawns Cray-fish

MEAT. Beef Veal Mutton

FISH. Salmon Ling Skate Soles Whitings Turbot Flounders Carp Tench Lobsters

Onions Leeks Shalot Tansy Fennel Curled greens Spinage Broccoli Beets Cellery

FISH. Salmon Ling Carp Tench Turbot Trouts Skate Smelts Prawns Lobsters Crabs

MEAT. Beef Mutton Veal Lamb

POULTRY. Pullet

FISH. Salmon Trout Soles Carp

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Endive Lettice Cresses Chives Mustard Mint Burnet Thyme Winter savory Tarragon

APRIL.

Small chickens Ducklings Leverets Rabbits Pigeons Green geese

VEGETABLES. All sorts of small sallads Lettice Cellery Endive Sorrel Burnet Colewort Tarragon Radish Young onions Chervil Tansy

Asparagus Cucumbers Kidney beans Colewort

FRUIT. Gold pippins China oranges Forced strawberries Cherries

Parsley Broccoli -Spinage Curled greens Sprouts Asparagus Cucumbers Kidney beans Thyme Mint

FRUIT.

Apples and oranges Forced cherries and strawberries Green apricots, and gooseberries for tarts

ΜΑΥ.

Tench Eels Herrings Smelts Turbot Lobsters Cray-fish Crabs Prawns

MEAT. Beef Mutton Veal Lamb

POULTRY. Chickens Green geese Turkey poults Ducklings Leverets Rabbits

VEGETABLES. Early potatoes

FISH. Gilts Trout Pike Eels Soles Turbot Carp Tench Mackarel Herrings Smelts Lobster6 Cray-fish Shrimps Lampreys Prawns

MEAT. Beef Mutton

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Carrots Turnips Radishes Early cabbage Cauliflowers Artichokes Pease Beans Kidney beans Asparagus Cucumbers Spinage. Lettice Cresses Mustard Young onions

JUNE.

Buck venison Veal Lamb

POULTRY. Green geese Ducklings Turkey poults Chickens Grey plover Weet-ears Leverets Rabbits

VEGETABLES. Potatoes Carrots Turnips Cabbage Cauliflower Beans Mint Purslain Thyme Savory Basil Colewort

FRUIT. Strawberries Cherries Green apricots Gooseberries, and currants for tarts

Pease Kidney beans Artichokes Cucumbers Young onions Lettice Spinage Parsley Purslain and small sallading All sorts of pot herbs

FRUIT. Cherries Strawberries Gooseberries Pine-apples Melons Grapes Peaches

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F 301 7

FISH. Turbot Gilts Cod Mackarel Herrings Soles Skate Flounders Plaice Pike Carp Tench Eels Lobsters Prawns Cray-fish Shrimps

MEAT. Beef Mutton Veal Lamb Buck venison

JULY.

POULTRY. Green geese Ducklings Chickens Turkey pouts Pigeons Ducks Ployers Ouails Leverets **Rabbits**

VEGETABLES. Potatoes Cauliflowers Cabbage Carrots Turnips Onions Mushrooms Artichokes Cellery Chervil Sorrel Purslain Lettice Mint

All sorts of small sallad herbs Thyme Basil Tarragon Pease Beans Kidney beans

FRUIT. Cherries Peaches Nectarines Plumbs Pears Apples Apricots Melons Pine-apples Grapes Strawberries Raspberries Gooseberries **Currantberries** Green codlins for tarts

AUGUST.

FISH. Pike Cod Flounders Plaice Skate Thornback Mackarel Herrings Carp

Eels Cray-fish Prawns **Ovsters** Lobsters

MEAT. Beef Mutton Veal

D d

Buck venison

POULTRY. Pigeons Green geese Chickens Ducklings Wild ducks Turkey pouts Levereta

Rabbits Pheasants Weet-ears Plovers

VEGETABLES. Mushrooms Cauliflower Cabbage Artichokes Carrots Turnips Onions Scorzonera Salsifie Potatoes

FISH.

Cod Soles Skate Flounders Plaice Smelts Pike Carp Teneh Lobsters Oysters

MEAT. Beef Veal Mutton Pork Buck venison

POULTRY. Pheasants Moor-game Partridges Rabbits Hares Cellery Chervil Sorrel Purslain Lettiee Small sallad herbs Parsley Pease Beans Kidney beans All sorts of sweet herbs

FRUIT. Pine apples Melons

SEPTEMBER.

Pigeons Teals Ducks Chickens Fowls Tnrkeys Geese Wild ducks

VEGETABLES. Beans Pease Kidney beans Mushrooms Artichokes Cauliflower Cabbage Cellery Leeks Turnip-rooted radishes Onions Shalots Carrots Turnips Potatoes

Grapes Apricots Peaches Nectarines Plumbs Pears Apples Cherries Filberds Figs Strawberries Gooseberries Currants Mulberries

Lettice Chervil Sorrel Thyme Parsley Small sallad herbs Scorzonera Salsifie

FRUIT.

Apples Pears Plumbs Pine-apples Melons Peaches Nectarines Grapes Apricots Cherries Filberds Ouinces Gooseberries Currants Mulberries Figs

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FISH. Pike Carp Tench Smelts John Dorees Soles Perch Brills Codlings Oysters

MEAT. Beef Mutton Veal Pork Doe venison

POULTRY. Geese Ducks Chickens Wild ducks Teals Widgeons Woodcocks

FISH. Dorees Smelts Barbets Gurnets Carp Pike Tench Whitings Haddocks Codlings Oysters

OCTOBER.

Snipes Larks Dottrels Hares Rabbits Pheasants Moor-game Partridges

VEGETABLES. Cabbage Cauliflower Artichokes Carrots Parsnips Turnips Potatoes Leeks Shalot Rochamble Cellerv Turnip-rooted radishes Endive Chervil Red and white beets Cardoons

Lettice All sorts of small sallading Thyme Savory Sweet marjoram Scorzonera Salsifie

FRUIT.

Grapes Figs Quinces Damsons Bullace Peaches Plumbs Walnuts Filberds Hazel-nuts Pine-apples Melons Pears Apples Peaches

NOVEMBER.

Cockles Shrimps Soles Turbot Lobsters MEAT. Beef Mutton Veal House lamb Pork Doe venison POULTRY. Pheasants Partridges Moor-game Larks Woodcocks Snipes Widgeons Teals Wild ducks Pigeons Chickens

- Fowls Geese Turkeys, Ducks Hares Rabbits VEGETABLES. Cauliflower & Cabbage Savoys Sprouts Spinage
 - Curled greens Red & white beets Potatoes

FISH. Turbot Sturgeon Salmon Dorees Smelts Cod Codlings Haddocks Soles Carp Tench Oysters Crabs Lobsters Prawns Cray-fish

MEAT.

Beef Veal Mutton Pork Veal House lamb Doe venison Parsnips Turnips Carrots Onions Leeks Shalot Turnip-rooted radishes. Rochamble Paislev Lettice Endive Chervil Sorrel Mustard Cresses

Sweet herbs of all sorts Young onions Scorzonera Salsifie

FRUIT. Pine-apples Pears Apples Chesnuts Hazel-nuts Walnuts Grapes Medlars

DECEMBER. POULTRY. Turkeys Pigeons Capons Chickens Fowls Woodcocks Snipe8 Larks-Dottrels Partridges Pheasants Wild ducks Teals Widgeons Hares Rabbits

> VEGETABLES. Purple and white broccoli Forced asparagus Cabbage Savoys Carrots Potatoes

Parsnips Turnip: Leeks Onions Shalot Rochamble Red & white beets Endive Cellery Spinage Parslev Lettice Scorzonera. **Cresses** Mu-tard Thyme Salsific

> FRUIT. Chesnuts Walnuts Hazel nuts Pears and apples China oranges

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